

**EPIC Canadian Triple Quarter Marathon
(10K + 5K Double-In-A-Day + Quarter Marathon)
Saturday 2 July 2016**

Place	Bib #	Name	City/Town	Prov	Co.	Div		Double Time	Quarter Time	Triple Time
						Total	Div			
1	502	Stacy Chesnutt	Dartmouth	NS	CA	1/3	F40-49	1:04:19	0:49:15	1:53:34
2	548	Dana Mason	Cole Harbour	NS	CA	2/3	F40-49	1:08:55	0:49:44	1:58:39
3	575	Laura Miles	Howie Center	NS	CA	1/6	F30-39	1:17:08	0:53:45	2:10:53
4	569	James McMillin	Halifax	NS	CA	1/1	M50-59	1:16:23	0:56:10	2:12:33
5	574	Brenda Kennedy	Dartmouth	NS	CA	3/3	F40-49	1:20:54	0:58:33	2:19:27
6	568	Joanne Arbuthnott	Dartmouth	NS	CA	2/6	F30-39	1:23:40	0:58:13	2:21:53
7	572	Chris Richards	Dartmouth	NS	CA	1/1	M40-49	1:24:40	1:02:09	2:26:49
8	506	Syed Shah	Halifax	NS	CA	1/1	M30-39	1:29:46	1:01:34	2:31:20
9	512	Doreen Redmond	Halifax	NS	CA	1/7	F50-59	1:29:46	1:01:34	2:31:20
10	649	Allison Duggan	Hublely	NS	CA	1/1	F20-29	1:31:50	1:02:04	2:33:54
11	571	Valerie Tiller	Dartmouth	NS	CA	3/6	F30-39	1:35:46	1:04:27	2:40:13
12	573	Kimberly Chu	Bedford	NS	CA	4/6	F30-39	1:39:27	1:09:30	2:48:57
13	647	Laurie Bennett	Upper Tantallon	NS	CA	2/7	F50-59	1:39:28	1:09:30	2:48:58
14	570	Angie Arseneault	Bedford	NS	CA	5/6	F30-39	1:39:29	1:09:30	2:48:59
15	576	Linda Miles	Sydney Forks	NS	CA	1/1	F60-69	1:42:21	1:09:55	2:52:16
16	577	Alison MacKenzie	Dartmouth	NS	CA	6/6	F30-39	1:42:21	1:12:23	2:54:44
17	579	Heather Foote	Conquerall Mill	NS	CA	3/7	F50-59	1:44:38	1:12:34	2:57:12
18	578	Kim Best	Cambridge Stati	NS	CA	4/7	F50-59	1:50:00	1:17:31	3:07:31
19	580	Angie Banks	Cole Harbour	NS	CA	5/7	F50-59	1:53:51	1:26:55	3:20:46
20	541	Sandy Banks	Kingston	NS	CA	6/7	F50-59	1:55:16	1:25:55	3:21:11
21	648	Alma Gardner-Norton	Hublely	NS	CA	7/7	F50-59	1:57:21	1:26:55	3:24:16