

Leg 1			This Leg			Accum			Team	
Pos	Bib	Team Name	Runner Name	Time	8.5 /mile	13.6 /km	Time	8.5 /mile	13.6 /km	Penalties
1	51	Where's the Fire	James Murphy	0:46:25	0:05:30	0:03:25	0:46:25	0:05:30	0:03:25	0:00:00
2	9	Halifax Road Hammers: The Men	Ian MacIntyre	0:48:10	0:05:42	0:03:33	0:48:10	0:05:42	0:03:33	0:00:00
3	46	A Few Good Men	Doug Hayam	0:48:29	0:05:44	0:03:34	0:48:29	0:05:44	0:03:34	0:00:00
4	6	The Outliers	Matthew White	0:49:50	0:05:54	0:03:40	0:49:50	0:05:54	0:03:40	0:00:00
5	14	Kahlua Cousins	Calvin DesRoches	0:54:29	0:06:27	0:04:00	0:54:29	0:06:27	0:04:00	0:00:00
6	67	Halifax Road Hammers Ladies	Jennie Orr	0:56:17	0:06:40	0:04:08	0:56:17	0:06:40	0:04:08	0:00:00
7	45	Oxford @8 II	Doran Donovan	0:56:31	0:06:41	0:04:09	0:56:31	0:06:41	0:04:09	0:00:00
8	37	Runner's Attic	Shawn Muse	0:56:49	0:06:43	0:04:11	0:56:49	0:06:43	0:04:11	0:00:00
9	68	Halifax Road Hammers 2	David Thompson	0:57:46	0:06:50	0:04:15	0:57:46	0:06:50	0:04:15	0:00:00
10	62	Premature Acceleration	Matthew Baker	0:57:52	0:06:51	0:04:15	0:57:52	0:06:51	0:04:15	0:00:00
11	31	HRP Cops & Runners	Colin Brien	0:57:54	0:06:51	0:04:15	0:57:54	0:06:51	0:04:15	0:00:00
12	15	KES Skeleton Crew	Brian Casey	0:57:55	0:06:51	0:04:16	0:57:55	0:06:51	0:04:16	0:00:00
13	49	Packet's Privateers	Jamie Veinott	0:58:14	0:06:53	0:04:17	0:58:14	0:06:53	0:04:17	0:00:00
14	32	Covert Operation	Jeff Nearing	0:58:32	0:06:56	0:04:18	0:58:32	0:06:56	0:04:18	0:00:00
15	44	All Blacks	Kevin Dutchak	0:58:34	0:06:56	0:04:18	0:58:34	0:06:56	0:04:18	0:00:00
16	11	Halifax Bucket Brigade	Bruce Lanthier	0:59:08	0:07:00	0:04:21	0:59:08	0:07:00	0:04:21	0:00:00
17	20	A Strange Collection	Mike Snow	0:59:39	0:07:04	0:04:23	0:59:39	0:07:04	0:04:23	0:00:00
18	50	Cape Breton Barbarians	Paul MacKenzie	1:00:30	0:07:10	0:04:27	1:00:30	0:07:10	0:04:27	0:00:00
19	12	M&M Maniacs	Lee Warren	1:01:01	0:07:13	0:04:29	1:01:01	0:07:13	0:04:29	0:00:00
20	58	Kicking Asphalt	Russ Hopson	1:01:09	0:07:14	0:04:30	1:01:09	0:07:14	0:04:30	0:00:00
21	7	HRC Java Blenders	Randal Hipman	1:01:45	0:07:18	0:04:32	1:01:45	0:07:18	0:04:32	0:00:00
22	47	Run Ragged Runners	Janine Pelham	1:02:27	0:07:23	0:04:36	1:02:27	0:07:23	0:04:36	0:00:00
23	16	Katelyn's Krushers	Jacqueline Fitzgerald	1:02:53	0:07:26	0:04:37	1:02:53	0:07:26	0:04:37	0:00:00
24	25	The Running Mafia	Chris Nickerson	1:02:56	0:07:27	0:04:38	1:02:56	0:07:27	0:04:38	0:00:00
25	42	Code Team	Jody Mattie	1:03:13	0:07:29	0:04:39	1:03:13	0:07:29	0:04:39	0:00:00
26	65	Flailing Sharks	Jamie Bent	1:03:39	0:07:32	0:04:41	1:03:39	0:07:32	0:04:41	0:00:00
27	8	Great Canadian Honking Goose	Janet Hawkins	1:03:42	0:07:32	0:04:41	1:03:42	0:07:32	0:04:41	0:00:00
28	56	Bishop Mountain Boozers	Steve Clouthier	1:03:53	0:07:34	0:04:42	1:03:53	0:07:34	0:04:42	0:00:00
29	10	Swimmers and Runners	Johanna Campbell	1:04:04	0:07:35	0:04:43	1:04:04	0:07:35	0:04:43	0:00:00
30	54	Beerview Mirrors	Shane Flemming	1:04:12	0:07:36	0:04:43	1:04:12	0:07:36	0:04:43	<b>0:05:00</b>
31	60	Mountain View Renegades	Brent Rhynold	1:04:45	0:07:40	0:04:46	1:04:45	0:07:40	0:04:46	0:00:00
32	34	Where's Dave?	Rob MacDowell	1:05:34	0:07:46	0:04:49	1:05:34	0:07:46	0:04:49	0:00:00
33	21	Wenches & Rogues	Terry McGinn	1:05:46	0:07:47	0:04:50	1:05:46	0:07:47	0:04:50	0:00:00
34	1	Rumb Duffers Running Rum Runners	Doug Coulter	1:06:06	0:07:49	0:04:52	1:06:06	0:07:49	0:04:52	0:00:00
35	18	Kahlua Kids	Don Wotton	1:06:30	0:07:52	0:04:53	1:06:30	0:07:52	0:04:53	0:00:00
36	30	Border Bounders	Blaine MacIsaac	1:07:02	0:07:56	0:04:56	1:07:02	0:07:56	0:04:56	0:00:00
37	40	It Seemed Like a Good Idea	Emma Woodburn	1:07:15	0:07:57	0:04:57	1:07:15	0:07:57	0:04:57	0:00:00
38	70	Stripes & Stars 2	Sean Hagen	1:07:29	0:07:59	0:04:58	1:07:29	0:07:59	0:04:58	0:00:00

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39	38 Penguin Pacer Chicks	Lisa Wheatley	1:08:19	0:08:05	0:05:01	1:08:19	0:08:05	0:05:01	0:00:00
40	57 Hooligans	Dave Beaton	1:08:22	0:08:05	0:05:02	1:08:22	0:08:05	0:05:02	0:00:00
41	17 Halifax Yogging Team	Dan Conrad	1:08:34	0:08:07	0:05:03	1:08:34	0:08:07	0:05:03	0:00:00
42	26 Rum til You're Done	Lisa Morrison	1:08:37	0:08:07	0:05:03	1:08:37	0:08:07	0:05:03	0:00:00
43	36 Captain High Liner's Crew	Alex Godbold	1:09:20	0:08:12	0:05:06	1:09:20	0:08:12	0:05:06	0:00:00
44	69 Smokey Mountain Daredevils	Evelien VanderKloet	1:09:29	0:08:13	0:05:07	1:09:29	0:08:13	0:05:07	0:00:00
45	33 Greenwood Running Company	Karen Dooks	1:09:42	0:08:15	0:05:08	1:09:42	0:08:15	0:05:08	0:00:00
46	63 Gnome Pun Intended	Marc De Rome	1:10:53	0:08:23	0:05:13	1:10:53	0:08:23	0:05:13	0:00:00
47	23 Hot on the Trail	Monica Rodriguez	1:10:53	0:08:23	0:05:13	1:10:53	0:08:23	0:05:13	0:00:00
48	53 CBRE Closers	Gary Mackenzie	1:10:56	0:08:24	0:05:13	1:10:56	0:08:24	0:05:13	<b>0:05:00</b>
49	24 Fast Company Running Club	Clarence Whynot	1:11:08	0:08:25	0:05:14	1:11:08	0:08:25	0:05:14	0:00:00
50	19 Undertrained and Over-Confident	Maddy Raymond	1:12:16	0:08:33	0:05:19	1:12:16	0:08:33	0:05:19	0:00:00
51	22 But, Where's the Rum?	Will MacPherson	1:12:17	0:08:33	0:05:19	1:12:17	0:08:33	0:05:19	0:00:00
52	2 Greyhounds	Iashi Holder	1:13:03	0:08:39	0:05:22	1:13:03	0:08:39	0:05:22	0:00:00
53	41 Penguin Pacers	Bill Hayes	1:13:28	0:08:42	0:05:24	1:13:28	0:08:42	0:05:24	0:00:00
54	48 The Reluctants	Jamie Smith	1:13:29	0:08:42	0:05:24	1:13:29	0:08:42	0:05:24	<b>-0:05:00</b>
55	13 Lost in Pace	Catherine Muir	1:14:56	0:08:52	0:05:31	1:14:56	0:08:52	0:05:31	0:00:00
56	66 Your Pace or Mine?	Tien Do	1:16:11	0:09:01	0:05:36	1:16:11	0:09:01	0:05:36	0:00:00
57	55 Region of Queens Municipaliteam	Wendy Connors	1:17:26	0:09:10	0:05:42	1:17:26	0:09:10	0:05:42	0:00:00
58	64 Worst Game of Tag Ever	Tanya Alana Wagner Wile	1:17:26	0:09:10	0:05:42	1:17:26	0:09:10	0:05:42	0:00:00
59	43 Salt Marsh Trail Running Group	Diane Cauvier	1:17:34	0:09:11	0:05:42	1:17:34	0:09:11	0:05:42	<b>0:10:00</b>
60	39 Sally's Original Road Kill	Chris Hollebhone	1:17:43	0:09:12	0:05:43	1:17:43	0:09:12	0:05:43	0:00:00
61	27 BLT Runners	Tracy Belliveau	1:18:07	0:09:15	0:05:45	1:18:07	0:09:15	0:05:45	0:00:00
62	59 Stripes & Stars	Tjarret Gosbee	1:18:34	0:09:18	0:05:47	1:18:34	0:09:18	0:05:47	0:00:00
63	5 Heart & Sole	Sandy Cyr	1:18:34	0:09:18	0:05:47	1:18:34	0:09:18	0:05:47	0:00:00
64	29 Mister & Misses	Mary Girrior	1:20:30	0:09:32	0:05:55	1:20:30	0:09:32	0:05:55	0:00:00
65	35 Fundulators	Dennis Garrison	1:21:51	0:09:41	0:06:01	1:21:51	0:09:41	0:06:01	0:00:00
66	61 Will Run for Wine	Sherry Paulie	1:22:26	0:09:45	0:06:04	1:22:26	0:09:45	0:06:04	0:00:00
67	28 Eldorado	Ross LeBlanc	1:24:49	0:10:02	0:06:14	1:24:49	0:10:02	0:06:14	0:00:00
68	52 Librariruns: Running for our Shelves	Janet Dyson	1:29:31	0:10:36	0:06:35	1:29:31	0:10:36	0:06:35	0:00:00
69	4 Never Stop Never Stopping	Melissa Gallant	1:39:31	0:11:47	0:07:19	1:39:31	0:11:47	0:07:19	0:00:00
70	3 Aerobics First		1:39:31	0:11:47	0:07:19	1:39:31	0:11:47	0:07:19	0:00:00

# UAL RESULTS

Leg	2		Runner Name	This Leg Time	5.2 /mile	8.3 /km	Accum Time	13.6 /mile	21.9 /km	Team Penalties
1	44	All Blacks	Jacob Benoit	0:27:57	0:05:25	0:03:22	1:26:31	0:06:21	0:03:57	0:00:00
2	51	Where's the Fire	Dean Strowbridge	0:28:20	0:05:30	0:03:25	1:14:45	0:05:30	0:03:25	0:00:00
3	9	Halifax Road Hammers: The Men	Colleen Wilson	0:30:37	0:05:56	0:03:41	1:18:47	0:05:47	0:03:36	0:00:00
4	46	A Few Good Men	Blair Salter	0:32:44	0:06:21	0:03:57	1:21:13	0:05:58	0:03:43	0:00:00
5	60	Mountain View Renegades	Bob Nicholson	0:33:09	0:06:26	0:04:00	1:37:54	0:07:12	0:04:28	0:00:00
6	6	The Outliers	Dayne Chaisson	0:34:06	0:06:37	0:04:07	1:23:56	0:06:10	0:03:50	0:00:00
7	50	Cape Breton Barbarians	Steve MacNeil	0:35:01	0:06:47	0:04:13	1:35:31	0:07:01	0:04:22	0:00:00
8	20	A Strange Collection	Craig Conrad	0:35:01	0:06:47	0:04:13	1:34:40	0:06:57	0:04:19	0:00:00
9	67	Halifax Road Hammers Ladies	Britney Benoit	0:35:37	0:06:54	0:04:17	1:31:54	0:06:45	0:04:12	0:00:00
10	40	It Seemed Like a Good Idea	Heather Lee-Callaghan	0:36:23	0:07:03	0:04:23	1:43:38	0:07:37	0:04:44	0:00:00
11	64	Worst Game of Tag Ever	Cameron Deacoff	0:37:16	0:07:14	0:04:29	1:54:42	0:08:26	0:05:14	0:00:00
12	69	Smokey Mountain Daredevils	Sarah Slemko	0:37:24	0:07:15	0:04:30	1:46:53	0:07:51	0:04:53	0:00:00
13	49	Packet's Privateers	Karen Weagle	0:37:44	0:07:19	0:04:33	1:35:58	0:07:03	0:04:23	0:00:00
14	45	Oxford @8 II	Kermit Phillips	0:37:47	0:07:20	0:04:33	1:34:18	0:06:56	0:04:18	0:00:00
15	48	The Reluctants	Paul Gallant	0:38:08	0:07:24	0:04:36	1:51:37	0:08:12	0:05:06	-0:05:00
16	68	Halifax Road Hammers 2	Sheila Grover	0:38:45	0:07:31	0:04:40	1:36:31	0:07:06	0:04:24	0:00:00
17	12	M&M Maniacs	Chris Richards	0:39:25	0:07:39	0:04:45	1:40:26	0:07:23	0:04:35	0:00:00
18	62	Premature Acceleration	Sarah Blinn	0:39:34	0:07:40	0:04:46	1:37:26	0:07:10	0:04:27	0:00:00
19	8	Great Canadian Honking Goose	John Huxtable	0:39:52	0:07:44	0:04:48	1:43:34	0:07:37	0:04:44	0:00:00
20	37	Runner's Attic	Garth Spinney	0:40:16	0:07:48	0:04:51	1:37:05	0:07:08	0:04:26	0:00:00
21	32	Covert Operation	Cordele Hudson	0:40:38	0:07:53	0:04:54	1:39:10	0:07:17	0:04:32	0:00:00
22	7	HRC Java Blenders	Mark Pothier	0:41:02	0:07:57	0:04:57	1:42:47	0:07:33	0:04:42	0:00:00
23	65	Flailing Sharks	Chris Garland	0:41:14	0:08:00	0:04:58	1:44:53	0:07:42	0:04:47	0:00:00
24	53	CBREClosers	Breanne Hay	0:41:17	0:08:00	0:04:58	1:52:13	0:08:15	0:05:07	0:05:00
25	63	Gnome Pun Intended	Kim Casey	0:41:20	0:08:01	0:04:59	1:52:13	0:08:15	0:05:07	0:00:00
26	33	Greenwood Running Company	Robyn anning	0:42:02	0:08:09	0:05:04	1:51:44	0:08:13	0:05:06	0:00:00
27	24	Fast Company Running Club	Clarence Whynot	0:42:42	0:08:17	0:05:09	1:53:50	0:08:22	0:05:12	0:00:00
28	2	Greyhounds	Alex MacEachern	0:43:15	0:08:23	0:05:13	1:56:18	0:08:33	0:05:19	0:00:00
29	35	Fundulators	Nicole Cruikshanks	0:43:19	0:08:24	0:05:13	2:05:10	0:09:12	0:05:43	0:00:00
30	57	Hooligans	Jim Boucher	0:43:23	0:08:25	0:05:14	1:51:45	0:08:13	0:05:06	0:00:00
31	16	Katelyn's Krushers	Katelyn Richards	0:43:51	0:08:30	0:05:17	1:46:44	0:07:51	0:04:52	0:00:00
32	26	Rum til You're Done	Carol Campbell	0:44:03	0:08:32	0:05:18	1:52:40	0:08:17	0:05:09	0:00:00
33	15	KES Skeleton Crew	Judy DesRoches	0:44:07	0:08:33	0:05:19	1:42:02	0:07:30	0:04:40	0:00:00
34	18	Kahlua Kids	Terri Vaniderstine	0:44:16	0:08:35	0:05:20	1:50:46	0:08:08	0:05:03	0:00:00

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35	47 Run Ragged Runners	Kim Joudrey	0:44:48	0:08:41	0:05:24	1:47:15	0:07:53	0:04:54	0:00:00
36	25 The Running Mafia	Quent Wickens	0:45:06	0:08:45	0:05:26	1:48:02	0:07:56	0:04:56	0:00:00
37	27 BLT Runners	Dave Gallant	0:45:20	0:08:47	0:05:28	2:03:27	0:09:04	0:05:38	0:00:00
38	19 Undertrained and Over-Confident	Lauren Singh	0:45:21	0:08:48	0:05:28	1:57:37	0:08:39	0:05:22	0:00:00
39	28 Eldorado	Crystal Wentzell	0:45:36	0:08:51	0:05:30	2:10:25	0:09:35	0:05:57	0:00:00
40	54 Beerview Mirrors	Nicole Snow	0:45:42	0:08:52	0:05:30	1:49:54	0:08:05	0:05:01	<b>0:05:00</b>
41	10 Swimmers and Runners	Louise Stirrett	0:46:28	0:09:01	0:05:36	1:50:32	0:08:07	0:05:03	0:00:00
42	31 HRP Cops & Runners	Bernadette Kennedy	0:47:13	0:09:09	0:05:41	1:45:07	0:07:43	0:04:48	0:00:00
43	66 Your Pace or Mine?	Sherry Petton Jarvis	0:47:15	0:09:10	0:05:42	2:03:26	0:09:04	0:05:38	0:00:00
44	5 Heart & Sole	Pam Johnson	0:47:16	0:09:10	0:05:42	2:05:50	0:09:15	0:05:45	0:00:00
45	56 Bishop Mountain Boozers	Susan Foote	0:47:17	0:09:10	0:05:42	1:51:10	0:08:10	0:05:05	0:00:00
46	17 Halifax Yogging Team	Tracey Conrad	0:47:21	0:09:11	0:05:42	1:55:55	0:08:31	0:05:18	0:00:00
47	55 Region of Queens Municipaliteam	Richard MacLellan	0:47:23	0:09:11	0:05:43	2:04:49	0:09:10	0:05:42	0:00:00
48	58 Kicking Asphalt	Jenna Hopson	0:47:32	0:09:13	0:05:44	1:48:41	0:07:59	0:04:58	0:00:00
49	52 Librariruns: Running for our Shelves	Dion Phillips	0:47:37	0:09:14	0:05:44	2:17:08	0:10:05	0:06:16	0:00:00
50	11 Halifax Bucket Brigade	Lynn MacNeil	0:48:05	0:09:19	0:05:48	1:47:13	0:07:53	0:04:54	0:00:00
51	36 Captain High Liner's Crew	Nadine Jewer	0:48:37	0:09:26	0:05:51	1:57:57	0:08:40	0:05:23	0:00:00
52	14 Kahlua Cousins	Rick West	0:49:15	0:09:33	0:05:56	1:43:44	0:07:37	0:04:44	0:00:00
53	1 Rumb Danners Running Rum Runne	Bill Roblee	0:49:40	0:09:38	0:05:59	1:55:46	0:08:30	0:05:17	0:00:00
54	22 But, Where's the Rum?	Carla Arsenault	0:49:45	0:09:39	0:06:00	2:02:02	0:08:58	0:05:34	0:00:00
55	59 Stripes & Stars	Cayla Watson	0:49:46	0:09:39	0:06:00	2:08:20	0:09:26	0:05:52	0:00:00
56	34 Where's Dave?	Steve Smith	0:50:13	0:09:44	0:06:03	1:55:47	0:08:31	0:05:17	0:00:00
57	21 Wenches & Rogues	Lee Anne Webber	0:50:34	0:09:48	0:06:06	1:56:20	0:08:33	0:05:19	0:00:00
58	41 Penguin Pacers	Gina Thompson	0:51:22	0:09:58	0:06:11	2:04:50	0:09:10	0:05:42	0:00:00
59	38 Penguin Pacer Chicks	Stephanie Powers	0:51:23	0:09:58	0:06:11	1:59:42	0:08:48	0:05:28	0:00:00
60	23 Hot on the Trail	Sarah During	0:51:24	0:09:58	0:06:12	2:02:17	0:08:59	0:05:35	0:00:00
61	39 Sally's Original Road Kill	Gerry MacDonald	0:52:36	0:10:12	0:06:20	2:10:19	0:09:35	0:05:57	0:00:00
62	61 Will Run for Wine	Alex MacDonald	0:53:37	0:10:24	0:06:28	2:16:03	0:10:00	0:06:13	0:00:00
63	30 Border Bounders	Larry Rhindress	0:55:38	0:10:47	0:06:42	2:02:40	0:09:01	0:05:36	0:00:00
64	13 Lost in Pace	Melissa Sheppard	1:05:38	0:12:44	0:07:54	2:20:34	0:10:20	0:06:25	0:00:00
65	42 Code Team	Lesley Matthews	1:05:38	0:12:44	0:07:54	2:08:51	0:09:28	0:05:53	0:00:00
66	43 Salt Marsh Trail Running Group	Joanne Oostveen	1:05:38	0:12:44	0:07:54	2:23:12	0:10:31	0:06:32	<b>0:10:00</b>
67	29 Mister & Misses	Dan Girrior	1:05:38	0:12:44	0:07:54	2:26:08	0:10:44	0:06:40	0:00:00
68	70 Stripes & Stars 2	Jill Aldred	1:05:38	0:12:44	0:07:54	2:13:07	0:09:47	0:06:05	0:00:00
69	4 Never Stop Never Stopping	Dave Wall	1:05:38	0:12:44	0:07:54	2:45:09	0:12:08	0:07:32	0:00:00
70	3 Aerobics First		1:05:38	0:12:44	0:07:54	2:45:09	0:12:08	0:07:32	0:00:00

# UAL RESULTS

Leg	3			This Leg Time	7.0 /mile	11.2 /km	Accum Time	20.6 /mile	33.1 /km	Team Penalties
1	9	Halifax Road Hammers: The Men	Graeme Allardice	0:38:09	0:05:29	0:03:24	1:56:56	0:05:41	0:03:32	0:00:00
2	51	Where's the Fire	Dean Strowbridge	0:38:34	0:05:33	0:03:27	1:53:19	0:05:31	0:03:25	0:00:00
3	46	A Few Good Men	Justian Lalanne	0:39:44	0:05:43	0:03:33	2:00:57	0:05:53	0:03:39	0:00:00
4	45	Oxford @8 II	Joe Stewart	0:41:18	0:05:56	0:03:41	2:15:36	0:06:36	0:04:06	0:00:00
5	44	All Blacks	Paula James	0:41:53	0:06:01	0:03:44	2:08:24	0:06:15	0:03:53	0:00:00
6	6	The Outliers	Mike MacKinnon	0:42:21	0:06:05	0:03:47	2:06:17	0:06:08	0:03:49	0:00:00
7	21	Wenches & Rogues	Bob Butler	0:42:23	0:06:05	0:03:47	2:38:43	0:07:43	0:04:48	0:00:00
8	39	Sally's Original Road Kill	Jeff DeCoste	0:44:01	0:06:19	0:03:56	2:54:20	0:08:29	0:05:16	0:00:00
9	16	Katelyn's Krushers	Richard Wile	0:44:21	0:06:22	0:03:58	2:31:05	0:07:21	0:04:34	0:00:00
10	24	Fast Company Running Club	Dave Nevitt	0:44:29	0:06:24	0:03:58	2:38:19	0:07:42	0:04:47	0:00:00
11	60	Mountain View Renegades	Ian Blenkhorn	0:46:03	0:06:37	0:04:07	2:23:57	0:07:00	0:04:21	0:00:00
12	37	Runner's Attic	Sean Merrett	0:47:02	0:06:45	0:04:12	2:24:07	0:07:00	0:04:21	0:00:00
13	67	Halifax Road Hammers Ladies	Shari Gagnon-Thurston	0:47:14	0:06:47	0:04:13	2:19:08	0:06:46	0:04:12	0:00:00
14	65	Flailing Sharks	Brian Brook	0:47:40	0:06:51	0:04:15	2:32:33	0:07:25	0:04:37	0:00:00
15	54	Beerview Mirrors	Jason Farr	0:48:14	0:06:56	0:04:18	2:38:08	0:07:41	0:04:47	<b>0:05:00</b>
16	11	Halifax Bucket Brigade	Tim Connors	0:48:30	0:06:58	0:04:20	2:35:43	0:07:34	0:04:42	0:00:00
17	40	It Seemed Like a Good Idea	Alison McKinnon	0:48:46	0:07:00	0:04:21	2:32:24	0:07:25	0:04:36	0:00:00
18	48	The Reluctants	Marg Organ	0:48:57	0:07:02	0:04:22	2:40:34	0:07:48	0:04:51	<b>-0:05:00</b>
19	17	Halifax Jogging Team	Melanie Amminson	0:49:02	0:07:03	0:04:23	2:44:57	0:08:01	0:04:59	0:00:00
20	10	Swimmers and Runners	Bill Collins	0:49:50	0:07:10	0:04:27	2:40:22	0:07:48	0:04:51	0:00:00
21	52	Librariruns: Running for our Shelves	Sarah MacDonald	0:50:05	0:07:12	0:04:28	3:07:13	0:09:06	0:05:39	0:00:00
22	68	Halifax Road Hammers 2	Steve Watters	0:50:16	0:07:13	0:04:29	2:26:47	0:07:08	0:04:26	0:00:00
23	49	Packet's Privateers	Tamara Fraser	0:50:28	0:07:15	0:04:30	2:26:26	0:07:07	0:04:25	0:00:00
24	70	Stripes & Stars 2	Julie Weir	0:50:37	0:07:16	0:04:31	3:03:44	0:08:56	0:05:33	0:00:00
25	59	Stripes & Stars	Roger Camus	0:50:38	0:07:17	0:04:31	2:58:58	0:08:42	0:05:24	0:00:00
26	14	Kahlua Cousins	Shawn Shea	0:50:57	0:07:19	0:04:33	2:34:41	0:07:31	0:04:40	0:00:00
27	31	HRP Cops & Runners	Ilya Nielsen	0:51:37	0:07:25	0:04:37	2:36:44	0:07:37	0:04:44	0:00:00
28	50	Cape Breton Barbarians	Nicole Kennedy	0:51:41	0:07:26	0:04:37	2:27:12	0:07:09	0:04:27	0:00:00
29	42	Code Team	Todd MacKinnon	0:51:51	0:07:27	0:04:38	3:00:42	0:08:47	0:05:28	0:00:00
30	30	Border Bounders	Cameron Evans	0:52:16	0:07:31	0:04:40	2:54:56	0:08:30	0:05:17	0:00:00
31	35	Fundulators	Brian Altheim	0:52:35	0:07:33	0:04:42	2:57:45	0:08:39	0:05:22	0:00:00
32	55	Region of Queens Municipalteam	Jo-Anne Lenethen	0:52:51	0:07:36	0:04:43	2:57:40	0:08:38	0:05:22	0:00:00
33	64	Worst Game of Tag Ever	Jason Jambon DeGuerre	0:52:52	0:07:36	0:04:43	2:47:34	0:08:09	0:05:04	0:00:00
34	56	Bishop Mountain Boozers	Tom Bell	0:52:59	0:07:37	0:04:44	2:44:09	0:07:59	0:04:58	0:00:00

# LEG 3 INDIVID

35	1 Rumb Duffers Running Rum Runne	Chris Anderson	0:53:10	0:07:38	0:04:45	2:48:56	0:08:13	0:05:06	0:00:00
36	20 A Strange Collection	Chris Rector	0:53:11	0:07:39	0:04:45	2:27:51	0:07:11	0:04:28	0:00:00
37	26 Rum til You're Done	Rae Germani	0:53:47	0:07:44	0:04:48	2:46:27	0:08:06	0:05:02	0:00:00
38	7 HRC Java Blenders	Pat Kennedy	0:54:07	0:07:47	0:04:50	2:36:54	0:07:38	0:04:44	0:00:00
39	47 Run Ragged Runners	Sandy Allen	0:54:45	0:07:52	0:04:53	2:42:00	0:07:53	0:04:54	0:00:00
40	53 CBRE Closers	Sebastian Duval	0:55:29	0:07:58	0:04:57	2:47:42	0:08:09	0:05:04	<b>0:05:00</b>
41	13 Lost in Pace	Yvonne Jessome	0:55:59	0:08:03	0:05:00	3:16:33	0:09:33	0:05:56	0:00:00
42	66 Your Pace or Mine?	Jill Ritchie	0:56:09	0:08:04	0:05:01	2:59:35	0:08:44	0:05:26	0:00:00
43	36 Captain High Liner's Crew	Paul Jewer	0:56:26	0:08:07	0:05:02	2:54:23	0:08:29	0:05:16	0:00:00
44	62 Premature Acceleration	Kayla Thomas	0:57:10	0:08:13	0:05:06	2:34:36	0:07:31	0:04:40	0:00:00
45	32 Covert Operation	Shelagh Hagen	0:57:11	0:08:13	0:05:06	2:36:21	0:07:36	0:04:43	0:00:00
46	19 Undertrained and Over-Confident	Jenna Meisner	0:58:17	0:08:22	0:05:12	2:55:54	0:08:33	0:05:19	0:00:00
47	28 Eldorado	Mike Waldron	0:58:47	0:08:27	0:05:15	3:09:12	0:09:12	0:05:43	0:00:00
48	63 Gnome Pun Intended	Hannah Armstrong	0:58:51	0:08:27	0:05:15	2:51:04	0:08:19	0:05:10	0:00:00
49	34 Where's Dave?	Susan Smith	0:58:55	0:08:28	0:05:16	2:54:42	0:08:30	0:05:17	0:00:00
50	57 Hooligans	Derek Malcolm	0:59:35	0:08:34	0:05:19	2:51:20	0:08:20	0:05:11	0:00:00
51	29 Mister & Misses	Patricia MacGillivray	0:59:46	0:08:35	0:05:20	3:25:54	0:10:01	0:06:13	0:00:00
52	5 Heart & Sole	Karen Ozon	0:59:47	0:08:35	0:05:20	3:05:37	0:09:01	0:05:36	0:00:00
53	27 BLT Runners	Heather Travis	1:00:29	0:08:41	0:05:24	3:03:56	0:08:57	0:05:33	0:00:00
54	15 KES Skeleton Crew	Novie Parker	1:00:43	0:08:43	0:05:25	2:42:45	0:07:55	0:04:55	0:00:00
55	22 But, Where's the Rum?	Bernadette MacLellan	1:00:56	0:08:45	0:05:26	3:02:58	0:08:54	0:05:32	0:00:00
56	69 Smokey Mountain Daredevils	Delia Schultz	1:02:31	0:08:59	0:05:35	2:49:24	0:08:14	0:05:07	0:00:00
57	23 Hot on the Trail	Tina Hall	1:02:48	0:09:01	0:05:36	3:05:05	0:09:00	0:05:35	0:00:00
58	8 Great Canadian Honking Goose	Janice Noseworthy	1:03:31	0:09:08	0:05:40	2:47:05	0:08:07	0:05:03	0:00:00
59	43 Salt Marsh Trail Running Group	Paula Evans	1:03:37	0:09:08	0:05:41	3:26:49	0:10:03	0:06:15	<b>0:10:00</b>
60	2 Greyhounds	Nancy Holland	1:03:48	0:09:10	0:05:42	3:00:06	0:08:45	0:05:26	0:00:00
61	18 Kahlua Kids	Joanne Shea	1:03:56	0:09:11	0:05:43	2:54:42	0:08:30	0:05:17	0:00:00
62	58 Kicking Asphalt	Chareen Simpson	1:04:21	0:09:15	0:05:45	2:53:02	0:08:25	0:05:14	0:00:00
63	12 M&M Maniacs	Tracy Dewolfe	1:05:30	0:09:25	0:05:51	2:45:56	0:08:04	0:05:01	0:00:00
64	41 Penguin Pacers	Roy MacNeill	1:05:32	0:09:25	0:05:51	3:10:22	0:09:15	0:05:45	0:00:00
65	38 Penguin Pacer Chicks	Beth MacNeill	1:05:33	0:09:25	0:05:51	3:05:15	0:09:00	0:05:36	0:00:00
66	61 Will Run for Wine	Edna Miller	1:08:57	0:09:54	0:06:09	3:25:00	0:09:58	0:06:12	0:00:00
67	25 The Running Mafia	Merla Nickerson	1:10:36	0:10:09	0:06:18	2:58:38	0:08:41	0:05:24	0:00:00
68	33 Greenwood Running Company	Doug Todd	1:11:08	0:10:13	0:06:21	3:02:52	0:08:53	0:05:31	0:00:00
69	4 Never Stop Never Stopping		1:21:08	0:11:39	0:07:15	4:06:17	0:11:58	0:07:26	0:00:00
70	3 Aerobics First		1:21:08	0:11:39	0:07:15	4:06:17	0:11:58	0:07:26	0:00:00

# UAL RESULTS

Leg 4

Pos	Bib	Team Name	Runner Name	This Leg Time	10.6 /mile	17.1 /km	Accum Time	31.2 /mile	50.2 /km	Team Penalties
1	46	A Few Good Men	Greg Wieczorek	0:57:59	0:05:27	0:03:23	2:58:56	0:05:44	0:03:34	0:00:00
2	9	Halifax Road Hammers: The Men	Lee McCarron	0:58:18	0:05:29	0:03:25	2:55:14	0:05:37	0:03:29	0:00:00
3	37	Runner's Attic	Bryan Hipson	1:01:50	0:05:49	0:03:37	3:25:57	0:06:36	0:04:06	0:00:00
4	6	The Outliers	David Holder	1:03:22	0:05:58	0:03:42	3:09:39	0:06:05	0:03:47	0:00:00
5	51	Where's the Fire	Kevin Curnock	1:03:57	0:06:01	0:03:44	2:57:16	0:05:41	0:03:32	0:00:00
6	50	Cape Breton Barbarians		1:06:34	0:06:16	0:03:54	3:33:46	0:06:51	0:04:15	0:00:00
7	20	A Strange Collection	Brian Norman	1:07:43	0:06:22	0:03:58	3:35:34	0:06:55	0:04:18	0:00:00
8	68	Halifax Road Hammers 2	Patrick Bryden	1:07:50	0:06:23	0:03:58	3:34:37	0:06:53	0:04:17	0:00:00
9	44	All Blacks	Bradley Fiander	1:08:13	0:06:25	0:03:59	3:16:37	0:06:18	0:03:55	0:00:00
10	66	Your Pace or Mine?	Matthew McLaughlin	1:09:38	0:06:33	0:04:04	4:09:13	0:07:59	0:04:58	0:00:00
11	45	Oxford @8 II	John Cameron	1:09:43	0:06:34	0:04:05	3:25:19	0:06:35	0:04:05	0:00:00
12	49	Packet's Privateers	Chloe Austin	1:10:51	0:06:40	0:04:09	3:37:17	0:06:58	0:04:20	0:00:00
13	53	CBREclosers	Andrew Bergen	1:12:08	0:06:47	0:04:13	3:59:50	0:07:41	0:04:47	<b>0:05:00</b>
14	69	Smokey Mountain Daredevils	Kerry Coolen	1:13:09	0:06:53	0:04:17	4:02:33	0:07:47	0:04:50	0:00:00
15	33	Greenwood Running Company	Brian Ervin	1:13:11	0:06:53	0:04:17	4:16:03	0:08:13	0:05:06	0:00:00
16	70	Stripes & Stars 2	Andy Fleck	1:13:36	0:06:56	0:04:18	4:17:20	0:08:15	0:05:08	0:00:00
17	8	Great Canadian Honking Goose	Aaron Pettipas	1:13:41	0:06:56	0:04:19	4:00:46	0:07:43	0:04:48	0:00:00
18	17	Halifax Yogging Team	Scott Billard	1:13:49	0:06:57	0:04:19	3:58:46	0:07:39	0:04:45	0:00:00
19	60	Mountain View Renegades	David Walsh	1:13:54	0:06:57	0:04:19	3:37:51	0:06:59	0:04:20	0:00:00
20	54	Beerview Mirrors	Erika Aberg	1:14:50	0:07:03	0:04:23	3:52:58	0:07:28	0:04:38	<b>0:05:00</b>
21	56	Bishop Mountain Boozers	Derek Salley	1:15:11	0:07:05	0:04:24	3:59:20	0:07:40	0:04:46	0:00:00
22	65	Flailing Sharks	Jeremy Ronalds	1:15:39	0:07:07	0:04:25	3:48:12	0:07:19	0:04:33	0:00:00
23	58	Kicking Asphalt	Andrea Whynot	1:15:50	0:07:08	0:04:26	4:08:52	0:07:59	0:04:57	0:00:00
24	67	Halifax Road Hammers Ladies	Charlotte Gardiner	1:16:08	0:07:10	0:04:27	3:35:16	0:06:54	0:04:17	0:00:00
25	32	Covert Operation	Owen Davison	1:16:59	0:07:15	0:04:30	3:53:20	0:07:29	0:04:39	0:00:00
26	42	Code Team	Kelly MacKinnon	1:17:09	0:07:16	0:04:31	4:17:51	0:08:16	0:05:08	0:00:00
27	26	Rum til You're Done	Megan Austen	1:18:21	0:07:22	0:04:35	4:04:48	0:07:51	0:04:53	0:00:00
28	18	Kahlua Kids	Francis Fagan	1:18:34	0:07:24	0:04:36	4:13:16	0:08:07	0:05:03	0:00:00
29	12	M&M Maniacs	Andrew MacIsaac	1:18:38	0:07:24	0:04:36	4:04:34	0:07:50	0:04:52	0:00:00
30	39	Sally's Original Road Kill	Kristen Gough	1:18:56	0:07:26	0:04:37	4:13:16	0:08:07	0:05:03	0:00:00
31	13	Lost in Pace	Adam Lowrey	1:19:51	0:07:31	0:04:40	4:36:24	0:08:52	0:05:30	0:00:00
32	62	Premature Acceleration	Mark Thomas	1:20:56	0:07:37	0:04:44	3:55:32	0:07:33	0:04:42	0:00:00
33	1	Rumb Duffers Running Rum Runne	Tom Mitchell	1:21:04	0:07:38	0:04:44	4:10:00	0:08:01	0:04:59	0:00:00
34	43	Salt Marsh Trail Running Group	Gina Brown	1:21:12	0:07:39	0:04:45	4:48:01	0:09:14	0:05:44	<b>0:10:00</b>

# LEG 4 INDIVID

35	10 Swimmers and Runners	Mike Maguire	1:21:16	0:07:39	0:04:45	4:01:38	0:07:45	0:04:49	0:00:00
36	30 Border Bounders	Jeff Murray	1:21:31	0:07:40	0:04:46	4:16:27	0:08:13	0:05:07	0:00:00
37	24 Fast Company Running Club	Karin Marlin	1:21:35	0:07:41	0:04:46	3:59:54	0:07:41	0:04:47	0:00:00
38	11 Halifax Bucket Brigade	Julie Martel	1:21:38	0:07:41	0:04:46	3:57:21	0:07:37	0:04:44	0:00:00
39	52 Librariruns: Running for our Shelves	Cheryl Smith	1:23:21	0:07:51	0:04:52	4:30:34	0:08:40	0:05:23	0:00:00
40	25 The Running Mafia	Chris Nickerson	1:23:22	0:07:51	0:04:53	4:22:00	0:08:24	0:05:13	0:00:00
41	41 Penguin Pacers	Mark Smutz	1:23:44	0:07:53	0:04:54	4:34:06	0:08:47	0:05:28	0:00:00
42	35 Fundulators	Karl Turner	1:24:23	0:07:56	0:04:56	4:22:08	0:08:24	0:05:13	0:00:00
43	57 Hooligans	Carolyn Morrison	1:24:42	0:07:58	0:04:57	4:16:02	0:08:12	0:05:06	0:00:00
44	63 Gnome Pun Intended	Zeno MacDonald	1:25:03	0:08:00	0:04:58	4:16:07	0:08:13	0:05:06	0:00:00
45	27 BLT Runners	Kevin Cody	1:25:07	0:08:01	0:04:59	4:29:03	0:08:38	0:05:22	0:00:00
46	40 It Seemed Like a Good Idea	Leah Rimmer	1:25:07	0:08:01	0:04:59	3:57:31	0:07:37	0:04:44	0:00:00
47	28 Eldorado	Heather Lynch	1:25:12	0:08:01	0:04:59	4:34:24	0:08:48	0:05:28	0:00:00
48	34 Where's Dave?	Ellen Drysdale	1:25:21	0:08:02	0:04:59	4:20:03	0:08:20	0:05:11	0:00:00
49	2 Greyhounds	Phil Reid	1:26:03	0:08:06	0:05:02	4:26:09	0:08:32	0:05:18	0:00:00
50	14 Kahlua Cousins	Eddy Bacon	1:26:14	0:08:07	0:05:03	4:00:55	0:07:43	0:04:48	0:00:00
51	64 Worst Game of Tag Ever	Lisa Scallion	1:26:24	0:08:08	0:05:03	4:13:58	0:08:09	0:05:04	0:00:00
52	16 Katelyn's Krushers	Stephanie Jones	1:27:59	0:08:17	0:05:09	3:59:04	0:07:40	0:04:46	0:00:00
53	22 But, Where's the Rum?	Cyril Macdonald	1:27:59	0:08:17	0:05:09	4:30:57	0:08:41	0:05:24	0:00:00
54	21 Wenches & Rogues	Jon Hopkins	1:28:02	0:08:17	0:05:09	4:06:45	0:07:55	0:04:55	0:00:00
55	36 Captain High Liner's Crew	Peggy Faulkenham-Boutilier	1:28:59	0:08:22	0:05:12	4:23:22	0:08:27	0:05:15	0:00:00
56	48 The Reluctants	Lena Thompson	1:29:04	0:08:23	0:05:13	4:09:38	0:08:00	0:04:58	<b>-0:05:00</b>
57	31 HRP Cops & Runners	Ian Nielsen	1:29:19	0:08:24	0:05:13	4:06:03	0:07:53	0:04:54	0:00:00
58	38 Penguin Pacer Chicks	Erin Mackay Deagle	1:29:33	0:08:26	0:05:14	4:34:48	0:08:49	0:05:28	0:00:00
59	23 Hot on the Trail	Amanda Worden-Rogers	1:32:13	0:08:41	0:05:24	4:37:18	0:08:53	0:05:31	0:00:00
60	7 HRC Java Blenders	Robin Whyte	1:33:05	0:08:46	0:05:27	4:09:59	0:08:01	0:04:59	0:00:00
61	29 Mister & Misses	Bonnie MacDonald	1:33:18	0:08:47	0:05:27	4:59:12	0:09:36	0:05:58	0:00:00
62	5 Heart & Sole	Greg Cyr	1:33:39	0:08:49	0:05:29	4:39:16	0:08:57	0:05:34	0:00:00
63	15 KES Skeleton Crew	Lesley Murphy	1:37:24	0:09:10	0:05:42	4:20:09	0:08:20	0:05:11	0:00:00
64	19 Undertrained and Over-Confident	Terry Ross Beaudry	1:38:30	0:09:16	0:05:46	4:34:24	0:08:48	0:05:28	0:00:00
65	61 Will Run for Wine	Courtney Dill	1:39:03	0:09:19	0:05:48	5:04:03	0:09:45	0:06:03	0:00:00
66	47 Run Ragged Runners	John MacLean	1:39:58	0:09:24	0:05:51	4:21:58	0:08:24	0:05:13	0:00:00
67	4 Never Stop Never Stopping	Harvey Snair	1:49:58	0:10:21	0:06:26	5:56:15	0:11:25	0:07:06	0:00:00
68	55 Region of Queens Municipalteam	Steve Burns	1:49:58	0:10:21	0:06:26	4:47:38	0:09:13	0:05:44	0:00:00
69	3 Aerobics First		1:49:58	0:10:21	0:06:26	5:56:15	0:11:25	0:07:06	0:00:00
70	59 Stripes & Stars	Doug Bannister	1:49:58	0:10:21	0:06:26	4:48:56	0:09:16	0:05:45	0:00:00



# UAL RESULTS

Leg	5				This Leg Time	2.4 /mile	3.8 /km	Accum Time	33.6 /mile	54.0 /km	Team Penalties	
	1	67	Halifax Road Hammers Ladies		Sophie Watts	0:13:20	0:05:39	0:03:31	3:48:36	0:06:49	0:04:14	0:00:00
	2	46	A Few Good Men		Chris Algar	0:13:20	0:05:39	0:03:31	3:12:16	0:05:44	0:03:34	0:00:00
	3	64	Worst Game of Tag Ever		Adam Quirk	0:13:35	0:05:45	0:03:34	4:27:33	0:07:58	0:04:57	0:00:00
	4	44	All Blacks		Peter Lawson	0:13:55	0:05:54	0:03:40	3:30:32	0:06:16	0:03:54	0:00:00
	5	37	Runner's Attic		Ethan Cunningham	0:13:59	0:05:55	0:03:41	3:39:56	0:06:33	0:04:04	0:00:00
	6	49	Packet's Privateers		Emily Hamilton	0:14:07	0:05:59	0:03:43	3:51:24	0:06:54	0:04:17	0:00:00
	7	9	Halifax Road Hammers: The Men		Dave Arnold	0:14:42	0:06:14	0:03:52	3:09:56	0:05:40	0:03:31	0:00:00
	8	48	The Reluctants		Cameron Power	0:14:56	0:06:19	0:03:56	4:24:34	0:07:53	0:04:54	-0:05:00
	9	42	Code Team		Derek Field	0:15:01	0:06:22	0:03:57	4:32:52	0:08:08	0:05:03	0:00:00
	10	11	Halifax Bucket Brigade		Brian Rogers	0:16:01	0:06:47	0:04:13	4:13:22	0:07:33	0:04:42	0:00:00
	11	69	Smokey Mountain Daredevils		Jackie Marciano	0:16:03	0:06:48	0:04:13	4:18:36	0:07:42	0:04:47	0:00:00
	12	6	The Outliers		Leah Jabbour	0:16:13	0:06:52	0:04:16	3:25:52	0:06:08	0:03:49	0:00:00
	13	17	Halifax Yogging Team		Mark Bin S. Dilangalen	0:16:38	0:07:03	0:04:23	4:15:24	0:07:37	0:04:44	0:00:00
	14	60	Mountain View Renegades		Terri O'Neil	0:16:50	0:07:08	0:04:26	3:54:41	0:07:00	0:04:21	0:00:00
	15	30	Border Bounders		Blaise Dobbin	0:16:55	0:07:10	0:04:27	4:33:22	0:08:09	0:05:04	0:00:00
	16	43	Salt Marsh Trail Running Group		Celene Hecimovich	0:17:24	0:07:22	0:04:35	5:05:25	0:09:06	0:05:39	0:10:00
	17	1	Rumb Duffers Running Rum Runne		Jeff Oakes	0:17:34	0:07:26	0:04:37	4:27:34	0:07:58	0:04:57	0:00:00
	18	20	A Strange Collection		Duane Malone	0:17:42	0:07:30	0:04:39	3:53:16	0:06:57	0:04:19	0:00:00
	19	68	Halifax Road Hammers 2		Craig Michie	0:17:51	0:07:34	0:04:42	3:52:28	0:06:56	0:04:18	0:00:00
	20	45	Oxford @8 II		Gary Drohan	0:17:52	0:07:34	0:04:42	3:43:11	0:06:39	0:04:08	0:00:00
	21	66	Your Pace or Mine?		Bruce Bewen	0:17:59	0:07:37	0:04:44	4:27:12	0:07:58	0:04:57	0:00:00
	22	18	Kahlua Kids		Andy McQueen	0:18:10	0:07:42	0:04:47	4:31:26	0:08:05	0:05:02	0:00:00
	23	62	Premature Acceleration		Katie MacPherson	0:18:12	0:07:42	0:04:47	4:13:44	0:07:34	0:04:42	0:00:00
	24	59	Stripes & Stars		Avard Fahey	0:18:26	0:07:48	0:04:51	5:07:22	0:09:10	0:05:42	0:00:00
	25	51	Where's the Fire		Carol Landry	0:18:31	0:07:51	0:04:52	3:15:47	0:05:50	0:03:38	0:00:00
	26	57	Hooligans		Greg Cunningham	0:18:41	0:07:55	0:04:55	4:34:43	0:08:11	0:05:05	0:00:00
	27	19	Undertrained and Over-Confident		Heather Isenor	0:18:51	0:07:59	0:04:58	4:53:15	0:08:44	0:05:26	0:00:00
	28	22	But, Where's the Rum?		Cyril MacDonald	0:18:52	0:07:59	0:04:58	4:49:49	0:08:38	0:05:22	0:00:00
	29	41	Penguin Pacers		Glen Marsh	0:18:57	0:08:02	0:04:59	4:53:03	0:08:44	0:05:26	0:00:00
	30	5	Heart & Sole		Lindsay Bennett	0:19:00	0:08:03	0:05:00	4:58:16	0:08:53	0:05:31	0:00:00
	31	21	Wenches & Rogues		Adele MacLean	0:19:08	0:08:06	0:05:02	4:25:53	0:07:55	0:04:55	0:00:00
	32	28	Eldorado		Stacy Wentzell	0:19:11	0:08:07	0:05:03	4:53:35	0:08:45	0:05:26	0:00:00
	33	25	The Running Mafia		Rick Crowell	0:19:12	0:08:08	0:05:03	4:41:12	0:08:23	0:05:12	0:00:00
	34	10	Swimmers and Runners		Lori Collins	0:19:34	0:08:17	0:05:09	4:21:12	0:07:47	0:04:50	0:00:00

# LEG 5 INDIVID

35	15 KES Skeleton Crew	Derek Parker	0:19:46	0:08:22	0:05:12	4:39:55	0:08:21	0:05:11	0:00:00
36	65 Flailing Sharks	Lauren Mackenzie	0:19:50	0:08:24	0:05:13	4:08:02	0:07:24	0:04:36	0:00:00
37	38 Penguin Pacer Chicks	Colleen Neynens	0:19:53	0:08:25	0:05:14	4:54:41	0:08:47	0:05:27	0:00:00
38	32 Covert Operation	Joan Wark	0:19:56	0:08:27	0:05:15	4:13:16	0:07:33	0:04:41	0:00:00
39	8 Great Canadian Honking Goose	Greg Murphy	0:20:39	0:08:45	0:05:26	4:21:25	0:07:47	0:04:50	0:00:00
40	29 Mister & Misses	Melanie Stanley	0:20:49	0:08:49	0:05:29	5:20:01	0:09:32	0:05:56	0:00:00
41	27 BLT Runners	Tom Burt	0:20:59	0:08:53	0:05:31	4:50:02	0:08:39	0:05:22	0:00:00
42	50 Cape Breton Barbarians	Jody Kaupp	0:20:59	0:08:53	0:05:31	3:54:45	0:07:00	0:04:21	0:00:00
43	54 Beerview Mirrors	Jenn Cantwell	0:21:28	0:09:05	0:05:39	4:14:26	0:07:35	0:04:43	<b>0:05:00</b>
44	12 M&M Maniacs	Colleen MacIsaac	0:21:30	0:09:06	0:05:39	4:26:04	0:07:56	0:04:56	0:00:00
45	63 Gnome Pun Intended	Steve Gosse	0:21:32	0:09:07	0:05:40	4:37:39	0:08:16	0:05:09	0:00:00
46	58 Kicking Asphalt	Shelley Mosher	0:21:36	0:09:09	0:05:41	4:30:28	0:08:04	0:05:01	0:00:00
47	34 Where's Dave?	Panayiotis Zenetos	0:21:51	0:09:15	0:05:45	4:41:54	0:08:24	0:05:13	0:00:00
48	16 Katelyn's Krushers	Patricia Jones	0:22:06	0:09:22	0:05:49	4:21:10	0:07:47	0:04:50	0:00:00
49	47 Run Ragged Runners	Barrie Steeves	0:22:18	0:09:27	0:05:52	4:44:16	0:08:28	0:05:16	0:00:00
50	53 CBREClosers	Jody MacLean	0:22:37	0:09:35	0:05:57	4:22:27	0:07:49	0:04:52	<b>0:05:00</b>
51	14 Kahlua Cousins	Kevin McCarville	0:22:50	0:09:40	0:06:01	4:23:45	0:07:52	0:04:53	0:00:00
52	56 Bishop Mountain Boozers	Adele Robert	0:22:58	0:09:44	0:06:03	4:22:18	0:07:49	0:04:51	0:00:00
53	40 It Seemed Like a Good Idea	Sandra Gabriel	0:23:10	0:09:49	0:06:06	4:20:41	0:07:46	0:04:50	0:00:00
54	23 Hot on the Trail	Christina Mullen	0:23:16	0:09:51	0:06:07	5:00:34	0:08:57	0:05:34	0:00:00
55	13 Lost in Pace	Andrew Sheppard	0:23:22	0:09:54	0:06:09	4:59:46	0:08:56	0:05:33	0:00:00
56	52 Librariruns: Running for our Shelves	Kathleen Peverill	0:23:28	0:09:56	0:06:11	4:54:02	0:08:46	0:05:27	0:00:00
57	31 HRP Cops & Runners	Kerry Nielson	0:24:00	0:10:10	0:06:19	4:30:03	0:08:03	0:05:00	0:00:00
58	35 Fundulators	Chris Stover	0:24:31	0:10:23	0:06:27	4:46:39	0:08:33	0:05:19	0:00:00
59	33 Greenwood Running Company	Megan Todd	0:25:06	0:10:38	0:06:36	4:41:09	0:08:23	0:05:12	0:00:00
60	70 Stripes & Stars 2	Jonathan Boutin	0:25:10	0:10:40	0:06:37	4:42:30	0:08:25	0:05:14	0:00:00
61	61 Will Run for Wine	Cindy Harris	0:25:38	0:10:51	0:06:45	5:29:41	0:09:50	0:06:06	0:00:00
62	7 HRC Java Blenders	George Pothier	0:25:43	0:10:53	0:06:46	4:35:42	0:08:13	0:05:06	0:00:00
63	24 Fast Company Running Club	Bill Mills	0:26:06	0:11:03	0:06:52	4:26:00	0:07:56	0:04:56	0:00:00
64	26 Rum til You're Done	Grace Parkinson	0:26:11	0:11:05	0:06:53	4:30:59	0:08:05	0:05:01	0:00:00
65	36 Captain High Liner's Crew	Crystal Milbury	0:26:25	0:11:11	0:06:57	4:49:47	0:08:38	0:05:22	0:00:00
66	55 Region of Queens Municipaliteam	Dana Henley	0:26:27	0:11:12	0:06:58	5:14:05	0:09:22	0:05:49	0:00:00
67	39 Sally's Original Road Kill	Mike Harvey	0:28:32	0:12:05	0:07:31	4:41:48	0:08:24	0:05:13	0:00:00
68	4 Never Stop Never Stopping	Sarah Gallant	0:38:32	0:16:19	0:10:08	6:34:47	0:11:46	0:07:19	0:00:00
69	2 Greyhounds	Ross Mitchell	0:38:32	0:16:19	0:10:08	5:04:41	0:09:05	0:05:39	0:00:00
70	3 Aerobics First		0:38:32	0:16:19	0:10:08	6:34:47	0:11:46	0:07:19	0:00:00

# UAL RESULTS

Leg	6				This Leg Time	6.7 /mile	10.8 /km	Accum Time	40.3 /mile	64.8 /km	Team Penalties
	1	9	Halifax Road Hammers: The Men	Jamie Lamond	0:38:36	0:05:45	0:03:34	3:48:32	0:05:41	0:03:32	0:00:00
	2	46	A Few Good Men	Corey Deveaux	0:39:08	0:05:50	0:03:37	3:51:24	0:05:45	0:03:34	0:00:00
	3	60	Mountain View Renegades	Dillon Burgess	0:41:51	0:06:14	0:03:53	4:36:32	0:06:52	0:04:16	0:00:00
	4	6	The Outliers	Craig Hawkins	0:42:23	0:06:19	0:03:55	4:08:15	0:06:10	0:03:50	0:00:00
	5	45	Oxford @8 II	Pat Bradley	0:44:07	0:06:34	0:04:05	4:27:18	0:06:38	0:04:08	0:00:00
	6	67	Halifax Road Hammers Ladies	Shauna Wilcox	0:44:33	0:06:38	0:04:08	4:33:09	0:06:47	0:04:13	0:00:00
	7	44	All Blacks	John Mooy	0:44:58	0:06:42	0:04:10	4:15:30	0:06:21	0:03:57	0:00:00
	8	37	Runner's Attic	Marko Albright	0:46:06	0:06:52	0:04:16	4:26:02	0:06:36	0:04:06	0:00:00
	9	16	Katelyn's Krushers	Ian Whynacht	0:46:12	0:06:53	0:04:17	5:07:22	0:07:38	0:04:45	0:00:00
	10	68	Halifax Road Hammers 2	Blair Miller Sr.	0:47:16	0:07:03	0:04:23	4:39:44	0:06:57	0:04:19	0:00:00
	11	11	Halifax Bucket Brigade	Andrew Maggio	0:47:25	0:07:04	0:04:23	5:00:47	0:07:28	0:04:39	0:00:00
	12	69	Smokey Mountain Daredevils	Leah Genge	0:47:47	0:07:07	0:04:25	5:06:23	0:07:37	0:04:44	0:00:00
	13	7	HRC Java Blenders	Mark Pothier	0:48:53	0:07:17	0:04:32	5:24:35	0:08:04	0:05:01	0:00:00
	14	34	Where's Dave?	Emily Smith	0:49:37	0:07:24	0:04:36	5:31:31	0:08:14	0:05:07	0:00:00
	15	66	Your Pace or Mine?	Jeff Goodine	0:51:00	0:07:36	0:04:43	5:18:12	0:07:54	0:04:55	0:00:00
	16	58	Kicking Asphalt	Ryan Adams	0:51:31	0:07:41	0:04:46	5:21:59	0:08:00	0:04:58	0:00:00
	17	27	BLT Runners	Scott Keeping	0:51:34	0:07:41	0:04:46	5:41:36	0:08:29	0:05:16	0:00:00
	18	51	Where's the Fire	Sue Teakles	0:51:57	0:07:44	0:04:49	4:07:44	0:06:09	0:03:49	0:00:00
	19	35	Fundulators	Melanie Rose	0:51:59	0:07:45	0:04:49	5:38:38	0:08:25	0:05:14	0:00:00
	20	40	It Seemed Like a Good Idea	Jenna Ritter	0:52:10	0:07:46	0:04:50	5:12:51	0:07:46	0:04:50	0:00:00
	21	41	Penguin Pacers	Andrew Boone	0:52:16	0:07:47	0:04:50	5:45:19	0:08:35	0:05:20	0:00:00
	22	13	Lost in Pace	Nicole Beatty	0:52:55	0:07:53	0:04:54	5:52:41	0:08:46	0:05:27	0:00:00
	23	20	A Strange Collection	Sam Donaldson	0:53:58	0:08:03	0:05:00	4:47:14	0:07:08	0:04:26	0:00:00
	24	65	Flailing Sharks	Matt Dukowski	0:53:59	0:08:03	0:05:00	5:02:01	0:07:30	0:04:40	0:00:00
	25	19	Undertrained and Over-Confident	Julie Battist	0:54:02	0:08:03	0:05:00	5:47:17	0:08:37	0:05:22	0:00:00
	26	53	CBREClosers	Chris Carter	0:54:04	0:08:03	0:05:00	5:16:31	0:07:52	0:04:53	<b>0:05:00</b>
	27	31	HRP Cops & Runners	Christian Pluta	0:54:08	0:08:04	0:05:01	5:24:11	0:08:03	0:05:00	0:00:00
	28	26	Rum til You're Done	Jeanette Layes	0:54:22	0:08:06	0:05:02	5:25:21	0:08:05	0:05:01	0:00:00
	29	17	Halifax Yogging Team	Yvonne Jennings	0:54:33	0:08:08	0:05:03	5:09:57	0:07:42	0:04:47	0:00:00
	30	18	Kahlua Kids	Andy McQueen	0:55:03	0:08:12	0:05:06	5:26:29	0:08:07	0:05:02	0:00:00
	31	32	Covert Operation	Angela Covert	0:55:27	0:08:16	0:05:08	5:08:43	0:07:40	0:04:46	0:00:00
	32	33	Greenwood Running Company	Roy Banks	0:55:41	0:08:18	0:05:09	5:36:50	0:08:22	0:05:12	0:00:00
	33	30	Border Bounders	Laura Graham	0:56:00	0:08:21	0:05:11	5:29:22	0:08:11	0:05:05	0:00:00
	34	1	Rumb Duffers Running Rum Runne	Lorrie Griffin	0:56:03	0:08:21	0:05:11	5:23:37	0:08:02	0:05:00	0:00:00

# LEG 6 INDIVID

35	54 Beerview Mirrors	Tomas Stryncl	0:56:27	0:08:25	0:05:14	5:10:53	0:07:43	0:04:48	<b>0:05:00</b>
36	56 Bishop Mountain Boozers	Andrea Service	0:56:32	0:08:25	0:05:14	5:18:50	0:07:55	0:04:55	0:00:00
37	14 Kahlua Cousins	Judy West	0:56:37	0:08:26	0:05:15	5:20:22	0:07:57	0:04:57	0:00:00
38	49 Packet's Privateers	Connie Meister	0:56:45	0:08:27	0:05:15	4:48:09	0:07:09	0:04:27	0:00:00
39	55 Region of Queens Municipaliteam	Colin Vanbuskirk	0:56:46	0:08:28	0:05:15	6:10:51	0:09:13	0:05:43	0:00:00
40	63 Gnome Pun Intended	Jen Kelly	0:56:52	0:08:28	0:05:16	5:34:31	0:08:18	0:05:10	0:00:00
41	62 Premature Acceleration	Jennifer Gough	0:57:21	0:08:33	0:05:19	5:11:05	0:07:44	0:04:48	0:00:00
42	28 Eldorado	Sue Charlton	0:57:29	0:08:34	0:05:19	5:51:04	0:08:43	0:05:25	0:00:00
43	43 Salt Marsh Trail Running Group	Glenn Wallace	0:57:34	0:08:35	0:05:20	6:02:59	0:09:01	0:05:36	<b>0:10:00</b>
44	8 Great Canadian Honking Goose	Debbie Supple	0:58:12	0:08:40	0:05:23	5:19:37	0:07:56	0:04:56	0:00:00
45	59 Stripes & Stars	Shawn Gilligan	0:58:20	0:08:42	0:05:24	6:05:42	0:09:05	0:05:39	0:00:00
46	12 M&M Maniacs	Chris Morrison	0:58:42	0:08:45	0:05:26	5:24:46	0:08:04	0:05:01	0:00:00
47	36 Captain High Liner's Crew	Iris Regimbal	0:58:45	0:08:45	0:05:26	5:48:32	0:08:39	0:05:23	0:00:00
48	23 Hot on the Trail	Leah Gallie	0:59:06	0:08:48	0:05:28	5:59:40	0:08:56	0:05:33	0:00:00
49	50 Cape Breton Barbarians	Carla Maclean	0:59:36	0:08:53	0:05:31	4:54:21	0:07:19	0:04:33	0:00:00
50	61 Will Run for Wine	Penny Walsh McGuire	0:59:55	0:08:56	0:05:33	6:29:36	0:09:41	0:06:01	0:00:00
51	25 The Running Mafia	Troy Flemming	1:00:30	0:09:01	0:05:36	5:41:42	0:08:29	0:05:16	0:00:00
52	39 Sally's Original Road Kill	Raina Macumber Clancey	1:00:43	0:09:03	0:05:37	5:42:31	0:08:30	0:05:17	0:00:00
53	38 Penguin Pacer Chicks	Elizabeth Hill	1:01:49	0:09:13	0:05:43	5:56:30	0:08:51	0:05:30	0:00:00
54	48 The Reluctants	Alayne Power	1:02:06	0:09:15	0:05:45	5:26:40	0:08:07	0:05:02	<b>-0:05:00</b>
55	42 Code Team	Deanna Field	1:03:21	0:09:26	0:05:52	5:36:13	0:08:21	0:05:11	0:00:00
56	10 Swimmers and Runners	Maya Hoehne	1:03:56	0:09:32	0:05:55	5:25:08	0:08:04	0:05:01	0:00:00
57	22 But, Where's the Rum?	Laura Macpherson	1:04:01	0:09:32	0:05:56	5:53:50	0:08:47	0:05:28	0:00:00
58	15 KES Skeleton Crew	Gaynor Ferguson	1:06:09	0:09:51	0:06:08	5:46:04	0:08:36	0:05:20	0:00:00
59	29 Mister & Misses	Megan MacGillivray	1:07:18	0:10:02	0:06:14	6:27:19	0:09:37	0:05:59	0:00:00
60	5 Heart & Sole	Stephanie Watson	1:07:35	0:10:04	0:06:15	6:05:51	0:09:05	0:05:39	0:00:00
61	24 Fast Company Running Club	Margie Kinsman	1:08:53	0:10:16	0:06:23	5:34:53	0:08:19	0:05:10	0:00:00
62	52 Librariruns: Running for our Shelves	Maura Duncan	1:09:48	0:10:24	0:06:28	6:03:50	0:09:02	0:05:37	0:00:00
63	70 Stripes & Stars 2	Jim Reynolds	1:09:56	0:10:25	0:06:29	5:52:26	0:08:45	0:05:26	0:00:00
64	21 Wenches & Rogues	Jamie Comeau	1:12:33	0:10:49	0:06:43	5:38:26	0:08:24	0:05:13	0:00:00
65	47 Run Ragged Runners	Melissa Haley	1:13:06	0:10:54	0:06:46	5:57:22	0:08:53	0:05:31	0:00:00
66	57 Hooligans	Mary-Beth Lunn	1:14:15	0:11:04	0:06:53	5:48:58	0:08:40	0:05:23	0:00:00
67	4 Never Stop Never Stopping	Mathew Vogt	1:24:15	0:12:33	0:07:48	7:59:02	0:11:54	0:07:24	0:00:00
68	64 Worst Game of Tag Ever	Brenda Arnburg	1:24:15	0:12:33	0:07:48	5:51:48	0:08:44	0:05:26	0:00:00
69	2 Greyhounds	James Balcom	1:24:15	0:12:33	0:07:48	6:28:56	0:09:40	0:06:00	0:00:00
70	3 Aerobics First		1:24:15	0:12:33	0:07:48	7:59:02	0:11:54	0:07:24	0:00:00

# UAL RESULTS

Leg	7			This Leg Time	5.8 /mile /km	9.4	Accum Time	46.1 /mile /km	74.2	Team Penalties
	1	9 Halifax Road Hammers: The Men	Drew Moore	0:32:55	0:05:38	0:03:30	4:21:27	0:05:40	0:03:31	0:00:00
	2	46 A Few Good Men	Tyler Germani	0:33:12	0:05:41	0:03:32	4:24:36	0:05:44	0:03:34	0:00:00
	3	45 Oxford @8 II	Ian Loughead	0:34:26	0:05:54	0:03:40	5:01:44	0:06:33	0:04:04	0:00:00
	4	68 Halifax Road Hammers 2	Ian Holdway	0:36:04	0:06:10	0:03:50	5:15:48	0:06:51	0:04:15	0:00:00
	5	44 All Blacks	Taylor Doucette	0:36:12	0:06:12	0:03:51	4:51:42	0:06:20	0:03:56	0:00:00
	6	50 Cape Breton Barbarians	Herbie Sakalausksa	0:37:48	0:06:28	0:04:01	5:32:09	0:07:12	0:04:29	0:00:00
	7	37 Runner's Attic	Chris Mackenzie	0:38:01	0:06:31	0:04:03	5:04:03	0:06:36	0:04:06	0:00:00
	8	51 Where's the Fire	Troy Sandwith	0:38:59	0:06:40	0:04:09	4:46:43	0:06:13	0:03:52	0:00:00
	9	8 Great Canadian Honking Goose	Bruce Gallagher	0:39:54	0:06:50	0:04:15	5:59:31	0:07:48	0:04:51	0:00:00
	10	16 Katelyn's Krushers	Cory Richards	0:39:58	0:06:51	0:04:15	5:47:20	0:07:32	0:04:41	0:00:00
	11	6 The Outliers	Linda MacDonald	0:40:37	0:06:57	0:04:19	4:48:52	0:06:16	0:03:54	0:00:00
	12	1 Rumb Duffers Running Rum Runne	Jason Mossman	0:40:57	0:07:01	0:04:21	6:04:34	0:07:54	0:04:55	0:00:00
	13	42 Code Team	Andrew Wagstaff	0:41:45	0:07:09	0:04:26	6:17:58	0:08:12	0:05:06	0:00:00
	14	20 A Strange Collection	Mike Cogdon	0:41:47	0:07:09	0:04:27	5:29:01	0:07:08	0:04:26	0:00:00
	15	66 Your Pace or Mine?	James Madougall	0:42:00	0:07:11	0:04:28	6:00:12	0:07:49	0:04:51	0:00:00
	16	49 Packet's Privateers	Neil Menzies	0:42:32	0:07:17	0:04:31	5:30:41	0:07:10	0:04:27	0:00:00
	17	69 Smokey Mountain Daredevils	Micheline McWhirter	0:42:32	0:07:17	0:04:31	5:48:55	0:07:34	0:04:42	0:00:00
	18	27 BLT Runners	Stacey Durling	0:43:05	0:07:23	0:04:35	6:24:41	0:08:21	0:05:11	0:00:00
	19	36 Captain High Liner's Crew	Jessica Ali	0:43:26	0:07:26	0:04:37	6:31:58	0:08:30	0:05:17	0:00:00
	20	7 HRC Java Blenders	Sara Thompson	0:43:36	0:07:28	0:04:38	6:08:11	0:07:59	0:04:58	0:00:00
	21	67 Halifax Road Hammers Ladies	Courtney Barbour	0:43:37	0:07:28	0:04:38	5:16:46	0:06:52	0:04:16	0:00:00
	22	30 Border Bounders	Jordan Ruffo	0:43:45	0:07:29	0:04:39	6:13:07	0:08:06	0:05:02	0:00:00
	23	58 Kicking Asphalt	Rob Sullivan	0:44:17	0:07:35	0:04:43	6:06:16	0:07:57	0:04:56	0:00:00
	24	32 Covert Operation	Kerry Fraser	0:44:39	0:07:39	0:04:45	5:53:22	0:07:40	0:04:46	0:00:00
	25	33 Greenwood Running Company	Hughie Bagnell	0:44:47	0:07:40	0:04:46	6:21:37	0:08:17	0:05:09	0:00:00
	26	40 It Seemed Like a Good Idea	Sue Budge	0:45:10	0:07:44	0:04:48	5:58:01	0:07:46	0:04:50	0:00:00
	27	12 M&M Maniacs	Natalie Munro	0:45:21	0:07:46	0:04:49	6:10:07	0:08:02	0:04:59	0:00:00
	28	54 Beerview Mirrors	Martin Dumas	0:45:30	0:07:47	0:04:50	5:56:23	0:07:44	0:04:48	<b>0:05:00</b>
	29	11 Halifax Bucket Brigade	Jeff Clarke	0:45:36	0:07:48	0:04:51	5:46:23	0:07:31	0:04:40	0:00:00
	30	14 Kahlua Cousins	Shawn Shea	0:45:48	0:07:50	0:04:52	6:06:10	0:07:57	0:04:56	0:00:00
	31	56 Bishop Mountain Boozers	Steve Clouthier	0:45:49	0:07:51	0:04:52	6:04:39	0:07:55	0:04:55	0:00:00
	32	53 CBRE Closers	Amber Lawrence	0:46:47	0:08:01	0:04:59	6:03:18	0:07:53	0:04:54	<b>0:05:00</b>
	33	61 Will Run for Wine	Jillian Nicole	0:46:52	0:08:01	0:04:59	7:16:28	0:09:28	0:05:53	0:00:00
	34	23 Hot on the Trail	Katie Collins	0:47:15	0:08:05	0:05:02	6:46:55	0:08:50	0:05:29	0:00:00

# LEG 7 INDIVID

35	31 HRP Cops & Runners	Brent Fiander	0:47:44	0:08:10	0:05:05	6:11:55	0:08:04	0:05:01	0:00:00
36	24 Fast Company Running Club	Brad Bishop	0:47:44	0:08:10	0:05:05	6:22:37	0:08:18	0:05:09	0:00:00
37	15 KES Skeleton Crew	Karen Jones	0:47:53	0:08:12	0:05:06	6:33:57	0:08:33	0:05:19	0:00:00
38	21 Wenches & Rogues	Angela Gallant	0:49:21	0:08:27	0:05:15	6:27:47	0:08:25	0:05:14	0:00:00
39	38 Penguin Pacer Chicks	Heather MacDonald	0:49:31	0:08:29	0:05:16	6:46:01	0:08:48	0:05:28	0:00:00
40	41 Penguin Pacers	Ryan Hutchinson	0:49:37	0:08:30	0:05:17	6:34:56	0:08:34	0:05:19	0:00:00
41	43 Salt Marsh Trail Running Group	Glenn Robb	0:50:26	0:08:38	0:05:22	6:53:25	0:08:58	0:05:34	<b>0:10:00</b>
42	70 Stripes & Stars 2	Doug Bannister	0:51:03	0:08:44	0:05:26	6:43:29	0:08:45	0:05:26	0:00:00
43	59 Stripes & Stars	Chris Miller	0:51:04	0:08:45	0:05:26	6:56:46	0:09:02	0:05:37	0:00:00
44	5 Heart & Sole	Freda Cormier	0:51:18	0:08:47	0:05:27	6:57:09	0:09:03	0:05:37	0:00:00
45	25 The Running Mafia	Jody Crook	0:52:01	0:08:54	0:05:32	6:33:43	0:08:32	0:05:18	0:00:00
46	48 The Reluctants	Randy Gordon	0:52:10	0:08:56	0:05:33	6:18:50	0:08:13	0:05:06	<b>-0:05:00</b>
47	17 Halifax Jogging Team	Laura MacLeod	0:52:21	0:08:58	0:05:34	6:02:18	0:07:51	0:04:53	0:00:00
48	10 Swimmers and Runners	Joanne Johnsen	0:52:27	0:08:59	0:05:35	6:17:35	0:08:11	0:05:05	0:00:00
49	60 Mountain View Renegades	Sherry Brennan	0:52:33	0:09:00	0:05:35	5:29:05	0:07:08	0:04:26	0:00:00
50	63 Gnome Pun Intended	Charity Kaiser	0:52:46	0:09:02	0:05:37	6:27:17	0:08:24	0:05:13	0:00:00
51	57 Hooligans	Steve Lunn	0:52:47	0:09:02	0:05:37	6:41:45	0:08:43	0:05:25	0:00:00
52	19 Undertrained and Over-Confident	Tiffany Dicks	0:53:20	0:09:08	0:05:40	6:40:37	0:08:41	0:05:24	0:00:00
53	62 Premature Acceleration	Carla Sala	0:54:03	0:09:15	0:05:45	6:05:08	0:07:55	0:04:55	0:00:00
54	52 Librariruns: Running for our Shelves	Janice Fiander	0:54:15	0:09:17	0:05:46	6:58:05	0:09:04	0:05:38	0:00:00
55	65 Flailing Sharks	Scott Rockwell	0:54:16	0:09:17	0:05:46	5:56:17	0:07:44	0:04:48	0:00:00
56	34 Where's Dave?	Hugh Wright	0:54:50	0:09:23	0:05:50	6:26:21	0:08:23	0:05:12	0:00:00
57	22 But, Where's the Rum?	Patricia Swan	0:55:22	0:09:29	0:05:53	6:49:12	0:08:53	0:05:31	0:00:00
58	13 Lost in Pace	Jim MacNeil	0:55:23	0:09:29	0:05:54	6:48:04	0:08:51	0:05:30	0:00:00
59	18 Kahlua Kids	Donnie Walsh	0:56:13	0:09:37	0:05:59	6:22:42	0:08:18	0:05:09	0:00:00
60	47 Run Ragged Runners	Matt Hannam	0:56:45	0:09:43	0:06:02	6:54:07	0:08:59	0:05:35	0:00:00
61	2 Greyhounds	David Christie	0:57:59	0:09:56	0:06:10	7:26:55	0:09:42	0:06:01	0:00:00
62	26 Rum til You're Done	Robin MacLennan	0:59:41	0:10:13	0:06:21	6:25:02	0:08:21	0:05:11	0:00:00
63	64 Worst Game of Tag Ever	Krista Elvidge	0:59:51	0:10:15	0:06:22	6:51:39	0:08:56	0:05:33	0:00:00
64	55 Region of Queens Municipaliteam	Miles Mortensen	1:00:34	0:10:22	0:06:27	7:11:25	0:09:21	0:05:49	0:00:00
65	28 Eldorado		1:10:34	0:12:05	0:07:30	7:01:38	0:09:09	0:05:41	0:00:00
66	29 Mister & Misses	Juanita Pelly	1:10:34	0:12:05	0:07:30	7:37:53	0:09:56	0:06:10	0:00:00
67	39 Sally's Original Road Kill	Amanda Bridgeo	1:10:34	0:12:05	0:07:30	6:53:05	0:08:58	0:05:34	0:00:00
68	35 Fundulators	Devon Theriault	1:10:34	0:12:05	0:07:30	6:49:12	0:08:53	0:05:31	0:00:00
69	3 Aerobics First		1:10:34	0:12:05	0:07:30	9:09:36	0:11:55	0:07:24	0:00:00
70	4 Never Stop Never Stopping		1:10:34	0:12:05	0:07:30	9:09:36	0:11:55	0:07:24	0:00:00

# UAL RESULTS

Leg	8			This Leg Time	8.0 /mile	12.9 /km	Accum Time	54.1 /mile	87.1 /km	Team Penalties
	1	46 A Few Good Men	John Corbit	0:44:10	0:05:31	0:03:25	5:08:46	0:05:42	0:03:33	0:00:00
	2	9 Halifax Road Hammers: The Men	Andrew Coates	0:46:11	0:05:46	0:03:35	5:07:38	0:05:41	0:03:32	0:00:00
	3	44 All Blacks	Michael Bergeron	0:51:11	0:06:23	0:03:58	5:42:53	0:06:20	0:03:56	0:00:00
	4	37 Runner's Attic	Kaili Van Vulpen	0:52:00	0:06:29	0:04:02	5:56:03	0:06:35	0:04:05	0:00:00
	5	54 Beerview Mirrors	Ian Cunningham	0:53:51	0:06:43	0:04:10	6:50:14	0:07:35	0:04:43	<b>0:05:00</b>
	6	60 Mountain View Renegades	Mike Tunnah	0:54:02	0:06:44	0:04:11	6:23:07	0:07:05	0:04:24	0:00:00
	7	67 Halifax Road Hammers Ladies	Andrew Davis	0:54:24	0:06:47	0:04:13	6:11:10	0:06:51	0:04:16	0:00:00
	8	6 The Outliers	Natalia Borszczow	0:55:24	0:06:55	0:04:18	5:44:16	0:06:22	0:03:57	0:00:00
	9	51 Where's the Fire	Patrick White	0:55:27	0:06:55	0:04:18	5:42:10	0:06:19	0:03:56	0:00:00
	10	45 Oxford @8 II	Corrine Fournier	0:56:33	0:07:03	0:04:23	5:58:17	0:06:37	0:04:07	0:00:00
	11	50 Cape Breton Barbarians	Marcel Ritter	0:56:47	0:07:05	0:04:24	6:28:56	0:07:11	0:04:28	0:00:00
	12	11 Halifax Bucket Brigade	Stephanie Myles	0:57:35	0:07:11	0:04:28	6:43:58	0:07:28	0:04:38	0:00:00
	13	68 Halifax Road Hammers 2	Connor Scott	0:58:02	0:07:14	0:04:30	6:13:50	0:06:54	0:04:18	0:00:00
	14	69 Smokey Mountain Daredevils	Jody Clarke	0:58:29	0:07:18	0:04:32	6:47:24	0:07:32	0:04:41	0:00:00
	15	58 Kicking Asphalt	Johnny Graham	0:58:34	0:07:18	0:04:32	7:04:50	0:07:51	0:04:53	0:00:00
	16	7 HRC Java Blenders	Tim Harmon	0:58:58	0:07:21	0:04:34	7:07:09	0:07:54	0:04:54	0:00:00
	17	40 It Seemed Like a Good Idea	Morag MacDonald	0:59:17	0:07:24	0:04:36	6:57:18	0:07:43	0:04:47	0:00:00
	18	62 Premature Acceleration	Ria Guidone	0:59:31	0:07:26	0:04:37	7:04:39	0:07:51	0:04:53	0:00:00
	19	15 KES Skeleton Crew	Curtis Enman	0:59:45	0:07:27	0:04:38	7:33:42	0:08:23	0:05:13	0:00:00
	20	47 Run Ragged Runners	Lisa Charbonneau	1:00:20	0:07:32	0:04:41	7:54:27	0:08:46	0:05:27	0:00:00
	21	8 Great Canadian Honking Goose	Ron Fox	1:00:32	0:07:33	0:04:42	7:00:03	0:07:46	0:04:49	0:00:00
	22	27 BLT Runners	Julia Smith	1:00:47	0:07:35	0:04:43	7:25:28	0:08:14	0:05:07	0:00:00
	23	36 Captain High Liner's Crew	Stephan Richard	1:00:56	0:07:36	0:04:43	7:32:54	0:08:22	0:05:12	0:00:00
	24	35 Fundulators	Matt Hennigar	1:00:57	0:07:36	0:04:43	7:50:09	0:08:41	0:05:24	0:00:00
	25	12 M&M Maniacs	Peter Theriault	1:01:02	0:07:37	0:04:44	7:11:09	0:07:58	0:04:57	0:00:00
	26	16 Katelyn's Krushers	Darrell Munro	1:01:17	0:07:39	0:04:45	6:48:37	0:07:33	0:04:41	0:00:00
	27	41 Penguin Pacers	Sean Dixon	1:01:21	0:07:39	0:04:45	7:36:17	0:08:26	0:05:14	0:00:00
	28	49 Packet's Privateers	Scott MacIntyre	1:01:26	0:07:40	0:04:46	6:32:07	0:07:15	0:04:30	0:00:00
	29	20 A Strange Collection	Victor Nickerson	1:02:05	0:07:45	0:04:49	6:31:06	0:07:14	0:04:29	0:00:00
	30	13 Lost in Pace	Doug Ledger	1:02:19	0:07:46	0:04:50	7:50:23	0:08:41	0:05:24	0:00:00
	31	53 CBREclosers	Paul Sheppard	1:02:29	0:07:48	0:04:51	7:05:47	0:07:52	0:04:53	<b>0:05:00</b>
	32	1 Rumb Duffers Running Rum Runne	Matt Houston	1:02:38	0:07:49	0:04:51	7:07:12	0:07:54	0:04:54	0:00:00
	33	30 Border Bounders	David Stobbe	1:03:30	0:07:55	0:04:55	7:16:37	0:08:04	0:05:01	0:00:00
	34	26 Rum til You're Done	Reg Wade	1:04:01	0:07:59	0:04:58	7:29:03	0:08:18	0:05:09	0:00:00
			Shawna Bennett							

# LEG 8 INDIVID

35	65 Flailing Sharks	Robin Izzard	1:04:18	0:08:01	0:04:59	7:00:35	0:07:46	0:04:50	0:00:00
36	64 Worst Game of Tag Ever	Melissa Quirk	1:04:22	0:08:02	0:04:59	7:56:01	0:08:48	0:05:28	0:00:00
37	19 Undertrained and Over-Confident	Joanne Cyr-Allen	1:04:43	0:08:04	0:05:01	7:45:20	0:08:36	0:05:21	0:00:00
38	66 Your Pace or Mine?	Lisa Matheson	1:04:57	0:08:06	0:05:02	7:05:09	0:07:51	0:04:53	0:00:00
39	63 Gnome Pun Intended	Deb Parker	1:05:58	0:08:14	0:05:07	7:33:15	0:08:22	0:05:12	0:00:00
40	32 Covert Operation	Heather Mosher	1:06:05	0:08:15	0:05:07	6:59:27	0:07:45	0:04:49	0:00:00
41	25 The Running Mafia	Colin Wickens	1:06:13	0:08:16	0:05:08	7:39:56	0:08:30	0:05:17	0:00:00
42	21 Wenches & Rogues	Patrick Edwards	1:06:28	0:08:18	0:05:09	7:34:15	0:08:24	0:05:13	0:00:00
43	42 Code Team	Tari Kryzwonos	1:07:17	0:08:24	0:05:13	7:25:15	0:08:14	0:05:07	0:00:00
44	57 Hooligans	Katie Bent	1:08:15	0:08:31	0:05:17	7:50:00	0:08:41	0:05:24	0:00:00
45	23 Hot on the Trail	Sa Hall	1:08:23	0:08:32	0:05:18	7:55:18	0:08:47	0:05:27	0:00:00
46	31 HRP Cops & Runners	Diane Penfound	1:08:29	0:08:33	0:05:19	7:20:24	0:08:08	0:05:03	0:00:00
47	10 Swimmers and Runners	Steve Devitt	1:08:32	0:08:33	0:05:19	7:26:07	0:08:15	0:05:07	0:00:00
48	5 Heart & Sole	Phil Diochon	1:08:42	0:08:34	0:05:20	8:05:51	0:08:59	0:05:35	0:00:00
49	52 Librariruns: Running for our Shelves	Nick Manual	1:08:49	0:08:35	0:05:20	8:06:54	0:09:00	0:05:35	0:00:00
50	38 Penguin Pacer Chicks	Jen Flynn	1:09:09	0:08:38	0:05:22	7:55:10	0:08:47	0:05:27	0:00:00
51	48 The Reluctants	Iain Smart	1:09:12	0:08:38	0:05:22	7:28:02	0:08:17	0:05:09	<b>-0:05:00</b>
52	43 Salt Marsh Trail Running Group	Dave Evans	1:09:15	0:08:38	0:05:22	8:02:40	0:08:55	0:05:32	<b>0:10:00</b>
53	17 Halifax Yogging Team	James Ruddock	1:09:50	0:08:43	0:05:25	7:12:08	0:07:59	0:04:58	0:00:00
54	28 Eldorado	Danny Nolan	1:10:08	0:08:45	0:05:26	8:11:46	0:09:05	0:05:39	0:00:00
55	55 Region of Queens Municipaliteam	Jack Fancy	1:10:24	0:08:47	0:05:27	8:21:49	0:09:16	0:05:46	0:00:00
56	18 Kahlua Kids	Nancy Morris	1:10:40	0:08:49	0:05:29	7:33:22	0:08:23	0:05:12	0:00:00
57	59 Stripes & Stars	Garrett Merrill	1:12:50	0:09:05	0:05:39	8:09:36	0:09:03	0:05:37	0:00:00
58	24 Fast Company Running Club	Paulette Goulden	1:13:12	0:09:08	0:05:40	7:35:49	0:08:25	0:05:14	0:00:00
59	33 Greenwood Running Company	Heather Bell	1:14:58	0:09:21	0:05:49	7:36:35	0:08:26	0:05:15	0:00:00
60	29 Mister & Misses	Dale Melanson	1:15:02	0:09:22	0:05:49	8:52:55	0:09:51	0:06:07	0:00:00
61	14 Kahlua Cousins	Cathy VanInderstine	1:15:57	0:09:29	0:05:53	7:22:07	0:08:10	0:05:05	0:00:00
62	34 Where's Dave?	Bruce Strum	1:15:58	0:09:29	0:05:53	7:42:19	0:08:33	0:05:18	0:00:00
63	2 Greyhounds	Yigit Aydede	1:16:15	0:09:31	0:05:55	8:43:10	0:09:40	0:06:00	0:00:00
64	70 Stripes & Stars 2	Colin Delorey	1:21:30	0:10:10	0:06:19	8:04:59	0:08:58	0:05:34	0:00:00
65	22 But, Where's the Rum?	Peter Hanna	1:23:55	0:10:28	0:06:30	8:13:07	0:09:07	0:05:40	0:00:00
66	61 Will Run for Wine	Lana Chaisson	1:33:55	0:11:43	0:07:17	8:50:23	0:09:48	0:06:05	0:00:00
67	39 Sally's Original Road Kill	Scott Mason	1:33:55	0:11:43	0:07:17	8:27:00	0:09:22	0:05:49	0:00:00
68	4 Never Stop Never Stopping	John Zwicker	1:33:55	0:11:43	0:07:17	10:43:31	0:11:53	0:07:23	0:00:00
69	3 Aerobics First		1:33:55	0:11:43	0:07:17	10:43:31	0:11:53	0:07:23	0:00:00
70	56 Bishop Mountain Boozers	Jennifer Acker	1:33:55	0:11:43	0:07:17	7:38:34	0:08:28	0:05:16	0:00:00



# UAL RESULTS

Leg	9				This Leg Time	7.8 /mile /km	12.6	Accum Time	62.0 /mile /km	99.7	Team Penalties
Pos	Bib	Team Name	Runner Name								
1	51	Where's the Fire	James Murphy		0:42:20	0:05:24	0:03:22	6:24:30	0:06:12	0:03:51	0:00:00
2	46	A Few Good Men	John Corbit		0:42:28	0:05:25	0:03:22	5:51:14	0:05:40	0:03:31	0:00:00
3	9	Halifax Road Hammers: The Men	Rami Bardeesy		0:43:34	0:05:34	0:03:27	5:51:12	0:05:40	0:03:31	0:00:00
4	6	The Outliers	Matthew White		0:45:58	0:05:52	0:03:39	6:30:14	0:06:18	0:03:55	0:00:00
5	8	Great Canadian Honking Goose	Frank Reinhardt		0:47:40	0:06:05	0:03:47	7:47:43	0:07:33	0:04:41	0:00:00
6	63	Gnome Pun Intended	Vincent Merriam		0:48:12	0:06:09	0:03:50	8:21:27	0:08:06	0:05:02	0:00:00
7	60	Mountain View Renegades	Andrew Claery		0:49:46	0:06:21	0:03:57	7:12:53	0:06:59	0:04:21	0:00:00
8	37	Runner's Attic	Darcy Robbins		0:50:10	0:06:24	0:03:59	6:46:13	0:06:33	0:04:04	0:00:00
9	13	Lost in Pace	Larry Shipp		0:50:10	0:06:24	0:03:59	8:40:33	0:08:24	0:05:13	0:00:00
10	52	Librariruns: Running for our Shelves	Don Holder		0:50:40	0:06:28	0:04:01	8:57:34	0:08:41	0:05:24	0:00:00
11	16	Katelyn's Krushers	Andrew Hanlon		0:50:42	0:06:29	0:04:01	7:39:19	0:07:25	0:04:36	0:00:00
12	68	Halifax Road Hammers 2	Jeremy Lethbridge		0:51:04	0:06:31	0:04:03	7:04:54	0:06:52	0:04:16	0:00:00
13	15	KES Skeleton Crew	Matt Smith		0:52:54	0:06:45	0:04:12	8:26:36	0:08:11	0:05:05	0:00:00
14	44	All Blacks	Kyla Gillis		0:54:14	0:06:56	0:04:18	6:37:07	0:06:25	0:03:59	0:00:00
15	28	Eldorado	Jake Honig		0:55:35	0:07:06	0:04:25	9:07:21	0:08:50	0:05:29	0:00:00
16	56	Bishop Mountain Boozers	Rob Ens		0:55:38	0:07:06	0:04:25	8:34:12	0:08:18	0:05:09	0:00:00
17	20	A Strange Collection	Andrew Woods		0:56:06	0:07:10	0:04:27	7:27:12	0:07:13	0:04:29	0:00:00
18	39	Sally's Original Road Kill	Steve Addison		0:56:12	0:07:11	0:04:28	9:23:12	0:09:05	0:05:39	0:00:00
19	62	Premature Acceleration	Colin Wiseman		0:57:00	0:07:17	0:04:31	8:01:39	0:07:46	0:04:50	0:00:00
20	1	Rumb Duffers Running Rum Runne	Cliffy Dunford		0:57:41	0:07:22	0:04:35	8:04:53	0:07:50	0:04:52	0:00:00
21	45	Oxford @8 II	Garry Stewart		0:58:11	0:07:26	0:04:37	6:56:28	0:06:43	0:04:11	0:00:00
22	67	Halifax Road Hammers Ladies	Kari Ellen Graham		0:58:34	0:07:29	0:04:39	7:09:44	0:06:56	0:04:19	0:00:00
23	31	HRP Cops & Runners	Greg Robertson		0:58:35	0:07:29	0:04:39	8:18:59	0:08:03	0:05:00	0:00:00
24	58	Kicking Asphalt	Anne Adams		0:59:49	0:07:38	0:04:45	8:04:39	0:07:49	0:04:52	0:00:00
25	64	Worst Game of Tag Ever	Candace Weaver Reid		1:00:36	0:07:44	0:04:49	8:56:37	0:08:40	0:05:23	0:00:00
26	42	Code Team	Tanya Munroe		1:00:40	0:07:45	0:04:49	8:25:55	0:08:10	0:05:04	0:00:00
27	35	Fundulators	Susan Horton		1:00:43	0:07:45	0:04:49	8:50:52	0:08:34	0:05:19	0:00:00
28	40	It Seemed Like a Good Idea	Meaghan Kerman		1:00:52	0:07:46	0:04:50	7:58:10	0:07:43	0:04:48	0:00:00
29	34	Where's Dave?	Gus Richardson		1:00:53	0:07:47	0:04:50	8:43:12	0:08:27	0:05:15	0:00:00
30	7	HRC Java Blenders	Laura Speer		1:01:03	0:07:48	0:04:51	8:08:12	0:07:53	0:04:54	0:00:00
31	32	Covert Operation	Jeff Covert		1:01:17	0:07:50	0:04:52	8:00:44	0:07:46	0:04:49	0:00:00
32	17	Halifax Yogging Team	Gerald Hanrahan		1:01:59	0:07:55	0:04:55	8:14:07	0:07:59	0:04:57	0:00:00
33	14	Kahlua Cousins	Pam Power McKenna		1:02:04	0:07:56	0:04:56	8:24:11	0:08:08	0:05:03	0:00:00
34	53	CBRE Closers	Brad Brakke		1:02:53	0:08:02	0:04:59	8:08:40	0:07:53	0:04:54	<b>0:05:00</b>

# LEG 9 INDIVID

35	66 Your Pace or Mine?	Shannon Monk	1:03:29	0:08:07	0:05:02	8:08:38	0:07:53	0:04:54	0:00:00
36	41 Penguin Pacers	Doug Archibald	1:04:21	0:08:13	0:05:06	8:40:38	0:08:24	0:05:13	0:00:00
37	69 Smokey Mountain Daredevils	David Nurse	1:04:57	0:08:18	0:05:09	7:52:21	0:07:37	0:04:44	0:00:00
38	11 Halifax Bucket Brigade	Mike Crooks	1:05:03	0:08:19	0:05:10	7:49:01	0:07:34	0:04:42	0:00:00
39	12 M&M Maniacs	Alastair Collins	1:05:10	0:08:19	0:05:10	8:16:19	0:08:01	0:04:59	0:00:00
40	57 Hooligans	Greg Cunningham	1:05:41	0:08:23	0:05:13	8:55:41	0:08:39	0:05:22	0:00:00
41	36 Captain High Liner's Crew	Tara Green	1:05:43	0:08:24	0:05:13	8:38:37	0:08:22	0:05:12	0:00:00
42	27 BLT Runners	Tom Boyce	1:06:09	0:08:27	0:05:15	8:31:37	0:08:16	0:05:08	0:00:00
43	22 But, Where's the Rum?	Allison Hodder	1:06:43	0:08:31	0:05:18	9:19:50	0:09:02	0:05:37	0:00:00
44	49 Packet's Privateers	Victor Nickerson	1:06:50	0:08:32	0:05:18	7:38:57	0:07:24	0:04:36	0:00:00
45	33 Greenwood Running Company	Nancy Coakley	1:07:09	0:08:35	0:05:20	8:43:44	0:08:27	0:05:15	0:00:00
46	26 Rum til You're Done	Melanie Landry	1:07:09	0:08:35	0:05:20	8:36:12	0:08:20	0:05:11	0:00:00
47	50 Cape Breton Barbarians	Karne Campbell	1:07:16	0:08:35	0:05:20	7:36:12	0:07:22	0:04:35	0:00:00
48	61 Will Run for Wine	Jodi Lambie	1:07:47	0:08:39	0:05:23	9:58:10	0:09:39	0:06:00	0:00:00
49	25 The Running Mafia	Paul Sears	1:07:55	0:08:40	0:05:23	8:47:51	0:08:31	0:05:18	0:00:00
50	65 Flailing Sharks	Rhyan Langille	1:08:01	0:08:41	0:05:24	8:08:36	0:07:53	0:04:54	0:00:00
51	30 Border Bounders	Erin Penney	1:08:09	0:08:42	0:05:25	8:24:46	0:08:09	0:05:04	0:00:00
52	23 Hot on the Trail	Sarah Kennedy	1:08:28	0:08:45	0:05:26	9:03:46	0:08:47	0:05:27	0:00:00
53	54 Beerview Mirrors	Lisbeth Nielsen	1:08:54	0:08:48	0:05:28	7:59:08	0:07:44	0:04:48	<b>0:05:00</b>
54	24 Fast Company Running Club	Maureen Cullen	1:08:57	0:08:48	0:05:28	8:44:46	0:08:28	0:05:16	0:00:00
55	19 Undertrained and Over-Confident	Jess Hillinger	1:09:20	0:08:51	0:05:30	8:54:40	0:08:38	0:05:22	0:00:00
56	21 Wenches & Rogues	Mark Siscoe	1:09:20	0:08:51	0:05:30	8:43:35	0:08:27	0:05:15	0:00:00
57	55 Region of Queens Municipality	Jane Barker	1:09:37	0:08:54	0:05:32	9:31:26	0:09:13	0:05:44	0:00:00
58	48 The Reluctants	Dimi Dimitriou	1:10:32	0:09:01	0:05:36	8:38:34	0:08:22	0:05:12	<b>-0:05:00</b>
59	38 Penguin Pacer Chicks	Leslie Wilbur-Campbell	1:11:00	0:09:04	0:05:38	9:06:10	0:08:49	0:05:29	0:00:00
60	18 Kahlua Kids	Barb Desroches	1:14:09	0:09:28	0:05:53	8:47:31	0:08:31	0:05:17	0:00:00
61	70 Stripes & Stars 2	Blaise Curry	1:16:43	0:09:48	0:06:05	9:21:42	0:09:04	0:05:38	0:00:00
62	47 Run Ragged Runners	Anne-Marie Curtis	1:17:10	0:09:51	0:06:07	9:11:37	0:08:54	0:05:32	0:00:00
63	5 Heart & Sole	Barb McGuire	1:17:40	0:09:55	0:06:10	9:23:31	0:09:06	0:05:39	0:00:00
64	4 Never Stop Never Stopping		1:17:40	0:09:55	0:06:10	12:01:11	0:11:38	0:07:14	0:00:00
65	10 Swimmers and Runners	Ted MacDonald	1:27:40	0:11:12	0:06:57	8:53:47	0:08:37	0:05:21	0:00:00
66	29 Mister & Misses	Maureen Coady	1:27:40	0:11:12	0:06:57	10:20:35	0:10:01	0:06:13	0:00:00
67	3 Aerobics First		1:27:40	0:11:12	0:06:57	12:11:11	0:11:48	0:07:20	0:00:00
68	43 Salt Marsh Trail Running Group	Cheryl Tannahill	1:27:40	0:11:12	0:06:57	9:30:20	0:09:12	0:05:43	<b>0:10:00</b>
69	59 Stripes & Stars	Ashley Macdonald	1:27:40	0:11:12	0:06:57	9:37:16	0:09:19	0:05:47	0:00:00
70	2 Greyhounds	Jacques Thibault	1:27:40	0:11:12	0:06:57	10:10:50	0:09:52	0:06:08	0:00:00

# QUAL RESULTS

Leg	10			This Leg Time	6.8 /mile /km	10.9	Accum Time	68.7 /mile /km	110.6	Team Penalties	
	1	46	A Few Good Men	Dan Gorman	0:36:36	0:05:24	0:03:21	6:27:50	0:05:39	0:03:30	0:00:00
	2	9	Halifax Road Hammers: The Men	Mark Brown	0:36:51	0:05:26	0:03:23	6:28:03	0:05:39	0:03:31	0:00:00
	3	51	Where's the Fire	Justin Young	0:37:36	0:05:33	0:03:27	7:02:06	0:06:09	0:03:49	0:00:00
	4	57	Hooligans	Justin Clarke	0:37:38	0:05:33	0:03:27	9:33:19	0:08:21	0:05:11	0:00:00
	5	62	Premature Acceleration	Chad Gilbert	0:39:18	0:05:48	0:03:36	8:40:57	0:07:35	0:04:43	0:00:00
	6	70	Stripes & Stars 2	Colin Miller	0:41:01	0:06:03	0:03:46	10:02:43	0:08:46	0:05:27	0:00:00
	7	6	The Outliers	Holly VanGestel	0:42:08	0:06:13	0:03:52	7:12:22	0:06:17	0:03:55	0:00:00
	8	39	Sally's Original Road Kill	Brent Addison	0:43:14	0:06:23	0:03:58	10:06:26	0:08:49	0:05:29	0:00:00
	9	49	Packet's Privateers	Chloe Austin	0:43:52	0:06:29	0:04:01	8:22:49	0:07:19	0:04:33	0:00:00
	10	44	All Blacks	Vance Kruszewski	0:44:06	0:06:31	0:04:03	7:21:13	0:06:25	0:03:59	0:00:00
	11	16	Katelyn's Krushers	Tim Duguay	0:44:10	0:06:31	0:04:03	8:23:29	0:07:20	0:04:33	0:00:00
	12	67	Halifax Road Hammers Ladies	Erin Poirier	0:44:10	0:06:31	0:04:03	7:53:54	0:06:54	0:04:17	0:00:00
	13	27	BLT Runners	Craig Durling	0:44:26	0:06:34	0:04:05	9:16:03	0:08:05	0:05:02	0:00:00
	14	24	Fast Company Running Club	Dave Nevitt	0:44:31	0:06:34	0:04:05	9:29:17	0:08:17	0:05:09	0:00:00
	15	45	Oxford @8 II	Graham Gagnon	0:45:05	0:06:39	0:04:08	7:41:33	0:06:43	0:04:10	0:00:00
	16	68	Halifax Road Hammers 2	Damian McCarville	0:45:11	0:06:40	0:04:09	7:50:05	0:06:50	0:04:15	0:00:00
	17	55	Region of Queens Municipalteam	Richard Lane	0:45:13	0:06:41	0:04:09	10:16:39	0:08:58	0:05:35	0:00:00
	18	37	Runner's Attic	Marco Albright	0:45:29	0:06:43	0:04:10	7:31:42	0:06:34	0:04:05	0:00:00
	19	28	Eldorado	Sandy Rutledge	0:45:50	0:06:46	0:04:12	9:53:11	0:08:38	0:05:22	0:00:00
	20	8	Great Canadian Honking Goose	Andreas Dutkewych	0:46:24	0:06:51	0:04:15	8:34:07	0:07:29	0:04:39	0:00:00
	21	60	Mountain View Renegades	Don Perry	0:47:07	0:06:57	0:04:19	8:00:00	0:06:59	0:04:20	0:00:00
	22	40	It Seemed Like a Good Idea	Christy Pound	0:47:08	0:06:58	0:04:19	8:45:18	0:07:39	0:04:45	0:00:00
	23	50	Cape Breton Barbarians	Susan Campbell	0:47:35	0:07:02	0:04:22	8:23:47	0:07:20	0:04:33	0:00:00
	24	33	Greenwood Running Company	Mike Manning	0:47:48	0:07:03	0:04:23	9:31:32	0:08:19	0:05:10	0:00:00
	25	15	KES Skeleton Crew	David Foley	0:47:50	0:07:04	0:04:23	9:14:26	0:08:04	0:05:01	0:00:00
	26	32	Covert Operation	Leigh Thibodeau	0:48:04	0:07:06	0:04:25	8:48:48	0:07:42	0:04:47	0:00:00
	27	20	A Strange Collection	Chris Pitts	0:48:12	0:07:07	0:04:25	8:15:24	0:07:13	0:04:29	0:00:00
	28	14	Kahlua Cousins	Dave Forsythe	0:48:36	0:07:11	0:04:28	9:12:47	0:08:03	0:05:00	0:00:00
	29	26	Rum til You're Done	Michelle Aikman	0:49:46	0:07:21	0:04:34	9:25:58	0:08:14	0:05:07	0:00:00
	30	41	Penguin Pacers	John Melbourne	0:50:01	0:07:23	0:04:35	9:30:39	0:08:18	0:05:10	0:00:00
	31	63	Gnome Pun Intended	Steve MacDonald	0:50:46	0:07:30	0:04:39	9:12:13	0:08:02	0:05:00	0:00:00
	32	56	Bishop Mountain Boozers	Tom Bell	0:50:57	0:07:31	0:04:40	9:25:09	0:08:13	0:05:07	0:00:00
	33	17	Halifax Yogging Team	Mark Bin S. Dilangalen	0:51:29	0:07:36	0:04:43	9:05:36	0:07:56	0:04:56	0:00:00
	34	22	But, Where's the Rum?	Shelley Porter	0:51:34	0:07:37	0:04:44	10:11:24	0:08:54	0:05:32	0:00:00

# LEG 10 INDIVIC

35	12 M&M Maniacs	Tracey Cox	0:51:45	0:07:38	0:04:45	9:08:04	0:07:58	0:04:57	0:00:00
36	25 The Running Mafia	Adam Shand	0:51:51	0:07:39	0:04:45	9:39:42	0:08:26	0:05:14	0:00:00
37	66 Your Pace or Mine?	Bruce Bowen	0:52:08	0:07:42	0:04:47	9:00:46	0:07:52	0:04:53	0:00:00
38	1 Rumb Duffers Running Rum Runne	Bill Jack	0:52:17	0:07:43	0:04:48	8:57:10	0:07:49	0:04:51	0:00:00
39	10 Swimmers and Runners	Nic Hoehne	0:53:23	0:07:53	0:04:54	9:47:10	0:08:33	0:05:19	0:00:00
40	52 Librarianruns: Running for our Shelves	Mark Peverill	0:53:23	0:07:53	0:04:54	9:50:57	0:08:36	0:05:21	0:00:00
41	35 Fundulators	Jenny Koutroulakis	0:53:24	0:07:53	0:04:54	9:44:16	0:08:30	0:05:17	0:00:00
42	18 Kahlua Kids	Bev Walsh	0:53:32	0:07:54	0:04:55	9:41:03	0:08:27	0:05:15	0:00:00
43	53 CBRE Closers	Tim Platt	0:53:50	0:07:57	0:04:56	9:02:30	0:07:54	0:04:54	<b>0:05:00</b>
44	69 Smokey Mountain Daredevils	Sheryl Hiemstra	0:53:53	0:07:57	0:04:57	8:46:14	0:07:39	0:04:45	0:00:00
45	19 Undertrained and Over-Confident	Allison Rankin	0:54:02	0:07:59	0:04:57	9:48:42	0:08:34	0:05:19	0:00:00
46	59 Stripes & Stars	Nick MacIsaac	0:54:51	0:08:06	0:05:02	10:32:07	0:09:12	0:05:43	0:00:00
47	13 Lost in Pace	Steve Long	0:55:09	0:08:09	0:05:04	9:35:42	0:08:23	0:05:12	0:00:00
48	7 HRC Java Blenders	Mel Gilbert	0:55:22	0:08:10	0:05:05	9:03:34	0:07:55	0:04:55	0:00:00
49	36 Captain High Liner's Crew	Burke Boutilier	0:55:25	0:08:11	0:05:05	9:34:02	0:08:21	0:05:11	0:00:00
50	11 Halifax Bucket Brigade	Sean Berrigan	0:55:27	0:08:11	0:05:05	8:44:28	0:07:38	0:04:45	0:00:00
51	23 Hot on the Trail	Mary Hall	0:55:32	0:08:12	0:05:06	9:59:18	0:08:43	0:05:25	0:00:00
52	43 Salt Marsh Trail Running Group	Pat Mullins	0:55:43	0:08:14	0:05:07	10:26:03	0:09:07	0:05:40	<b>0:10:00</b>
53	58 Kicking Asphalt	Chris Mosher	0:56:09	0:08:17	0:05:09	9:00:48	0:07:52	0:04:53	0:00:00
54	64 Worst Game of Tag Ever	Marita Winaut	0:56:18	0:08:19	0:05:10	9:52:55	0:08:38	0:05:22	0:00:00
55	21 Wenches & Rogues	Shauna Siscoe	0:57:24	0:08:28	0:05:16	9:40:59	0:08:27	0:05:15	0:00:00
56	30 Border Bounders	Richard Allen	0:57:33	0:08:30	0:05:17	9:22:19	0:08:11	0:05:05	0:00:00
57	5 Heart & Sole	Monique Wood	0:58:34	0:08:39	0:05:22	10:22:05	0:09:03	0:05:37	0:00:00
58	54 Beerview Mirrors	Dave Westwood	0:59:06	0:08:44	0:05:25	8:58:14	0:07:50	0:04:52	<b>0:05:00</b>
59	34 Where's Dave?	Scott Drysdale	0:59:23	0:08:46	0:05:27	9:42:35	0:08:29	0:05:16	0:00:00
60	31 HRP Cops & Runners	Tammy Robertson	1:00:46	0:08:58	0:05:34	9:19:45	0:08:09	0:05:04	0:00:00
61	48 The Reluctants	Jenny McHeachern	1:02:21	0:09:12	0:05:43	9:40:55	0:08:27	0:05:15	<b>-0:05:00</b>
62	2 Greyhounds	Bernie Levy	1:05:26	0:09:40	0:06:00	11:16:16	0:09:50	0:06:07	0:00:00
63	61 Will Run for Wine	Helen Antle	1:05:28	0:09:40	0:06:00	11:03:38	0:09:39	0:06:00	0:00:00
64	47 Run Ragged Runners	Ron MacDougall	1:07:04	0:09:54	0:06:09	10:18:41	0:09:00	0:05:36	0:00:00
65	42 Code Team	Kim Oakley	1:07:36	0:09:59	0:06:12	9:33:31	0:08:21	0:05:11	0:00:00
66	38 Penguin Pacer Chicks	Cheryl Davis	1:09:30	0:10:16	0:06:23	10:15:40	0:08:58	0:05:34	0:00:00
67	65 Flailing Sharks	James Marshall	1:11:13	0:10:31	0:06:32	9:19:49	0:08:09	0:05:04	0:00:00
68	4 Never Stop Never Stopping	Pierre Gallant	1:21:13	0:11:59	0:07:27	13:22:24	0:11:41	0:07:15	0:00:00
69	29 Mister & Misses	Christine MacGillivray	1:21:13	0:11:59	0:07:27	11:41:48	0:10:13	0:06:21	0:00:00
70	3 Aerobics First		1:21:13	0:11:59	0:07:27	13:32:24	0:11:49	0:07:21	0:00:00