



OPEN CATEGORY

2017 Women's Standings

updated 7/26/2017

Members with 3 distances completed

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K
Denise Robson			18:34	39:14	1:25:30
Chloe Austin	1:31:45	19:33		40:51	
Connie Meister	1:59:22	25:17	24:53	53:39	1:58:50

Total Time

2:23:18
2:32:09
3:17:22

Members with 2 distances completed (21.1k+5k)

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K
Colleen Wilson		17:44			1:23:43
Emily Hamilton		18:32	18:28		1:23:53
Rayleen Hill			19:16		1:26:18
Maura Wiczorek	1:26:48	18:54			
Paula James		18:43			1:28:01
Jennie Orr		19:43			1:31:57
Stephanie Seaward			20:38		1:35:14
Cheryl Smith			22:19		1:43:37
Karen Marlin		23:43			1:48:32
Louise Leduc	1:48:53	24:00	23:54		
Jenny Koutroulakis			26:09		1:54:24
Jennifer Kennedy		24:13			2:00:27
Sarah Abriel		29:05	29:07		2:10:22
Virginia Joudrey	2:14:27		25:51		
Laura Whynacht	2:21:28		28:16		

Total Time

1:41:27
1:42:21
1:45:34
1:45:42
1:46:44
1:51:40
1:55:52
2:05:56
2:12:15
2:12:47
2:20:33
2:24:40
2:39:27
2:40:18
2:49:44

Stephanie Watson		29:48	30:35		2:26:23
Marion Bowes	3:12:10	35:56	39:07		
Valerie Joudrey		35:55	35:27		3:18:24

2:56:11
3:48:06
3:53:51

Members with 2 distances completed (21.1k + 10k)

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K
Jennifer Hood				59:49	2:05:44

Total Time
3:05:33

Members with 2 distances completed (5k + 10k)

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K
Heather Baillie			21:42	44:36	
Sara Thompson			22:53	46:40	
Alice Patrick		32:00	24:54	52:34	
Peggy Falkenham-Boutilier		31:00	25:07	54:00	
Catherine Berry		24:49	25:13	55:41	
Shirley Robichaud		29:17	29:38	1:02:12	
Michele D Mitchell		29:14		1:03:39	
Kathy Penney-Zwicker		32:08		1:05:27	
Trudy Flynn		41:59	52:29	1:39:10	
Brandy Flynn-Dolliver			52:30	1:39:08	

Total Time
1:06:18
1:09:33
1:17:28
1:19:07
1:20:30
1:31:29
1:32:53
1:37:35
2:21:09
2:31:38

Members with 1 distance completed (21.1k)

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K
Linda MacDonald					1:34:09
Joanne MacDonald-Burns	1:47:17				
Jennifer Power	1:54:31				
Holly Kazimer					1:55:18
Jackie D'Eon	1:57:35				2:08:22
Angela Aguinaga					2:05:21
Karen Dooks	2:07:06				
Susan Foote	2:07:17				
Bride Winchester	2:07:38				

Total Time
1:34:09
1:47:17
1:54:31
1:55:18
1:57:35
2:05:21
2:07:06
2:07:17
2:07:38

Trudi Simms	2:07:55				
Donalda Cody					2:11:16
Gail Mercer					2:13:58
Stephanie Jones	2:14:27				
Suzanne Crosby					2:17:38
Wendy Amero-Tilley	2:19:37				
Valerie Morgan					2:21:17
Jennifer McKay	2:21:28				
Sandy Banks	2:24:07				2:30:34
Crystal Thompson					2:24:45
Sharon Miller					2:31:00
Melanie Marois	2:47:25				

2:07:55
2:11:16
2:13:58
2:14:27
2:17:38
2:19:37
2:21:17
2:21:28
2:24:07
2:24:45
2:31:00
2:47:25

Members with 1 distance completed (10k)

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K
Ashley Robson				42:47	
Linda Hall				57:47	
Nicole DeEll				58:45	
Isabel Hawkins				1:03:07	
Janet Hawkins				1:03:08	
Heather Fairbairn				1:06:04	
Lily Hawkins				1:10:24	
Terri Kitter				1:21:47	

Total Time
42:47
57:47
58:45
1:03:07
1:03:08
1:06:04
1:10:24
1:21:47

Members with 1 distance completed (5k)

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K
Lavinia Carreau			18:24		
Erin Poirier		19:07			
Liz Macdonald			19:37		
Shauna Wilcox		20:02	20:09		
Corinne Fournier		20:28	20:18		
Tonya Brennan		20:52	20:49		
Kristen Callaghan		20:53			

Total Time
18:24
19:07
19:37
20:02
20:18
20:49
20:53

Courtney Barbour		21:01	21:57	
Kim Flemming		21:06	21:31	
Christine Pound			21:51	
Shari Thurston			21:53	
Susan Pirie			22:24	
Nicole Beatty		22:42	23:32	
Amanda Nash			22:42	
Meaghan Kerman			22:45	
Danielle Snow			22:46	
Sheila Grover			22:47	
Norma Houston			23:13	
Jenny Wellwood			23:24	
Tanya Munroe			23:35	
Helen Macdonald			24:09	
Mary Ledger			24:25	
Kimberly Mackenzie			24:30	
Dominique Gallant			24:33	
Joanne Lane			24:51	
Annie Li			25:00	
Terri Ross Beaudry		25:27		
Gillian Wesley		26:05		
Lisa Ladouceur			26:16	
Katelyn Richards		26:25		
Melissa Epp			26:27	
Katie Bent			27:25	
Shelley Slauenwhite		27:26	27:40	
Jenna Adams		28:01		
Jocelyn Bray			28:01	
Bridget Maclean			28:18	
Lisa Noble			28:29	
Ellie Wallace			28:32	
Janice Fiander		28:45		
Donna Ratushny		32:53	28:47	
Sophie Jobin			28:54	
Sandy Cyr			29:12	

21:01
21:06
21:51
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22:42
22:45
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22:47
23:13
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24:09
24:25
24:30
24:33
24:51
25:00
25:27
26:05
26:16
26:25
26:27
27:25
27:26
28:01
28:01
28:18
28:29
28:32
28:45
28:47
28:54
29:12

Nancy Holland		29:16	29:27		
Patricia Jones			29:17		
Jennifer Hayward		29:20			
Heather Foote		29:32			
Joliene Stockley		29:35	29:40		
Betty Boutilier		29:50	30:32		
Kelli WooShue		30:08			
Shirley Mokler		30:12	31:58		
Audrey Hiltz Eisnor		30:12	30:51		
Cheryl Crocker		30:16			
Patianne Verburgh		30:30			
Shelley Greene			30:37		
Jenny Keenan			31:17		
Marlene Horne			31:24		
Aimee Teepell			31:24		
Erika Richards			31:27		
Cindy Dyer			31:30		
Anne Vincent			31:45		
Amy Earnshaw-Romans			31:48		
Tracy Dewolfe			31:49		
Sarah Macdonald			31:53		
Leslee Ellsmere			32:00		
Beth Woodward			32:20		
Laurel Ratushny		32:50	32:23		
Erin Floyd			32:30		
Cheryl Crocker			32:50		
Laura Roblee		35:16	33:03		
Vandana Colombe			33:18		
Carolyn Hamer			33:27		
Nicole Mclver			33:44		
Tracy Dominix			33:47		
Kristi Strowbridge			34:10		
Marion Oickle		34:11			
Melissa Stepaniak			34:13		
Deborah Coleman		34:56			

29:16
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29:50
30:08
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30:30
30:37
31:17
31:24
31:24
31:27
31:30
31:45
31:48
31:49
31:53
32:00
32:20
32:23
32:30
32:50
33:03
33:18
33:27
33:44
33:47
34:10
34:11
34:13
34:56

Karen Maclean			35:18			35:18
Rikki Jagger		36:19				36:19
Patty Winfield		36:49				36:49
Nancy McTiernan			37:18			37:18
Patti McNeil		37:50	37:18			37:18
Gail Gauthier		37:46				37:46
Katheryn Rheault		37:50				37:50
Lisa Strenkowski		37:51				37:51
Jane Corkum-Maclean			40:32			40:32
Greta Mossman		41:08				41:08
Natasha Flynn		41:59				41:59
Anna Carter			42:28			42:28
Megg Turner			43:14			43:14
Tara Graves			44:12			44:12
Eva O'Regan			45:08			45:08
Tanya Cooper		46:53				46:53
Odessa Bezanson		47:23	47:36			47:23
Catherine Marchand-Collins			47:24			47:24
Jody Miller			48:58			48:58
Jeanette Maclean-Varner			49:00			49:00
Beverley Richardson		52:47				52:47

Masters (age 40-49)

Members with Age Category Award Eligibility

based on age at end of year 2017

Members with 3 distances completed

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K	Total Time
Denise Robson			18:34	39:14	1:25:30	2:23:18

Members with 2 distances completed (21.1k + 5k)

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K	Total Time
Rayleen Hill			19:16		1:26:18	1:45:34

Paula James		18:43			1:28:01
Stephanie Seaward			20:38		1:35:14
Sarah Abriel		29:05	29:07		2:10:22

1:46:44
1:55:52
2:39:27

Members with 2 distances completed (5k + 10k)

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K
Brandy Flynn-Dolliver			52:30	1:39:08	

Total Time
2:31:38

Members with 1 distance completed (21.1k)

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K
Jennifer Power	1:54:31				
Angela Aguinaga					2:05:21
Karen Dooks	2:07:06				
Susan Foote	2:07:17				
Gail Mercer					2:13:58

Total Time
1:54:31
2:05:21
2:07:06
2:07:17
2:13:58

Members with 1 distance completed (10k)

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K
Nicole DeEll				58:45	
Janet Hawkins				1:03:08	

Total Time
58:45
1:03:08

Members with 1 distance completed (5k)

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K
Tonya Brennan		20:52			
Kim Flemming		21:06			
Shari Thurston			21:53		
Amanda Nash			22:42		
Sheila Grover			22:47		
Jenny Wellwood			23:24		
Tanya Munroe			23:35		
Helen Macdonald			24:09		
Mary Ledger			24:25		

Total Time
20:52
21:06
21:53
22:42
22:47
23:24
23:35
24:09
24:25

Dominique Gallant			24:33		
Joanne Lane			24:51		
Lisa Ladouceur			26:16		
Shelley Slauenwhite		27:26			
Lisa Noble			28:29		
Sandy Cyr			29:12		
Joliene Stockley		29:35			
Kelli WooShue		30:08			
Shelley Greene			30:37		
Tracy Dewolfe			31:49		
Leslee Ellsmere			32:00		
Vandana Colombe			33:18		
Anna Carter			42:28		
Tara Graves			44:12		
Tanya Cooper		46:53			
Jody Miller			48:58		

24:33
24:51
26:16
27:26
28:29
29:12
29:35
30:08
30:37
31:49
32:00
33:18
42:28
44:12
46:53
48:58

50+

Members with Age Category Award Eligibility

based on age at end of year 2017

Members with 3 distances completed:

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K
Connie Meister	1:59:22	25:17	24:53	53:39	1:58:50

Total Time
3:17:22

Members with 2 distances completed (21.1k+5k):

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K
Karen Marlin		23:43			1:48:32
Louise Leduc	1:48:53	24:00	23:54		
Virginia Joudrey	2:14:27		25:51		
Stephanie Watson		29:48	30:35		2:26:23
Valerie Joudrey		35:55	35:27		3:18:24
Marion Bowes	3:12:10	35:56	39:07		

Total Time
2:12:15
2:12:47
2:40:18
2:56:11
3:53:51
3:48:06

Members with 2 distances completed (21.1k + 10k)

RNS Member	Run Our Shore Half Marathon	Osprey 5k Run/Walk	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K	Total Time
Jennifer Hood				59:49	2:05:44	3:05:33

Members with 2 distances completed (5k + 10k)

RNS Member	Run Our Shore Half Marathon	Osprey 5k Run/Walk	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K	Total Time
Alice Patrick		32:00	24:54	52:34		1:17:28
Peggy Falkenham-Boutilier		31:00	25:07	54:00		1:19:07
Catherine Berry		24:49	25:13	55:41		1:20:30
Shirley Robichaud		29:17	29:38	1:02:12		1:31:29
Michele D Mitchell		29:14		1:03:39		1:32:53
Kathy Penney-Zwicker		32:08		1:05:27		1:37:35
Trudy Flynn		41:59	52:29	1:39:10		2:21:09

Members with 1 distance completed (21.1k):

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K	Total Time
Linda MacDonald					1:34:09	1:34:09
Lorri Giffin	1:47:47					1:47:47
Holly Kazimer					1:55:18	1:55:18
Bride Winchester	2:07:38					2:07:38
Trudi Simms	2:07:55					2:07:55
Donalda Cody					2:11:16	2:11:16
Suzanne Crosby					2:17:38	2:17:38
Wendy Amero-Tilley	2:19:37					2:19:37
Valerie Morgan					2:21:17	2:21:17
Sandy Banks	2:24:07				2:30:34	2:24:07
Sharon Miller					2:31:00	2:31:00

Members with 1 distance completed (10k)

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K	Total Time
Linda Hall				57:47		57:47

Heather Fairbairn				1:06:04	
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1:06:04

Members with 1 distance completed (5k):

RNS Member	Run Our Shore Half Marathon	OSPREY 5k RUN/WALK	Penguin Run 5k	Sheila Poole 10k	Nova Scotia Marathon 21.1K	Total Time
Susan Pirie			22:24			22:24
Norma Houston			23:13			23:13
Kimberly Mackenzie			24:30			24:30
Ellie Wallace			28:32			28:32
Janice Fiander		28:45				28:45
Nancy Holland		29:16	29:27			29:16
Heather Foote		29:32				29:32
Betty Boutilier		29:50	30:32			29:50
Shirley Mokler		30:12	31:58			30:12
Audrey Hiltz Eisnor		30:12	30:51			30:12
Patianne Verburgh		30:30				30:30
Jenny Keenan			31:17			31:17
Marlene Horne			31:24			31:24
Cindy Dyer			31:30			31:30
Anne Vincent			31:45			31:45
Laura Roblee		35:16	33:03			33:03
Carolyn Hamer			33:27			33:27
Marion Oickle		34:11				34:11
Melissa Stepaniak			34:13			34:13
Karen Maclean			35:18			35:18
Patty Winfield		36:49				36:49
Nancy McTiernan			37:18			37:18
Patti McNeil		37:50	37:18			37:18
Gail Gauthier		37:46				37:46
Jane Corkum-Maclean			40:32			40:32
Greta Mossman		41:08				41:08
Eva O'Regan			45:08			45:08
Catherine Marchand-Collins			47:24			47:24
Jeanette Maclean-Varner			49:00			49:00
Beverley Richardson		52:47				52:47