

First	Last	Age Group	Rank in Age Group	Time	Rank Overall
Bradley	Piggott	M20	1	17:19.2	1
Jonathan	Menzies	M30	1	17:20.5	2
Gerrard	Lewin	M20	2	18:26.7	3
Simeon	Fancy	MJ	1	19:05.4	4
Mike	Ripley	M30	2	19:14.1	5
Dave	Nevitt	M50	1	19:42.9	6
kevin	piggott	M50	2	19:55.3	7
Andrew	Canning	M40	1	20:04.0	8
Dave	Hogg	M40	2	20:10.1	9
Paul	Gallant	M40	3	20:47.1	10
Andrew	Hanlon	M30	3	20:48.8	11
Greg	Wieczorek	M20	3	20:52.4	12
Steven	Elliot	M40	5	21:15.9	13
Rami	Bardesi	M40	4	21:19.5	14
Gordon	Kiley	M40	6	21:24.5	15
Donald	MacDonald	M50	3	21:27.3	16
Peter	MacKay	M20	4	21:29.5	17
Micheline	McWhirter	F40	1	21:41.7	18
Clarence	Whynot	M50	4	21:57.5	19
Gordon	Crooks	M30	4	22:03.1	23
Johnny	MacPherson	M30	5	22:03.5	20
Rich	Bartoch	M30	6	22:24.7	21
Scott	Lawson	M50	5	22:29.4	22
Jeffrey	Winship	M30	7	22:59.8	24
Alice	Patrick	F50	1	23:11.9	25
Keegan	Kerslake	M20	5	23:16.3	26
Nicole	Delaney	F30	1	23:31.6	27
Eldon	McLean	M30	8	23:41.5	28
Maria	Chaulker	FJ	1	23:41.8	29

Perry	Rees	M30	9	23:54.9	30
Alifari	Daka	M20	6	24:07.8	31
Matt	Whitman	M40	7	24:08.4	32
joshua	dacanay	MJ	2	24:15.3	33
Ryan	Burke	MJ	3	24:24.5	34
John	Burke	M40	8	24:26.8	35
Pam	Waterhouse	F50	2	24:29.5	36
Erica	Doucet	F30	2	24:58.8	37
Alexander	Eisnor-Mallet	MJ	4	25:01.1	38
Mireya	Trevor	F30	3	25:03.1	39
Tanya	Verge	F20	1	25:05.0	40
Scott	Goldie	M40	9	25:15.7	41
Norman	Hill	M50	6	25:37.4	42
Chris	Chisholm	M40	10	25:48.6	43
Léa	Raiche	F40	2	26:39.7	44
Jesse	Fawthrop	M30	10	26:44.6	45
Frank	Sera	M40	11	26:44.7	46
Katie	Richardson	F20	2	26:55.9	47
Shelley	Parker-LeFort	F40	3	27:06.0	48
Heidi	Power	F30	4	27:07.8	49
Sarah	McCarthy	F20	3	27:15.3	50
Erin	Lynch	F30	5	27:38.2	51
Amanda	Ringuette	F30	6	27:41.5	52
Amy	Gough	M30	11	27:56.4	53
Nick	Young	MJ	5	28:02.7	54
Kathy	Naugler	F50	3	28:14.3	55
Kenzie	MacDonald	M40	12	28:31.0	56
Steve	Smith	M40	13	28:37.1	57
Randy	Misener	M50	7	28:52.2	58
Nancy	Holland	F50	4	29:01.6	59
Janice	Gammie	F40	4	29:20.6	60

Julie	Harnish	F30	7	29:37.2	61
Jason	Kaulback	M30	12	29:48.6	62
Ann	MacKenzie	F40	5	29:50.0	63
Pam	Johnson	F50	5	30:08.7	64
Nolda	Hattie	F40	6	30:16.9	65
Pam	O'Callaghan	F40	7	30:20.3	66
Steve	Johnson	M40	14	30:26.0	67
daniel	dacanay	MJ	6	30:33.0	68
Sarah	Lezama	FJ	2	30:34.8	69
deidre	dacanay	F40	8	30:37.1	70
Laurie	MacKinnon	F40	9	30:47.4	71
Phil	Kempton	M40	15	31:09.3	72
Kirstin	Crabtree	F20	4	31:21.0	73
Cindy	Johnson	F30	8	31:30.5	74
Colleen	MacKay	F50	6	31:49.0	75
Ryan	MacKay	M20	7	31:49.3	76
Dawn	Munroe	F40	10	31:49.7	77
Sherry	MacVicar	F30	9	31:50.0	78
sandra	oliver-harrison	F30	10	31:59.0	79
Sarah	Austin	F30	11	32:01.7	80
Elizabeth	Jablonski	F30	12	32:13.1	81
Andrw	Betts	MJ	7	32:13.7	82
Joanne	Snow	F60	1	32:57.9	83
Tory	Greff	F40	11	33:02.6	84
Marcie	Balch	F30	13	33:26.5	85
Kristy	Hill	F20	5	33:43.9	86
Sara	Francis	F30	14	34:25.3	87
Ruth	Maclver	F40	12	34:34.9	88
Jennifer	Taylor	F20	6	34:41.0	89
Michelle	Kempton	F30	15	34:41.3	90
Sarah	Parsons	F20	7	35:28.3	91

Jessica	Lyle	F30	16	35:43.9	92
Keegan	MacDonald	MJ	8	35:53.8	93
Susan	Chalpin	FJ	3	35:54.2	94
Zayd	Boutin Sparks	MJ	9	36:09.0	95
Chris	Libratore	MJ	10	36:09.6	96
Mike	Sangster	M30	13	36:14.9	97
Sharon Ann	Burchell	F50	7	36:48.9	98
Emilie	Nadeau	FJ	4	37:48.9	99
Michelle	Alarie	F20	8	38:35.0	100
Annique	Lezama	FJ	5	39:11.3	101
Abby	Berry	F50	8	39:27.8	102
Greg	Dunbar	M30	14	39:46.3	103
Bryony	McStay-Fost	F30	17	41:24.1	104
Harley	Muzzerall	MJ	11	41:37.3	105
Julie	Muzzerall	F40	13	41:38.1	106
Karen	Tucker	F50	9	41:49.0	107
Patsy	Snow	F50	10	41:50.6	108
Isabel	MacVicar	F70	1	42:03.8	109
Michael	Walsh	MJ	12	43:18.2	110
Jack	MacDonald	MJ	13	43:28.0	111
Kim	MacDonald	F30	18	43:28.7	112
Jahtourhn	Simmonds	FJ	6	45:18.7	113
Aliya	Hurst	FJ	7	52:33.2	114