

RNS Performance Series 2016

Men's Standings

Male Competitors, Top 5 Overall

	Name	Osprey 5K RUN/WALK	Penguin Run 5K	Lunenburg WHS 5K	Epic Canadian 10K	Sheila Poole 10K	Nova Scotia Half Marathon	Dartmouth Natal Day 6 Mile	Cobequid Trial Half Marathon	Cape Breton Fiddlers Half Marathon	Combined Best Times	Total Races
1	Matt McNeil			0:15:42			1:11:25	0:30:47			01:57:54	3
2	Graydon Snider		0:15:57					0:32:47	1:11:27		02:00:11	3
3	Matthew Ho		0:16:03	0:16:05			1:11:47	0:33:18			02:01:08	4
4	Greg Wieczorek		0:16:32					0:33:28	1:15:10		02:05:10	3
5	Matthias Mueller		0:17:03	0:19:19			1:16:18	0:34:30			02:07:51	4
		0	4	3	0	0	3	5	2	0		
									Average Time		02:02:27	

Male Competitors, Age 39 and Under

6	Angus MacIntosh		0:16:30				1:16:49	0:35:08			02:08:27	3
7	Lee McCarron		0:19:08	0:19:05	0:36:23		1:22:40		1:14:28		02:09:56	5
8	Ian MacIntyre		0:17:10					0:36:08		1:17:30	02:10:48	3
9	Chad Gilbert	0:16:53						0:36:16	1:21:11		02:14:20	3
10	Justin Clarke			0:18:01				0:36:50	1:21:22		02:16:13	3
11	Drew Moore		0:17:25		0:38:01			0:36:56		1:22:21	02:16:42	4
12	Richard Wile	0:20:20	0:26:16		0:43:59			0:41:49	1:30:54		02:33:03	5
13	Ian Whynacht	0:20:21			0:44:32				1:35:23		02:40:16	3
14	Ryan Hutchinson		0:22:00					0:49:42	1:45:21		02:57:03	3
15	Jeffrey Goodine		0:23:39	0:23:43	0:51:50		1:55:26	0:51:16	2:01:22	1:58:58	03:10:21	7
		3	7	3	5	0	3	8	7	3		
									Average Time		02:27:43	

Male Competitors Age 40 to 49

	Name	Osprey 5K RUN/WALK	Penguin Run 5K	Lunenburg WHS 5K	Epic Canadian 10K	Sheila Poole 10K	Nova Scotia Half Marathon	Dartmouth Natal Day 6 Mile	Cobequid Trial Half Marathon	Cape Breton Fiddlers Half Marathon	Combined Best Times	Total Races
1	Wade Were		0:17:14		0:37:00			0:36:19	1:18:33		02:12:06	4
2	Ian Holdway	0:17:44	0:17:38		0:37:34			0:37:44	1:19:56	1:21:48	02:15:08	6
3	Frank Reinhardt		0:17:23					0:37:12	1:22:42		02:17:17	3
4	Cory Richards	0:18:41	0:19:05				1:32:48	0:41:30		1:32:46	02:32:57	5
5	Don Perry		0:22:08	0:22:10	0:48:36				1:43:22	1:49:53	02:54:06	5
6	Edward Cobb		0:24:00	0:24:50	0:51:53		1:56:47			1:53:31	03:09:24	5
		2	6	2	4	0	2	4	4	4		
											Average Time	02:33:30

Male Competitors Age 50 & Older

	Name	Osprey 5K RUN/WALK	Penguin Run 5K	Lunenburg WHS 5K	Epic Canadian 10K	Sheila Poole 10K	Nova Scotia Half Marathon	Dartmouth Natal Day 6 Mile	Cobequid Trial Half Marathon	Cape Breton Fiddlers Half Marathon	Combined Best Times	Total Races
1	Bryan Hipson	0:16:54	0:17:25		0:36:56	0:36:05	1:19:32				02:12:31	5
2	Pierre Laberge			0:19:33				0:39:32	1:25:38		02:24:43	3
3	Dave Nevitt	0:18:59	0:19:07	0:19:53		0:41:04	1:28:33		1:26:10		02:26:13	6
4	Doug Graham	0:21:43			0:47:19		1:43:01	0:47:35	1:41:17		02:50:19	5
5	Kevin Cody			0:22:34			1:48:58	0:47:30	1:46:55		02:56:59	4
6	Darren Schives		0:23:18	0:23:19		0:48:09	1:51:55		1:45:38		02:57:05	5
7	Randy Faulkner	0:23:55	0:23:18	0:23:50			1:50:50	0:49:32	1:45:02		02:57:52	6
8	Phil Reid	0:22:57	0:22:39	0:23:25	0:51:30				1:48:02		03:02:11	5
9	Steve Taylor		0:21:15					0:44:47	2:05:22		03:11:24	3
10	Jeffrey M. Oakes	0:26:48	0:26:32	0:25:30		0:52:38	1:58:50		1:55:59	1:57:33	03:14:07	7
11	Todd MacLean			0:26:05			2:00:28	0:55:23			03:21:56	3
		6	7	8	3	4	8	6	9	1		
											Average Time	02:52:18