

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
4695	Marlin, Sarah	12					49		48								49						55										60	261	5
4857	Damiani, Molly	17							55														55			55	55							220	4
4678	Mosgrove, Sage	11	55				55		49								55																	214	4
5061	Thomas, Sarah	18		55	55																													110	2
4761	Rothenburg, Genevieve	3	49																															49	1
5212	Ferguson, Tessa	7							47																									47	1
4353	Sarginson, Amy	19																																0	0
4444	Edwards, Sarah	18																																0	0
4623	MacIntyre, Heather	18																																0	0
4624	MacIntyre, Emma	15																																0	0
4694	Fuller, Darcy	13																																0	0
4709	Worden-Rogers, Norma Jean	19																																0	0
4760	Rothenburg, Anastasia	6																																0	0
4897	MacIntyre, Cassie	8																																0	0
4976	Keefe, Ella	8																																0	0
5080	Bishop, Emily	15																																0	0
5082	Bishop, Rachel	13																																0	0
5083	Bishop, Colleen	10																																0	0
5098	Clark, Madison	14																																0	0
5165	Kachan, Maia	13																																0	0
5166	Kachan, Gabrielle	10																																0	0
5188	Wolfe, Kayla	16																																0	0
5233	Smith, Alicia	14																																0	0
			23	2	1	1	0	2	0	4	0	0	0	0	0	0	2	0	0	0	0	0	1	1	0	0	1	1	0	0	0	0	0	1	

RNS Series Stats 2010

Females 20 to 24

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl	
5229	Schofield, Jessica	23	55		55		55		55				55	55			55					55	55											385	9
5113	Harrison, Becky	24		55					48	55			48		55		49						55	55										372	8
5249	Hankinson, Rachael	24					49														49				55									153	3
5145	Cormier, Caitlin	24			49				47	49																								145	3
5291	Spidle, Nicole	20																								55			55					110	2
5238	Keans, Janessa	20						49					49																					98	2
5178	Roberts, Danielle	22																																0	0
			7	1	1	2	0	2	0	4	2	0	0	3	1	1	0	2	0	0	0	2	1	1	1	1	1	0	0	1	0	0	0	0	

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K Marathon	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer		
4996	McInnes, Caroline	29	55				55		55				55			55																		330	6	
5100	Marcotte, Leslie	28	49			55								55	55					55															269	5
4964	McBride, Meghan	26	48	55				49		49			49																						250	5
4727	McNamara, Meaghan	26	46	49	49										49																				193	4
4284	Gillis, Caitlin	25	47																		55						55								157	3
5160	Dodsworth-MacDougall, Meghan	28					48										55											49							152	3
5260	Alarie, Michelle	28																					55					55							110	2
5003	Knickle, Janelle	28			55								48																						103	2
5215	MacKeigan, Laura	27				49																													98	2
5169	Kennedy, L Emily	25						47																					48						95	2
5054	Hinkley, Tanya	26										55																							55	1
5141	Watt, Manda	26									55																								55	1
5302	Bezanson, Odessa	29																										49							49	1
4909	Chambers, Amanda	29																																	0	0
5089	Boyer, Valerie	26																																	0	0
5179	Barry-Benedik, Stephanie	28																																	0	0
5191	Browne, Jana	27																																	0	0
5221	Roode, Marissa	27																																	0	0
5242	Robar, Ginny	26																																	0	0
5309	Cogan, Lizz	28																																	0	0
			20	5	2	2	2	4	0	2	0	2	1	3	1	2	1	1	0	0	1	1	0	0	1	0	1	2	3	0	0	0	0			

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer
4340	Fox, Dana	34	55				55		49					55		55										48			48				365	7
4318	Jabbour, Leah	34							55	55										55						55						60	280	5
5265	Pothier, Natalie	33							46				49		48							49											237	5
4932	O'Donnell, Heather	30		55	55						55															49							214	4
5256	d'Eon, Jackie	30						55				49			49		49																202	4
5236	Hayward, Jennifer	32			49				47							48											47						191	4
5270	MacIntosh, Joanie	32									55												55		55								165	3
5195	Burgess, Tracy	33											55			49												55					159	3
5266	Clement, Carissa	33							48						55							55											158	3
5258	Larade, Cindy	33									48												48					49					145	3
5125	Rose-Muise, Krissy	30													55														49				104	2
4903	AuCoin, Jaymie	32									49												49										98	2
5118	Thibault, Erin	31	47				49																										96	2
5207	Graham, Kari Ellen	34																		49								47					96	2
4974	Juurlink, Alexis	31																											55				55	1
5124	Rose-Goodwin, Nancy	34																	55														55	1
5305	Goodwin, Sherri	33																											55				55	1
5112	Ellis, Jennifer	34	49																														49	1
5046	Andrews, Tara	32	48																														48	1
5269	Smeltzer, Erinn	31																											46				46	1
4481	Lagin-Nasse, Julianna	31																															0	0
4800	Jensen, Jan	31																															0	0
4814	Riley, Gabrielle	30																															0	0
4920	Abriel-Sangster, Mary	30																															0	0
5007	Sedgwick, Stephanie	34																															0	0
5063	Taylor, Christina	31																															0	0
5119	Lovett, Kate	33																															0	0
5148	Noble, Lisa	33																															0	0
5152	De Amicis, Carolyn	30																															0	0
5180	Crosby, Kate	30																															0	0
5255	Connors, Heidi	30																															0	0
5264	MacKinnon, Tara	32																															0	0
5300	Wheaton, Tara	33																															0	0
		33	4	1	2	0	2	1	5	1	3	2	2	1	1	3	3	2	0	2	0	2	3	0	1	4	0	2	6	1	0	1		

RNS Series Stats 2010

Females 35 to 39

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer				
5010	Hill, Rayleen	37	55	49			55		55							55																		379	7			
4232	Gregoire, Marie-Claude	36						55			49					55	49			49		48												60	365	7		
4816	King, Tanya	38				55		48	46	48			49		49		55					47				49								60	365	10		
5096	Warren, Jacki	37					47			45				55	48						48				47			46							336	7		
4227	Davidson Eno, Selena	37		45	48				44	47			48																42					60	334	7		
5004	Goodfellow, Heather	37		55				49		49													49												312	6		
4954	Mercer, Gail	36			45				41				46												46	49			41						268	6		
4533	Chesnutt, Stacy	39		47			48				55										55								49						254	5		
5232	Rawding, Deanna	39		46	55				47	49																			45						242	5		
4965	MacDonald, Christy	39						47			47								55										40						189	4		
5184	Gaudet, Tammy	39		44	46								47																43						180	4		
4456	Carter, Cathy	39							48																				48				60	156	3			
5199	Campbell, Susan	38						49		44															55										148	3		
5222	O'Regan, Pamela	38			47					43																		55							145	3		
5204	Slauenwhite, Tammy	38			49					45																				44					138	3		
4676	MacNeil, Tawnya	36	48							55																										103	2	
4559	LeBlanc, Lyse	36									55																			47					102	2		
4791	Reardon Keefe, Laura	37	49	48																																97	2	
5190	Bull, Carla	37									46			49																						95	2	
4612	Comeau-Shantz, Reanne	36														48														46						94	2	
5203	McHugh, Melissa	36								42																			49							91	2	
5173	Carter, Anna	39	46							40																										86	2	
4714	Johnston, Katrina	36																																	60	60	1	
4829	Miles, Kathleen	37																																	60	60	1	
5147	Earle, Sara	37																												55					55	1		
5306	Clark, Karen	35																																		55	55	1
4872	Williatte-Battet, Jennifer	37									48																									48	48	1
4905	Carey, Colleen	39																								48										48	48	1
5153	MacIntyre, Melissa	35																											48							48	48	1
5150	Brennan, Jennifer	39	47																																	47	47	1
5290	DeEll, Nicole	39																											47							47	47	1
5187	Wolfe, Heather	37								46																										46	46	1
5307	Amos, Kiersten	37																												39						39	39	1
707	Fry, Joanne	38																																		0	0	0
4355	Fisher, Lisa	39																																		0	0	0
4615	MacDonald, Mary Elizabeth	39																																		0	0	0
4786	Sabourin, Brigitte	38																																		0	0	0
5035	Vienneau, Nancy	35																																		0	0	0
5056	MacVicar, Sherry	38																																		0	0	0
5099	Jarvis, Sherry	39																																		0	0	0
			40	5	7	6	1	4	4	11	7	5	1	5	2	3	3	1	1	0	3	4	0	1	0	5	2	0	5	12	0	1	6					

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
4441	Carbyn, Susan	41		49			49			55			49		55		49			55	49	55	55	55		49	55						385	13	
5052	Howard, Anita	43	49	47	55	55		55	48		48		47	55		49	48					46	49	49	49		47	49	55				60	384	19
4051	McWhirter, Micheline	41					48				49		48						55			47					48						60	355	7
2646	Noseworthy, Janis	41				47					44						47				49	43	48								55	60	350	8	
2211	White, Tina	44		46		48		48	47	49			44	47		48		48											45			60	348	11	
4114	McDonah, Erin	43	55				47						45									45					45		46			60	343	7	
4298	Robson, Denise	42					55						55			55						55					55						330	6	
4364	Mader, Denise	41				49		49				46		48													46					60	298	6	
4566	Myles, Krista	44		48					49								55					48								55			255	5	
4763	McGrath, Lisa	42									55				49										55				49			208	4		
4030	Scattolon, Yvette	41	48										46																47			60	201	4	
5074	Sutherland, Jill	42		45					45				43																40			173	4		
4524	McNeill, Beth	42								48																			43			60	151	3	
5129	Tulloch, Heather	41										47				48								48									143	3	
2905	Boutilier, Sue	40	47	44																	48												139	3	
4994	Tannahill, Cheryl	44							44			43			47																		134	3	
4554	Caldwell, Hazel	40		55								55																					110	2	
5143	Mason, Dana	41																											48			48		96	2
5248	Barkhouse, Kari	41							46																				49				95	2	
5139	Deveau, Marsha	40														47		47															94	2	
5186	Galloway-Jones, Joy	43														45									49								94	2	
5185	Jones, Keltie	44													44											48							92	2	
4710	MacIsaac, Colleen	43									49																						49	1	
5037	Fraser, Tamara	42																	49														49	1	
5176	Roberts, Margaret	43																													49		49	1	
5198	Faulkner, Kim	41												49																			49	1	
5066	Cormier, Kelly	42																											48				48	1	
5094	McElrone, Anne-Marie	43																															47	1	
5197	Musick, Sueann	40								47																							47	1	
5103	Campbell, Lori	40													46																		46	1	
5121	Nolan, Lila	44														46																	46	1	
4508	Currie, Ginette	44										45																					45	1	
4598	Sherriff, Julie	44																				44											44	1	
4698	Hall, Janet	43																															44	1	
4699	Endres, Tonia	42																															44	1	
5136	Holleman, Jennifer	40																															42	1	
5075	Blanchette, Kim	44																															41	1	
2937	Niedermayer, Jill	40																															0	0	
4240	MacDonald, Linda	44																															0	0	
4457	Fraser, Cindy	41																															0	0	
4942	MacDonald, Angela	40																															0	0	
5012	Kachan, Asa	44																															0	0	
5016	Joudrey, Cara Lee	41																															0	0	
5076	Leslie, Marie	43																															0	0	
5086	Scheller, Cathy	43																															0	0	
5163	Murphy, Karen	44																															0	0	

RNS Series Stats 2010

Females 40 to 44

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
5168	Bedford, Corrine	41																																0	0
5287	Lahey, Jennifer	42																																0	0
		48	4	7	1	4	4	3	7	4	8	2	8	5	7	4	4	4	0	3	8	3	2	3	3	7	4	3	11	0	2	8			

RNS Series Stats 2010

Females 45 to 49

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer
4169	Marlin, Karen	45					55	55								55				55		49					55					60	384	7
4815	Thain, Jane	49		48		49	49		48	55			55	49	55		49							55	55						48	60	384	13
2158	Holland, Nancy	49	47	49	55	55		48	47	46			49		49	48			49					48		49	55					60	372	15
4452	Hall, Linda	48	48	47					45	49				48													48					60	345	7
4622	MacIntyre, Norma	49	49								49											55		49				55				60	317	6
4956	Kenney, Laura	45		55								48													49		49		49				250	5
5273	Muzzerall, Julie	45													48			48							48		48						192	4
5142	Morgan-Hamm, Bonnie	49						42			47											47							48				184	4
4178	Kennedy, Bernadette	46		45				44	47																		47						183	4
4245	Chapman, Darlene	47												55																	55	60	170	3
4495	Crain, Mary	47																55					48					55					158	3
4926	Fairbairn, Heather	47						49														49					49						147	3
5138	Biekens, Jane	47						46			48																49						143	3
4351	Sarginson, Janice	47		46												47							48										141	3
5276	MacFarlane, Joanne	47														45		47											47				139	3
5206	Goudey, Kelly	47								45						46												47					138	3
4148	Cook, Rhonda	46														55													55				110	2
5107	Hill, Elizabeth	46								48																						60	108	2
2665	Murdock-Moore, Shawna	45										55																			49		104	2
4810	Lausch, Rebecca	49	55				49																										104	2
5280	Kennedy, Melanie	47																					47					48					95	2
5091	McTaggart, Kim	46																				46					47					93	2	
4950	Gauthier, Gail	45									46																	46					92	2
2953	Flander, Janice	45																														60	60	1
4117	Hiltz, Shari-Lynn	45																														60	60	1
4941	Neynens, Colleen	45																														60	60	1
648	Anderson, Teri	45																					55										55	1
4052	Reddick, Patricia	49																								55							55	1
4769	Leslie, Laura	46									55																						55	1
4970	Ferguson, Shelley	46					55																										55	1
5174	McInnis, Roma	47										49																					49	1
5244	Reardon, BobbyLou	47														49																	49	1
5123	Peddle, Victoria	45					48																										48	1
4918	Allen, Ann	48																													47		47	1
4335	McDonald, Barbara	49																												46		46	1	
4411	Brenton, Janelle	46								44																							44	1
4995	Young, Suzanne	47							43																								43	1
2292	Eddy, Patsy	48																															0	0
3043	Higgins, Joy	49																															0	0
4083	Czapalay, Ava	46																															0	0
4338	MacAulay, Christine	48																															0	0
4648	Groves, Jackie	46																															0	0
4687	Sweet, Trish	47																															0	0
4830	MacDonald, Carey	46																															0	0
5081	Bishop, Sharon	45																															0	0
5109	MacGillvary, Patricia	46																															0	0

RNS Series Stats 2010

Females 45 to 49

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl	
5115	Jamieson, Sandra	45																																0	0
5140	O'Brien, Eileen	45																																0	0
5155	Kenney, Anna	49																																0	0
5192	Weatherston, Cynthia	45																																0	0
5227	Piggot, Terri	46																																0	0
5246	Kalkman, Loretta	49																																0	0
5271	Vanderet, Diane	49																																0	0
5284	Jones, Hisayo	47																																0	0
5289	Keddy-Veinotte, Ashelagh	48																																0	0
			55	4	6	1	2	3	3	9	7	5	3	2	3	3	6	2	4	0	1	5	4	3	2	3	4	4	5	4	1	5	10		

RNS Series Stats 2010

Females 50 to 54

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer				
4467	Macpherson, Ena	51	55	55	55				55				55							55	55					55							60	390	10			
4637	Houston, Norma	51	49	49	49	49	55				48					49						48						55						60	366	10		
4844	MacDonald, Brenda	52	44	48	47	55			47		49			55																				60	361	8		
4547	Clarkson, Liane	51		47	48			55	49																				48						247	5		
5088	Hecimovich, Celene	52							48		55							55				49														207	4	
2667	Chiasson, Dianne	52								55																			49						60	164	3	
2884	Fitzsimmons, Catherine	52												49															55						60	164	3	
2915	Falkenham-Boutillier, Peggy	50																49					55												60	164	3	
4190	Archibald, Sherry	52									44											47													60	151	3	
5171	Stewart, Amy	50	46							47																								55		148	3	
5023	Naugler, Kathy	52								48				48								46														142	3	
5251	Turner, Jude	52						45								48														49						142	3	
5144	Cormier, Freda	54			46				46	49																											141	3
4159	Gillis, Sue	54	47								43											45															135	3
4387	Smith, Joanne	54																											47						60	107	2	
4454	Woodbury, Christine	52	45																																	60	105	2
4928	Court, Cheryl	52									46				55																						101	2
5237	French, Carol	51									45																								55		100	2
4619	Warner, Susan	52							44		41																										85	2
5172	Whynot, Susan	51																																		60	60	1
3018	Singleton, Kay	54																											55							55	1	
5134	Ivany, Lin	51										55																									55	1
5223	Read, Shannon	50	48																																		48	1
4626	Gaillard, Christine	52									47																										47	1
5210	Knickle, Mary	50							43																												43	1
4886	Johnson, Pamela	53									42																										42	1
4086	MacDonald, Susan	54																																			0	0
4443	McCluskey, Susan	50																																			0	0
5208	Chase, Christine	53																																			0	0
5253	Benning, Johanna	53																																			0	0
			30	7	4	5	2	1	1	8	4	10	1	1	3	1	3	0	2	0	1	6	0	1	0	0	1	1	4	1	2	1	10					

RNS Series Stats 2010

Females 55 to 59

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer		
727	LeDuc, Louise	57	55	55	55	55	55		55				55		55			55	55	55									55			385	14			
4565	Meister, Connie	56		48	49	48	48		47	49			47	55	48	48		55		49		55		49		48		55			55	60	384	18		
4011	Wallace, GERALYN	56					49		49				49		49		55							55			55		49			60	372	9		
1259	Patrick, Alice	59							48	55			48			49	49						55				49					60	365	8		
632	Roble, Laura	58	49		48	47			43		46		46	48	46		47				49					46		48			60	349	13			
5205	Sims, Beverly	59	48				47		40				44			48										44		46			48	60	341	9		
4285	Scott, Annette	56							46		44		45	49																	49	60	293	6		
5201	Cody, Donald	58							45		47							49			49			48					48				286	6		
5240	Fleiger, Kathy	59				49																			55	47			47				198	4		
5217	Hachey, Susan	56							42	48													48					49					187	4		
5235	Rickard, Susan	58							41	46													47					47					181	4		
4570	Goodwin, Jackie	58													47		48												46				141	3		
2972	MacDougall, Gail	58							44																							60	104	2		
4404	Fox, Barbara	59		49							49																							98	2	
4987	Vernon, Lynn	55									48													49										97	2	
5275	Stalker, Ann	56															47						48											95	2	
4426	MacDonald, Mona	59								47					47																			94	2	
5282	MacNeil, June	56																							49				44					93	2	
3053	Pound, Betty	57									45																		45					90	2	
5157	Dalzell, Deborah	56									42																		45					87	2	
834	Kinsman, Marg	58																															60	60	1	
4333	Moore, Grace	57																															60	60	1	
5293	McDonah, Morag	55																								55								55	1	
5038	Burchell, Sharon Ann	57			47																													47	1	
5252	Snowdon, Barb	55													45																				45	1
5308	Veinot, Edith	58																									45								45	1
4008	Fletcher, Wendy	57									43																								43	1
754	MacDonald, Ann	58																																	0	0
2797	Moser, Beth	56																																	0	0
4336	MacBeath, Donald	56																																	0	0
4691	Toews, Karen	57																																	0	0
4742	Johnston, Deby	55																																	0	0
4992	Trask, Sherryl	58																																	0	0
			33	3	3	4	4	4	0	11	5	9	0	7	3	4	6	4	4	1	2	2	3	4	3	2	7	1	6	7	0	3	9			

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
4166	Topliss, Brenda	62				55											55								55	55	55					55	60	390	7
2942	Robichaud, Shirley	64			55	49		49	55	55			48		55	49		55								49		55					60	390	12
4894	Snow, Joanne	61					49		49	49				48						55	55			55			48					60	372	9	
4305	Dwyer, Vicky	61	55			47		55	47	48					49	49						49			49		49		55		48	60	372	13	
3063	Keenan, Jenny	64					48		48		55		47	49														49			49	60	358	8	
2785	Richardson, Beverley	60			49	46			46		49		46		55																	60	351	7	
1575	Boutilier, Joan	60								48								49			48								49			60	254	5	
4023	Tingley, Diane	62				48	55						49	55																			207	4	
5036	Allaway, Simonne	63	55						45																								100	2	
1059	Gough, Gabriele	63																														60	60	1	
4518	Winaut, Wanda	63											55																				55	1	
4854	Penney, Charlotte	60											45																				45	1	
4272	Leppard, Marie	64																															0	0	
4320	Keddie, Melissa	60																															0	0	
4324	Draper, Carol	63																															0	0	
4596	Lagin, Nancy	60																															0	0	
4915	Kellock, Nicole	61																															0	0	
5127	Roddam, Nancy	61																															0	0	
5299	Martin, Peggy	60																															0	0	
			19	1	1	2	5	3	2	6	3	3	0	6	3	2	2	2	2	0	1	3	0	0	1	2	2	3	2	2	0	3	8		

RNS Series Stats 2010

Females 65 to 69

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer			
4436	Oickle, Marion	68		55					55				55																					55	385	7	
4908	Allen, Judith	67							49	55				55		49																				208	4
4368	Mooney, Janet	65				55																				49		55							159	3	
2604	Gillis, Georgie	65									55												55													110	2
			4	0	1	0	1	0	0	2	1	1	0	1	1	0	2	0	1	0	0	0	1	1	0	0	2	0	1	0	0	0	0	0	0	0	

RNS Series Stats 2010

Females 70 and over

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
5069	Marsden, June	75	55	55	55		55		55					55	55	55	55	55			55	55				55	55			55			385	17	
598	Davidson, Mary	70																															60	60	1
527	Jeppesen, Helen	88																															0	0	
4402	Fletcher, Joanne	70																															0	0	
5026	MacVicar, Isabel	76																															0	0	
			5	1	1	1	0	1	0	1	1	0	0	0	1	1	1	1	1	0	1	1	0	0	0	1	1	0	1	0	1	1			