

## 5KM

Jono Aske	18:50
Justin Evaniew	20:56
Dan Morgan	21:20
Megan Kot	22:32
Tim Shannon	24:30
James Mitchell	24:35
Gord Fehr	25:05
Geri Wallace	25:36
Justine Gauthier	25:46
Stacy Meisner	25:56
Lauren Roy	26:45
John Snow	26:52
Christine Gaillard	26:54
Janine Rose	27:12
Kris MacLellan	27:14
Paul Shakotko	27:26
Alice Morgan	27:57
Kelly Springer	27:59
Andrea Gauthier	28:41
Andrew Hayes	29:04
Julie Tompa	29:30
David Woo	29:55
Mark Rose	30:30
Leah Hunnako	30:06
David Kershaw	30:06
Nolda Hattie	30:45
Ron Kaszor	30:50
Janet Copper	30:53
Daphne Arsenaault	31:13
Darrell Hill	31:13
Lauren Guitard	31:24
Mary Hill	31:28
Kim Good	32:42
Marie-Louise Vieira	32:44
Melissa MacIntosh	32:54
Tysa Tenebro	33:11
Nancy Rudback	33:16
Tristen Tilley	33:28
Madison Tilley	33:28
Andrew Tilley	33:29
Alison Snow	33:32
Erin Fudge	33:32
Cristi Frittaion	33:50
Ashleigh Benton	34:16
Elizabeth Jablonski	34:43
Lindsay McVicar	34:44

## 10KM

Navid Rahemtulla	38:16
Ian MacIntyre	38:24
Charles Verge	42:10
Ian Loughhead	42:12
Ian McDiarmid	42:51
Mitch Shea	43:17
Mike Dauphinee	43:40
Simon Authier	45:08
Roberto Armenta	45:22
Samuel Veres	45:35
Andrew Little	45:36
Andy MacCallum	45:38
John Melbourne	45:41
Adam Casey	46:31
Chris Cocek	46:40
Marlena Dlutek	46:47
Colin Miller	47:00
Nick Boran	47:01
Erin McDiarmid	47:18
Doug Swinamer	47:54
Peter Boileau	48:26
Christoph Kessel	48:30
Damian McCarville	48:45
Peter Hogan	48:59
Alice Patrick	50:05
Phil Reid	50:18
Andrew Knight	51:09
Marie-Claude Gregoire	51:43
Highlander Ron	51:43
Andrew Cheyne	52:18
Carol Cheyne	52:26
Marie-Claude Lambert	52:27
Gregory Canning	52:28
Dorianne Mullin	52:40
Keltie Wagstaff	53:03
Bryan Wood	53:12
Steve Dinn	53:22
Joanne Weiss Reid	53:21
Scott Lawson	53:44
Ena Macpherson	53:47
Christopher Newell	53:54
Fernando Velasco	55:34
Jennie Dobbs	56:00
David Patrick	56:18
Jodie Melbourne	56:27
Roma McInnes	56:56

Lezlie Lowe	34:59
Dawn MacIntosh	35:06
Michelle Woo	35:16
Natalie Stuart	36:28
Angie Arsenaault	36:53
Pamala Brinston	36:53
Jacqueline Rae	38:30
Rachel Rae	38:30
Emma Woodhal	41:45
Holly Briand	41:46
Christina Savoie	43:05
Greg Dunbar	43:05

Margo Benning	57:16
Sarah MacDonald	57:19
Vicky Dwyer	57:36
Brent Rhynold	57:46
Bob Edwards	58:50
Patrick Boran	59:00
James Weibe	1:00:46
Stephanie Jones	1:01:03
Tim Duguay	1:01:03
Courtney Hall	1:01:42
John Saunders	1:01:51
Jan Boran	1:04:14
Ralph Davis	1:06:28
Jason Seely	1:08:43
Chris Todd	1:08:44
Wallace Howe	1:10:38
Marni Tuttle	1:11:33
Erika Richards	1:11:33
Alyssa Borutski	1:12:57
Alexandra Conway	1:12:57