

RNS #	Name	Gender	Age	Bluenose	Bluenose	Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Liverpool	Sheila Poole	Nova Scotia	Nova Scotia	Halifax Natal	Dartmouth	Digby Scallop	Race Through	Berwick Lake Ainsley	Lake Ainsley	Valley Harvest	Valley Harvest	Marathon	NSAC 5K	Volunteer	Total		
				Dal ST 5K	Truro 10K	Half	Full	8 Milier	5 K	10K	Half	Enfield 5K	5 Milier	Mem. 10K	1/2 Marathon	Marathon	Day 5.3 M	Natal Day 6 M	Days 5K	Time 8 M	Navv 10K	5 Milier	1/2 Marathon	Marathon	1/2 Marathon	Marathon	
<b>Females Under 20</b>																											
4055	Helson, Aleisha	F	9																							0	
4077	Gaudet, Gabrielle	F	10																							0	
4110	Whynot, Rachel	F	15																							0	
4040	McNeill, Dominique	F	16																							0	
4061	Giles, Hayley	F	17																							0	
4035	Wiser, Laura	F	18																							0	
			6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
<b>Females 20 to 24</b>																											
4193	House, Rachel	F	24												55											55	
4115	Cullen, Robyn	F	20																							0	
4054	Punke, Amy	F	23																							0	
			3	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	
<b>Females 25 to 29</b>																											
4022	MacDonald, Emily	F	28		55	55		55	55	55	55			55												385	
2975	Tully, Amelia	F	29	49				46	55	48	55							49		49				55		360	
4093	Levy, Amber	F	29		47		49																			310	
4158	Mitchell, Kristen Y	F	28	55	49	49				49										55		55				257	
4146	Lamond, Marisha	F	26						47																	310	
4162	Allaway, Cara	F	28		48				49														55			157	
4102	Bailey, Kendra	F	25															55								97	
4139	MacDonald, Denise	F	29			48																				48	
4187	Chambers, Carla	F	29						48																	48	
4066	Fraser, Terri	F	26																							48	
3025	Nelson, Carrie	F	28																							0	
4085	Robinson, Erika	F	28																							0	
4072	Smith, Pamela	F	29																							0	
			13	2	4	3	0	2	5	1	1	3	1	0	1	0	1	2	0	0	2	1	2	0	1	1	
<b>Females 30 to 34</b>																											
2799	Reddington, Sarah	F	30	55	55			55	55	55	55	55								55						60	
2986	Kidd, Tina	F	33	48	49	55			49	49	49							55					55			390	
4065	Gallant, Dominique	F	34	45		55	49	48		48	55															374	
4018	Flory, Mary Beth	F	32			47	55			49																300	
4145	MacKinnon, Krista	F	32			45	48				49								55							206	
2943	MacEachern, Mary	F	31			48		49																		190	
4171	Clare, Colleen	F	33					47																		48	
2905	Boutlier, Sue	F	34	46							48							55								60	
4178	Kennedy, Bernadette	F	30								48															157	
4143	Ferrier, Suzanne	F	33	49		49																				156	
3138	Chitty, Tammy	F	33	47	48																					149	
4121	Huner, Emily	F	30							55																103	
4140	Peters, Laura	F	30			46																				98	
3085	Caswell, Stacey	F	31	44																						95	
4038	Hoverd, Elissa	F	30																							55	
4074	MacLean, Cindy	F	30																							102	
4101	Cameron, Shelley	F	32																							2	
4081	Sweet, Heather	F	33																							98	
2659	Hahn, Mary	F	33																							2	
4046	Antonsen, Heather	F	34																							92	
2937	Niedermayer, Jill	F	34																							2	
2636	Campbell, Krista	F	34																							2	
4142	Elvidge, Lisa	F	34																							2	
	Keeping, Cheri	F	33																							2	
	Hensley, Trisha	F	31																							2	
			25	7	3	6	1	3	4	2	3	3	3	1	0	0	0	0	1	3	1	1	0	0	1	4	
<b>Females 35 to 39</b>																											
2665	Murdock-Moore, Shawna	F	39	55	55		55	55		49									47				55	55	60	390	
2953	Fiander, Janice	F	39	49	49	49		49	55	55	48	49	49			49	55	55	49	55	55			47	48	60	
4169	Marlin, Karen	F	39						47		47															390	
4051	Himmelman, Micheline	F	35	48	48	48		48	55	46	48	48	48			49	48	49	48	48			48	48	60	364	
4117	Hiltz, Shari-Lynn	F	39	45	47				45																	364	
4114	McDonah, Erin	F	37				49					55			55											47	
	Harris, Sheila	F	37						46	49			47					48								358	
4030	Scatolon, Yvette	F	35								55				48							49				358	



RNS#	Name	Gender	Age	Bluenose	Bluenose	Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Liverpool	Sheila Poole	Nova Scotia	Nova Scotia	Halifax Natal	Dartmouth	Digby Scallop	Race Through	Berwick	Lake Ainsley	Lake Ainsley	Valley Harvest	Valley Harvest	Marathon	NSAC 5K	Volunteer	Total							
				Dal	ST 5K	Truro 10K	Half	Full	8 Milier	5 K	10K	Half	Enfield 5K	5 Milier	Mem. 10K	1/2 Marathon	Marathon	Day 5.3 M	Natal Day 6 M	Days 5K	Time 8 M	Navv 10K					5 Milier	1/2 Marathon	Marathon	1/2 Marathon			
4109	Whynot, Sara	F	46																							47	1						
4136	Robinson, Mary	F	45																								0	0					
2547	Paley, Karen	F	48																								0	0					
3018	Singleton, Kay	F	48																								0	0					
2801	Casey, Linda	F	49																								0	0					
4188	Temple, Peta-Jane	F	47																								0	0					
			21	6	5	4	2	2	3	1	1	5	2	1	4	0	0	5	2	1	3	4	3	0	4	0	0	4					
<b>Females 50 to 54</b>																																	
1259	Patrick, Alice	F	53	55	55			55	55	55			55					55	55	55							60	390	12	55	55	55	55
891	Leduc, Louise	F	51	49	55			49	55	55								49									373	8	49				
2797	Stiner, Maureen	F	50	45	49			44	47			55															60	366	10	44	45	47	
632	Hughes, Karen	F	52	48	48			49	46	49	48									49							60	351	9	46	48		
2892	Roblee, Laura	F	52	45	41				42	47		48	49	48						47	49						60	348	10	41	42	45	
727	Moser, Beth	F	50				49		43	46				49					48								60	347	8	43			
4132	Hall, Barbara	F	54	46	43	48						49								47							279	6					
925	Cantrell, Mary	F	54	49	47				47	49	49																241	5					
4011	Richardson, Beverley	F	54	44	42				41																		60	232	5				
1575	Boutlier, Joan	F	54				48		39	46																	225	5					
2785	Wallace, Geralyn	F	50						48												49						60	205	4				
2972	MacDougall, Gail	F	52	47	46				45	48																	186	4					
3053	Pound, Betty	F	51		44					48	47																139	3					
4174	Little, Alexis	F	50	43	40				40																		123	3					
4192	House, Janice	F	53											47													94	2					
4008	Fletcher, Wendy	F	51				47				46																93	2					
834	Kinsman, Margaret	F	52																								60	60	1				
1008	Cullen, Maureen	F	53																								60	60	1				
2828	Goulden, Paulette	F	54																								60	60	1				
2722	Baikie, Maureen	F	54				55																				55	1					
4205	Banks, Pamela	F	50																					55			55	1					
754	MacDonald, Ann	F	52									48															48	1					
4156	Randles, Judi	F	50				46																				46	1					
4089	Lewis, Avril	F	50																								0	0					
2238	MacDonald, Mona	F	53																								0	0					
			25	8	11	5	2	3	12	5	5	5	3	3	4	0	3	4	2	0	4	6	2	0	5	0	1	10					
<b>Females 55 to 59</b>																																	
2604	Gillis, Georgie	F	59					48			49	55						55	55		49				55	60	384	9	48	49			
2942	Robichaud, Shirley	F	58					47	55	55		55	55												49	49	60	378	8	47			
4166	Topliss, Brenda	F	56					49			55					55	49			49	55	55			55	60	373	8	49				
3063	Keenan, Jenny	F	58	55				49			48	49						55								48	60	365	8	48			
1059	Gough, Gabriele	F	57					55																			110	2					
4009	Taylor, Sharon	F	59					48																			48	1					
4023	Tingley, Diane	F	55								47																47	1					
			7	1	0	0	0	4	3	0	1	4	2	1	1	0	1	2	1	1	2	2	2	0	1	2	3	3					
<b>Females 60 &amp; Older</b>																																	
4195	Nevitt, Betty	F	68						55									55			49				55	60	274	5					
598	Davidson, Mary	F	64							55											55						60	170	3				
1110	Casson, Bela	F	72																								60	60	1				
796	Finson, Shelley	F	68								55																55	1					
527	Jeppesom, Helen	F	82																								0	0					
			5	0	0	0	0	0	1	1	0	1	0	0	0	0	0	0	1	0	0	2	0	0	0	0	0	1	3				

## SUMMARY

Age Class	Count	Bluenose		Wolfville		Lunenburg	Johnny Miles		Liverpool		Sheila Poole	Nova Scotia		Nova Scotia	Halifax Natal	Dartmouth	Digby Scallop	Race Through	Berwick		Lake Ainsley	Lake Ainsley	Valley Harvest		Valley Harvest		Races per		
		Dal ST 5K	Truro 10K	Half	Full	8 Miler	5 K	10K	Half	Enfield 5K	5 Miler	Mem. 10K	1/2 Marathon	Marathon	Day 5.3 M	Natal Day 6 M	Days 5K	Time 8 M	Navy 10K	5 Miler	1/2 Marathon	Marathon	1/2 Marathon	Marathon	NSAC 5K	Volunteer	Total	Member	
Age 19 and under	6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Age 20 to 24	3	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	1	0.3
Age 25 to 29	13	2	4	3	0	2	5	1	1	3	1	0	1	0	1	2	0	0	2	1	2	0	1	1	1	0	34	2.6	
Age 30 to 34	25	7	3	6	1	3	4	2	3	3	3	1	0	0	0	0	1	3	1	1	0	0	1	0	1	4	48	1.9	
Age 35 to 39	25	6	4	6	2	2	7	2	1	7	3	4	2	0	3	4	3	3	4	4	1	0	4	0	3	5	80	3.2	
Age 40 to 44	31	7	5	8	3	2	10	3	2	7	4	2	5	0	1	2	3	3	2	6	3	0	5	4	1	4	92	3	
Age 45 to 49	21	6	5	4	2	2	3	1	1	5	2	1	4	0	0	5	2	1	3	4	3	0	4	0	0	4	62	3	
Age 50 to 54	25	8	11	5	2	3	12	5	5	5	3	3	4	0	3	4	2	0	4	6	2	0	5	0	1	10	103	4.1	
Age 55 to 60	7	1	0	0	0	4	3	0	1	4	2	1	1	0	1	2	1	1	2	2	2	0	1	2	3	3	37	5.3	
Age 60 and over	5	0	0	0	0	0	1	1	0	1	0	0	0	0	0	0	1	0	0	2	0	0	0	0	1	3	10	2	
	161	37	32	32	10	18	45	15	14	35	18	12	17	1	9	19	13	11	18	26	13	0	21	7	11	33	467	2.9	
		23.00%	19.90%	19.90%	6.20%	11.20%	28.00%	9.30%	8.70%	21.70%	11.20%	7.50%	10.60%	0.60%	5.60%	11.80%	8.10%	6.80%	11.20%	16.10%	8.10%	0.00%	13.00%	4.30%	6.80%	20.50%			