



PRESS RELEASE

REGISTRATION DATE ANNOUNCED For the 2008 Scotiabank Cape to Cabot 20K Road Race

June 23, 2008. Athletics NorthEAST Running Club president Jeff Collingwood announced today, that online registration for this year's Scotiabank Cape to Cabot 20K Road Race will officially open at noon on July 1, 2008. "Registration is first come, first in, and last year we sold out in a few weeks after on-line registration opened. I expect an electronic *registration-race* on July 1 and I anticipate we will reach our 400 runner capacity quickly", commented Collingwood.

The second annual Cape to Cabot Road Race, the final race in the Newfoundland and Labrador Athletics Association's 2008 Toyota Plaza Road Running Series, will be held Sunday October 19, 2008. The race starts at Cape Spear, winds its way from the most easterly point in North America to downtown St. John's and ends with a steep climb up Signal Hill to Cabot Tower. "Clearly designed for those prepared for a real challenge", noted co-race director Pete Soucy, "last year's inaugural event was a huge success, we received rave reviews from participants and sponsors alike", added Soucy.

Organizers expect runners from as far as British Columbia, Boston and Scotland this year, as well as a healthy contingent from St. Pierre and Miquelon. This year's event will feature chip-timing, which allows for wirelessly transmitted information from each runner to be recorded at the finish line for instant and accurate results.

Sponsors for this Newfoundland and Labrador Athletics Association sanctioned road race are: Scotiabank, Scotia McLeod, Mazda Canada, Penney Auto Group, Russell Canada, Penny Mazda, Molson, the Running Room, Metrobus, and NTV. For more information on the Cape to Cabot Road Race or to register, visit www.capetocabot.com.

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