

RNS #	Name	Gender	Age	Bluenose		Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Liverpool	Sheila Poole	Nova Scotia	Nova Scotia	Halifax Natal	Dartmouth	Digby Scallop	Race Through	Berwick	Lake Ainsley	Lake Ainsley	Valley Harvest	Valley Harvest	NSAC 5K	Volunteer	Total		
				Dal ST 5K	Truro 10K	Half	Full	8 Miler	5 K	10K	Half	Enfield 5K	5 Miler	Mem. 10K	1/2 Marathon	Marathon	Day 5.3 M	Natal Day 6 M	Days 5K	Time 8 M	Navv 10K	5 Miler				1/2 Marathon	Marathon
Males Under 20																											
2780	Carson, Eric	M	15	55	49											49			48					60	310	6	
2991	Manuel, Aaron	M	19		55		55			55															220	4	
4059	Harris, Andrew	M	17							55					55			55	55						220	4	
4196	Nevitt, Eric	M	17														55		49					60	164	3	
4168	Quinn, John	M	13	49				55																60	164	3	
	Corkum, Steve	M	16																						0	0	
4112	Whynot, Nathan	M	14																						0	0	
4041	McNeill, Garret	M	13																						0	0	
4090	Lewis, Daniel	M	13																						0	0	
4152	Shaffelburg, Zach	M	12																						0	0	
4071	Smith, Hunter	M	10																						0	0	
4044	Burchill, Alexander	M	2																						0	0	
			12	2	2	0	0	1	1	1	0	1	0	0	1	2	2	0	1	3	0	0	0	0	3		0
Males 20 to 24																											
2108	Freeman, Luke	M	20					49			55	55					55								214	4	
4129	Atwell, Patrick	M	20	55													49	55							208	4	
2500	Freeman, Daniel	M	22					55																	55	1	
2913	White, Matthew	M	23							55															55	1	
4105	Davis, Matt	M	24																						0	0	
4197	Benson, Andrew	M	21																						0	0	
			6	1	0	0	0	2	0	0	1	1	2	0	0	2	0	1	0	0	0	0	0	0	0	0	0
Males 24 to 29																											
4173	Archibald, Curtis	M	25		55			55	55									49	49						263	5	
4118	Collins, Steven	M	29			49			49															60	158	3	
4149	Black, Paul	M	27			55														55					110	2	
	Gorman, Jeff	M	28																	55	55				110	2	
4039	Tulk, Jason	M	27																						0	0	
4163	Allaway, Simone		28																						0	0	
			6	0	1	2	0	0	1	2	0	0	0	0	0	1	0	0	2	2	0	0	0	0	1		0
Males 30 to 34																											
4042	Bartoch, Rich	M	30	48			55	48	48									55	46		55		55		364	8	46
2553	Kruszewski, Vance	M	33	49	48	48					55								49	48				60	357	7	
4098	Boutlier, Roger	M	34		47	47		49		55	48				49										295	6	
2601	Macleod, Farley	M	32	47	46			47			49								47		55				291	6	
2551	Campbell, Adrian	M	34			55						55							55				55		220	4	
4016	Mueller, Mike	M	29		55	49			55		55														214	4	
3100	Messom, Scott	M	32				55	49										55	49						208	4	
4177	Fiander, Brent	M	32					45			47			55									55		202	4	
4047	Mehta, Rick	M	34			45													46	48					188	4	
2917	Carstensen, Grant	M	30	55	49										55										159	3	
4125	Tully, Daniel	M	30															55		47					102	2	
4097	Rothenburg, Mike	M	34							49															98	2	
4167	Connor, Greg	M	30			46		46																	92	2	
4056	Gillis, Dennis	M	34																						49	1	
4049	Langill, Jeff	M	30															48							48	1	
4131	Leet, Sean	M	32	46																					46	1	
2450	O'Neil, Don	M	30																						0	0	
4048	Harvey, Jason	M	31																						0	0	
4075	MacLean, Christopher	M	33																						0	0	
4181	Deamond, Kevin	M	31																						0	0	
			20	5	5	6	1	3	6	0	1	4	2	1	0	0	1	2	2	1	5	5	3	1	2	1	1
Males 35 to 39																											
2954	Timberlake, Gavin	M	37	44	46			47		49	49	49	55							45				60	355	9	44
2684	Stanford, David	M	39				48	47										55	47	46					346	7	
	Chaffey, Brian	M	35	43	44										55				44						327	7	
2787	Quinn, Peter	M	39	55				55											55	55			60	280	5		
2989	Bardeesy, Rami	M	35					49			55								49	49					257	5	
532	Jollymore, Chuck	M	37			55		49						55					48	47					254	5	

RNS #	Name	Gender	Age	Bluenose	Bluenose	Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Liverpool	Sheila Poole	Nova Scotia	Nova Scotia	Halifax Natal	Dartmouth	Digby Scallop	Race Through	Berwick	Lake Ainsley	Lake Ainsley	Valley Harvest	Valley Harvest	NSAC 5K	Volunteer	Total			
				Dal ST 5K	Truro 10K	Half	Full	8 Miler	5 K	10K	Half	Enfield 5K	5 Miler	Mem. 10K	1/2 Marathon	Marathon	Day 5.3 M	Natal Day 6 M	Days 5K	Time 8 M	Navv 10K	5 Miler				1/2 Marathon	Marathon	Marathon
Males 45 to 49																												
1019	Nevitt, Dave	M	45	55	49	49	55	55		55	49	49	55	55		48	55	55	55			55		60	390	14	49 49 48 49 55 55 55	
493	Morris, Terry	M	47	48		49	49	49	49	49	47	49	55		49		48			55		55		60	372	14	47 48 48 49 49 49 49	
2480	Whynot, Clarence	M	45	49	48	55			55	48					55								60	370	7			
2351	Hennigar, Deane	M	45		47			48	49	48								55	47	49			55	60	364	9	47 47	
1461	Boudreau, Paul	M	48				46			46			49			46		49			49		60	348	8	46		
3068	Gallinger, John	M	47	47	46		47		48	46					47			46			49		60	343	9	46 46		
4108	MacDonald, Malcolm	M	48				43	47		47				49						47			60	339	7			
2796	Duggan, Brian	M	48	42			41	44		46			48		49				44	44			60	333	9	41 44		
1617	Robertson, David	M	47	43	44			44	43		45			48		44			45	45		45	49	60	321	11	43 43 44 44	
2643	Saunders, Steve	M	49	45	45		48	45											46				60	289	6			
2501	Nelson, Mark	M	45								55	55						49					60	219	4			
2732	Coulter, Douglas	M	48	46				47				48											60	201	4			
4160	Misener, Randy	M	47						47	45						43					48			183	4			
674	Hahn, Tom	M	46		55				55						55									165	3			
2191	Corbett, Craig	M	47	44			45															47		136	3			
4007	Lessard, Gerry	M	48				46			44					45									135	3			
787	MacDougall, Brian	M	47																			49		60	109	2		
607	McNeill, Lonnie	M	47										46				49							95	2			
4165	Courish, Jeff	M	46				48															46		94	2			
2490	Deveau, Ronnie	M	49					45														48		93	2			
4106	Colbourne, Barry	M	47																				60	60	1			
858	Stein, Mark	M	49																				60	60	1			
4120	McIsaac, Hugh	M	45				55																	55	1			
4100	Cruz, Art	M	45			48																		48	1			
4122	Smolana, Clive	M	48						48															48	1			
	Chetwynd, William	M	46														48							48				
4063	Deveaux, Eric	M	46															48						48	1			
2916	Grimby, Michael	M	48																	48				48	1			
4103	Kelley, Paul	M	49			47																		47	1			
2559	Heintzman, Paul	M	46									47												47	1			
3017	Morris, Steven	M	47				44																	44	1			
4084	Little, Mike	M	48				42																	42	1			
4116	Patzelt, Robert	M	45				40																	40	1			
1016	MacLaghlin, Brian	M	46																					0	0			
4111	Whynot, Norman	M	46																					0	0			
2800	Durkee, Mark	M	49																					0	0			
2548	Paley, Christopher	M	49																					0	0			
			37	9	7	4	11	7	8	3	5	7	6	5	3	3	2	8	3	3	7	7	3	0	3	6	2	14
Males 50 to 54																												
649	Williams, Ray	M	50		55	55		55		55		55		55					55	55			55		60	390	9	55 55
681	Moore, Stephen	M	50			47		55	48	47					55	55	47		55		49			60	377	11	46 47 47 47	
1729	Rose, Wayne	M	52		48		49	47					47						48	55				60	354	7		
559	Patrick, David	M	53	48	47			49	46			47			48		49		48		48			60	350	11	46 47 47 47	
1141	Boutilier, Roger	M	54		44			46	39	44			44			46			43	46			47	317	9	39 43		
2283	Freeman, Kevin	M	50						42			45	45				48							60	284	6		
2580	Richard, Richard	M	53				55	48						55								55		268	5			
4004	Cunningham, Adlai	M	51			49			49		49	55	49											251	5			
3062	MacRae, R. Ian	M	53		45			47	43	55														60	250	5		
3055	Giles, Chris	M	54	45							48	46										48		60	247	5		
1411	Robichaud, Etienne	M	51	46	46	43														46				60	241	5		
3052	Pound, Joseph	M	53		49					49	55	48												201	4			
2458	Kennedy, Leo	M	54				46			48			48				55							197	4			
4012	Harrigan, Michael	M	51					41							47				47				60	195	4			
1139	Chipman, Steve	M	54	49			44					48							49					190	4			
2782	LeDuc, John	M	51				41		40	45	46													172	4			
4135	Armson, Tony	M	53	55			45								49									149	3			
698	Churchill, Freeman	M	51				48						49								49			146	3			
4191	Archibald, Doug	M	52							49	47					48								144	3			
4147	Cunningham, Fenton	M	54				48					46		49										143	3			
2518	Ross, Tom	M	53					44												45			49	138	3			
1718	Murphy, Mike	M	50				47									47								94	2			
4157	Parker, Gerry	M	50						46	47														93	2			

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				Dal ST 5K	Truro 10K	Half	Full	8 Miler	5 K	10K Half	Enfield 5K	5 Miler	Mem. 10K	1/2 Marathon	Marathon	Day 5.3 M	Natal Day 6 M	Days 5K	Time 8 M	Navv 10K	5 Miler	1/2 Marathon					Marathon	1/2 Marathon	Marathon							
1657	Pelham, John	M	50		44												49									93	2									
4155	Rahey, Fred	M	50		47			45																			92	2								
2125	Carey, Ed	M	54				42														47						89	2								
499	Pearce, Mel	M	54																						60	60	1	1								
4034	Wiser, Barry	M	50									44															44	1								
753	MacDonald, Greg	M	53									43															43	1								
2497	Cunningham, Gary	M	50																								0	0								
4091	Lewis, Peter	M	54																								0	0								
1469	Allen, Stephen	M	54																								0	0								
			32	7	7	10	4	5	12	1	7	5	5	8	7	2	4	5	4	0	4	8	5	1	4	1	0	10	0							
<u>Males 55 to 59</u>																																				
620	MacDonald, Brent	M	58		55				55									55			55						55	60	390	7						
509	Anderson, Chris	M	57			55		55	47				55													55	47	60	384	9	47	47				
587	Banks, Wayne	M	57		46		55		45					55							55						60	377	10	45	46	46				
2113	Anderson, Brian	M	58			48			49											49							60	365	7							
4062	Roblee, Bill	M	55		49		49		48												48				55		60	359	10	48	48	48				
608	Reid, Phil	M	55					46	46		55															46	60	358	8	46						
2163	Grant, Ken	M	55			42		49																			342	10	42	44	44					
596	Jessome, Mike	M	56		45		44		44												49					48	60	341	10	44	44	45				
2896	Robb, Hal	M	58		48		47		45		55																60	341	10	44	44	45				
3000	Johnston, Graham	M	56		42		46		41		40		49														60	337	12	40	40	41	42	42		
4088	Devlin, Frederick	M	58				45		43						48												317	7								
4134	MacGregor, Clive	M	55		43		47		42																		264	6								
865	Poroznuk, Jack	M	59		41		43		43																		261	6								
2575	Kaszor, Ron	M	56		44																45					45	225	5								
2840	Vail, Greg	M	57			41		48																			219	5								
2980	Bates, Ray	M	55								49																60	156	3							
600	Hannaberry, Ray	M	59																		55					48	152	3								
4176	Corkum, Dale	M	55					49																		49	147	3								
501	Bruhm, Jerome	M	58									47															60	107	2							
940	Whiston, Norris	M	57																								60	107	2							
604	Mitchell, Ross	M	58																									94	2							
538	Harvey, Mike	M	55		47		45																					92	2							
4175	Little, James	M	56						39																			85	2							
629	Abreil, Perry	M	57																									60	60	1						
2406	Walker, Grant	M	58																								60	60	1							
878	Mills, Bill	M	58																								60	60	1							
3	Balcom, James	M	55													55												55	1							
2721	Durling, Caleb	M	58				44																					44	1							
4010	Taylor, Donald	M	58						38																			38	1							
2710	Morean, Randy	M	55																									0	0							
2237	MacDonald, Jim	M	56																									0	0							
4095	McNutt, Tom	M	57																									0	0							
590	Warnica, Gordon	M	59																									0	0							
			33	10	10	7	1	10	13	2	3	11	7	3	3	3	3	8	4	1	9	5	2	1	3	4	7	14	0							
<u>Males 60 to 64</u>																																				
3084	Herherington, Ken	M	61		55		55		55		55		55															385	8	55						
595	Brake, Bob	M	61				55		49																			60	372	7						
661	Elliott, John	M	61			49			47																				339	7						
2956	Porteous, Nelson	M	61					55	49		48										55						55	311	6							
1446	Jones, Gary	M	60				49																					214	4							
732	Burgess, Brian	M	62									49																	207	4						
497	Harpell, Jim	M	62		47			48				48																60	203	4						
539	Hollebone, Chris	M	61		49																							60	109	2						
1619	Chancey, Ralph	M	60																										104	2						
4189	Peverill, Ron	M	60		48																								97	2						
	Harmes, Tom	M	62																										60	60	1					
2965	Carey, Ivan	M	62						47																				47	1						
4180	Deamond, Ralph	M	61									47																	47	1						
594	Bent, Bob	M	60																									0	0							
517	Barker, Richard	M	62																									0	0							
2242	MacDonald, Jack	M	64																									0	0							
			16	4	2	1	2	4	4	0	1	2	4	2	2	0	1	2	1	0	2	4	2	0	2	1	2	4	0							

RNS #	Name	Gender	Age	Bluenose		Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Liverpool		Sheila Poole	Nova Scotia	Nova Scotia	Halifax Natal	Dartmouth	Digby Scallop	Race Through	Berwick		Lake Ainsley	Lake Ainsley	Valley Harvest	Valley Harvest	NSAC 5K	Volunteer	Total		
				Dal ST 5K	Truro 10K	Half	Full	8 Miler	5 K	10K	Half	Enfield 5K	5 Miler	Mem. 10K	1/2 Marathon	Marathon	Day 5.3 M	Natal Day 6 M	Days 5K	Time 8 M	Navv 10K	5 Miler	1/2 Marathon	Marathon				1/2 Marathon	Marathon
<u>Males 65 to 69</u>																													
3064	Rideout, John	M	67	55				49			55	55						49			49					55	60	378	8
2183	King, Brian	M	65			55										55									55	60	225	4	
913	Young, Rex	M	66					55																			165	3	
1111	Casson, George	M	67																							60	60	1	
568	Nixon, Murray	M	69																								0	0	
			5	1	0	0	1	0	2	0	0	1	1	0	0	0	0	1	2	0	0	2	0	0	0	1	1	3	
<u>Males 70 & Older</u>																													
606	Robertson, Arnold	M	73	55	55		55	55				55	55							55	55							385	7
686	Smith, Les	M	72																						55		110	2	
857	Thomson, David	M	70																							60	60	1	
798	McBride, R. David	M	76																								0	0	
541	Porter, Eric	M	87																								0	0	
578	LeFrank, Roger	M	77																								0	0	
			6	1	1	0	0	1	1	0	0	1	1	0	0	0	0	0	0	0	1	1	0	0	0	0	1	1	

SUMMARY

Age Class	Count	Bluenose		Bluenose	Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Liverpool		Sheila Poole	Nova Scotia	Nova Scotia	Halifax Natal	Dartmouth	Digby Scallop	Race Through	Berwick	Lake Ainsley	Lake Ainsley	Valley Harvest	Valley Harvest	Races per							
		Dal	ST 5K	Truro 10K	Half	Full	8 Miler	5 K	10K	Half	Enfield 5K	5 Miler	Mem. 10K	1/2 Marathon	Marathon	Day 5.3 M	Natal Day 6 M	Days 5K	Time 8 M	Navy 10K	5 Miler	1/2 Marathon	Marathon	1/2 Marathon	Marathon	NSAC 5K	Volunteer	Total	Member	
Age 19 and under	12	2	2	0	0	1	1	1	0	1	0	0	0	0	0	1	2	2	0	1	3	0	0	0	0	0	0	3	20	1.7
Age 20 to 24	6	1	0	0	0	0	2	0	0	1	1	2	0	0	0	0	2	0	1	0	0	0	0	0	0	0	1	0	11	1.8
Age 25 to 29	6	0	1	2	0	0	1	2	0	0	0	0	0	0	0	1	0	0	2	2	0	0	0	0	0	0	0	11	1.8	
Age 30 to 34	20	5	5	6	1	3	6	0	1	4	2	1	0	0	1	2	2	1	5	5	3	1	2	1	1	0	58	2.9		
Age 35 to 39	27	9	9	5	4	5	6	1	3	2	4	1	1	1	0	3	0	1	7	6	2	0	4	2	1	5	82	3		
Age 40 to 44	41	11	7	13	4	7	14	3	2	12	8	4	4	4	2	9	4	2	8	11	3	2	5	6	4	9	158	3.9		
Age 45 to 49	37	9	7	4	11	7	8	3	5	7	6	5	3	3	2	8	3	3	7	7	3	0	3	6	2	14	136	3.7		
Age 50 to 54	32	7	7	10	4	5	12	1	7	5	5	8	7	2	4	5	4	0	4	8	5	1	4	1	0	10	126	3.9		
Age 55 to 60	33	10	10	7	1	10	13	2	3	11	7	3	3	3	3	8	4	1	9	5	2	1	3	4	7	14	144	4.4		
Age 60 to 64	16	4	2	1	2	4	4	0	1	2	4	2	2	0	1	2	1	0	2	4	2	0	2	1	2	4	49	3.1		
Age 65 to 69	5	1	0	0	1	0	2	0	0	1	1	0	0	0	0	1	2	0	0	2	0	0	0	1	1	3	16	3.2		
Age 70 and over	6	1	1	0	0	1	1	0	0	1	1	0	0	0	0	0	0	0	1	1	0	0	0	0	0	1	1	10	1.7	
	241	60	51	48	28	43	70	13	22	47	39	26	20	13	14	41	24	8	47	54	20	5	23	22	20	63	821	2.9		
		24.90%	21.20%	19.90%	11.60%	17.80%	29.00%	5.40%	9.10%	19.50%	16.20%	10.80%	8.30%	5.40%	5.80%	17.00%	10.00%	3.30%	19.50%	22.40%	8.30%	2.10%	9.50%	9.10%	8.30%	26.10%				