

RNS #	Name	Gender	Age	Greenwood		Bluenose	Bluenose	Bluenose	Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Enfield 5K	Enfield 10M	Liverpool	Sheila	Nova	Nova	Dartmouth	Digby	Race	Cobequid	Berwick	Lake	Lake	Valley	Valley	NSAC 5K	Volunteer	Total	
				Dal ST 5K	10K	Truro 10K	10K	Half	Full	8 Miler	5 K	10K			Half	Mem. 10K	Scotia Half	Scotia	Natal Day	Scallop	Through		5 Miler	Ainsley Half	Ainsley	Harvest Half	Harvest				
4284	Gillis, Caitlin	F	21			55		55		55		55								55				55						330	6
4391	Gillis, Erin	F	24			48		48		49		49											49			55			298	6	
4371	Roberts, Andrea	F	22		55	49			55													49						208	4		
4370	Moore, Stephanie	F	23	55				49					55							49								208	4		
4373	Beehan, Jennifer	F	24			55						48										55						158	3		
4363	Sherman, Carla	F	23			49																						49	1		
new	Smith, Kimberly	F	20																					48				48	1		
4337	Pennington, Jenna	F	21																									0	0		
			8	1	1	3	2	3	0	1	2	0	3	1	0	0	0	0	0	2	0	0	2	0	3	0	1	0	0	0	

RNS #	Name	Gender	Age	Greenwood		Bluenose		Bluenose	Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Liverpool		Sheila Poole	Nova Scotia		Nova Scotia		Dartmouth	Digby	Race	Cobequid	Berwick	Lake	Lake	Valley	Valley	NSAC 5K	Volunteer	Total	
				Dal	ST 5K	10K	Truro 10K	10K	Half	Full	8 Miler	5 K	10K	Half	Enfield 5K	Enfield 10M	5 Miler	Mem. 10K	1/2 Marathon	Marathon	6 Miler	Days 5K	Time 8 M	Trail 10K	5 Miler	Marathon	Marathon	Marathon	Marathon			
4417	Leah, Sarah	F	28				55																	55							110	2
4367	Whatley, Laura	F	25					49												55										104	2	
4361	Luedemann, Paula	F	25				55																						55	1		
4442	Widmeyer, Karla	F	26																						55				55	1		
4395	Wong-Petrie, Karen	F	27																										0	0		
				5	0	0	0	1	2	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1	1	0	0	0	0	0	

RNS #	Name	Gender	Age	Dal	Greenwood		Bluenose	Bluenose	Bluenose	Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Liverpool	Sheila Poole	Nova Scotia Half	Nova Scotia	Dartmouth	Digby	Race	Cobequid	Berwick	Lake Ainsley Half	Lake Ainsley	Valley Harvest Half	Valley Harvest	NSAC 5K	Volunteer	Total		
					10K	Truro 10K	10K	Half	Full	8 Miler	5 K	10K	Half	Enfield 5K	Enfield 10M	5 Miler	Mem. 10K	Marathon	Marathon	6 Miler	Days 5K	Time 8 M	Trail 10K	5 Miler	Marathon	Marathon	Marathon	Marathon			
4232	Gregoire, Marie-Claude	F	32		49		48	55					55								55	55							60	390	9 48 49
4139	MacDonald, Denise	F	31		55		55		49					55	55						55		55							385	8 49
4425	Anderson, Tammy	F	34				49													48		49	55		55				359	7	
2975	Tully-Knockwood, Amelia	F	29									49		49								49		46		49			291	6	
4093	Levy, Amber	F	31			46	47				49										46		48						291	6	
4340	Fox, Dana	F	30			49					55				49														202	4	
4406	Druhan, Dawn	F	30								48	55													49				198	4	
4178	Kennedy, Bernadette	F	33				47				46																48		189	4	
4422	Barry, Angela	F	34								47	48								45									184	4	
4318	Jabbour, Leah	F	30						55											49									159	3	
4227	Davidson, Selena	F	33										48	48					55										151	3	
4357	LeBlanc, Lori	F	32												49														146	3	
4418	Auffrey, Jennifer	F	30																		47				47				139	3	
4421	Weatherhead, Lisa	F	34					48														47							95	2	
4281	Badcock, Dee	F	33																						48				95	2	
4022	MacDonald, Emily	F	30																										55	1	
4018	Flory, Mary Beth	F	34					49																					49	1	
707	Fry, Joanne	F	34																										48	1	
4388	Gregor, Stacey	F	33																										47	1	
4403	Bridge, Jennifer	F	33					46																					46	1	
3085	Caswell, Stacey	F	33																										0	0	
4145	MacKinnon, Christa	F	34																										0	0	
4408	Bennett, Kelly	F	30																										0	0	
4413	Crowley, Amy	F	32																										0	0	
4428	Goodfellow, Heather	F	33																										0	0	
new	Mabe, Michelle	F	34																										0	0	
4439	Moore, Megan	F	31																										0	0	
				27	2	5	4	5	7	1	2	5	3	3	1	1	3	3	2	0	6	1	4	2	3	1	0	5	0	3	1

RNS #	Name	Gender	Age	Greenwood		Bluenose	Bluenose	Bluenose	Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Liverpool	Sheila Poole	Nova Scotia Half	Nova Scotia Marathon	Dartmouth Natal Day	Digby Scallop	Race Through	Cobequid Trail	Berwick 5 Miler	Lake Ainsley Half Marathon	Lake Ainsley Marathon	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Total			
				10K	Truro 10K	10K	Half	Full	8 Miler	5 K	10K	Half		Enfield 5K	Enfield 10M	5 Miler	Mem. 10K	Marathon	Marathon	6 Miler	Days 5K	Time 8 M	Trail 10K	5 Miler	Marathon	Marathon	Marathon	Marathon	NSAC 5K	Volunteer	Total
4298	Robson, Denise	F	38		55	55				55	55					55					55						60	390	8	55	
4364	Mader, Denise	F	37	49	47	49		55	49						49	48			55	55	49				55	48	60	384	14	47 48 49 49 49 49 48	
4051	McWirther, Micheline	F	37	55	49	48	49				49		55		47	49			49	49	48	55				60	372	12	47 48 48 49 49		
4355	Fisher, Lisa	F	35		46		46			48			49	55				49										293	6		
4030	Scattolon, Yvette	F	37													47								55		55		253	5		
4419	Murphy, Dena	F	37				55										46											156	3		
4114	McDonah, Erin	F	39												48											60	156	3			
4087	Baker, Catherine	F	39				47					55																146	3		
2905	Boutilier, Sue	F	35						47								43	55										145	3		
4438	Carbyn, Susan	F	37																		49	47				49	145	3			
4219	Harvey, Kelly	F	36		48						49																	97	2		
4012	Lane, Sheila	F	38							46										48								94	2		
4307	Skedden, Shelley	F	39			55																						55	1		
4328	Morrison, Carolyn	F	36				48																					48	1		
4289	Barrett, Lorraine	F	35				45																					45	1		
4366	Armstrong, Hannah	F	38																	45								45	1		
4327	Aucoin, Ginette	F	36																									0	0		
2937	Niedermayer, Jill	F	36																									0	0		
2560	McRae, Christina	F	37																									0	0		
4381	Aucoin, Joann	F	39																									0	0		
			20	2	5	3	1	6	0	1	5	2	4	2	1	2	1	4	0	8	2	3	2	4	1	0	1	1	3	4	

RNS #	Name	Gender	Age	Greenwood		Bluenose	Bluenose	Bluenose	Wolfville	Lunenburg	Johnny	Johnny	Liverpool		Sheila	Nova	Nova	Dartmouth	Digby	Race	Cobequid	Berwick	Lake	Lake	Valley	Valley	NSAC	5K	Volunteer	Total		
				10K	Truro	10K	10K	Half	Full	8 Miler	5K	10K	Half	Enfield 5K	Enfield 10M	5 Miler	Mem. 10K	Marathon	Marathon	5 Miler	Days 5K	Time 8 M	Trail 10K	5 Miler	Marathon	Marathon					Marathon	Marathon
2789	Hiscock, Tammy	F	44		55	55				55	55			55	55				55	55		55	55							385	11	55 55 55 55
2953	Fiander, Janice	F	41		49	49		49								55				55			49	49			55	60	372	10	49 49 49	
2211	White, Tina	F	40				55		55	47	47		49	47	48	49			47	47	48	48	46	47		46	48	60	364	17	47 47 47 47 47 48 46 47 46 48	
4169	Marlin, Karen	F	41	55				55		48	49			48					49	48		55	49						360	9	48 48	
4245	Chapman, Darlene	F	43		48	47														48	49	49	48					60	357	8	47	
4117	Hiltz, Shari-Lynn	F	41					49	49	46	48							46		47		45	48				47	60	345	9	45 46	
4306	Murney, Sherri	F	42						49			55										47							255	5		
4351	Sarginson, Janice	F	42		47									48	47							47							188	4		
4148	Cook, Rhonda	F	42												49														159	3		
2665	Murdock-Moore, Shawna	F	41			48																					48	49	145	3		
648	Anderson, Teri	F	41					48																					144	3		
4270	Comeau, Sandra	F	44	49						45																			94	2		
4411	Brenton, Janelle	F	42				49												45										94	2		
4398	Murray, Patricia	F	44							44																			90	2		
3092	Reid, Marlene	F	43																										60	60	1	
4358	Gilbert, Phyllis	F	43				48																						48	1		
4375	Kelly, Cindra	F	43				47																						47	1		
4338	MacAulay, Christine	F	44					47																					47	1		
4286	Milton, Terri	F	41																										0	0		
4182	Mathewson, Ruth	F	42																										0	0		
909	Hoyt-d'Eon, Janet	F	44																										0	0		
			21	2	4	4	4	5	2	2	7	4	1	0	2	5	4	2	1	6	5	4	3	6	4	0	5	1	4	5		

RNS #	Name	Gender	Age	Greenwood		Bluenose	Bluenose	Bluenose	Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Liverpool		Sheila Poole	Nova Scotia Half	Nova Scotia	Dartmouth Natal Day	Digby Scallop	Race Through	Cobequid	Berwick	Lake Ainsley Half	Lake Ainsley	Valley Harvest Half	Valley Harvest	NSAC 5K	Volunteer	Total		
				10K	Truro 10K	10K	Half	Full	8 Miler	5 K	10K	Half	Enfield 5K	Enfield 10M	5 Miler	Mem. 10K	Marathon	Marathon	6 Miler	Days 5K	Time 8 M	Trail 10K	5 Miler	Marathon	Marathon	Marathon	Marathon				
2224	Carson, Sherry	F	49	55	55					55	55			55								55						60	390	8	55
667	King, Laura	F	47				55		55												49				55		49	60	378	7	
2158	Holland, Nancy	F	45	48	47	48	55		48	46	49		55		47	49		48				55	49			55		60	377	15	46 47 47 48 48 48 49 49
2884	Fitzsimmons, Catherine	F	48		46	49			49	49												48	55		49		60	366	10	46 48 49	
2915	Falkenham-Boutiller, Peggy	F	46		48					48												49			48			297	6		
529	MacPherson, Ena	F	47	49	49										48			55										256	5		
3043	Higgins, Joy	F	45				48			47										55								197	4		
4099	Oostveen, Joanne	F	46				49												47									144	3		
98	Currie-Yarr, Pam	F	47															49									60	109	2		
2408	Etter, Christina	F	46										55	49														104	2		
4335	McDonald, Barbara J	F	45																									0	0		
4349	Stotz, Beverly	F	45																									0	0		
4017	Britten, Sandra	F	48																									0	0		
4296	Therault, Shirley	F	48																									0	0		
2667	Chiasson, Dianne	F	48																									0	0		
4429	Janes, Laura	F	45																									0	0		
4443	McCluskey, Susan	F	46																									0	0		
			17	3	5	3	1	3	0	3	5	2	4	1	1	2	4	2	0	4	0	1	2	3	2	0	3	1	2	5	0

RNS #	Name	Gender	Age	Greenwood		Bluenose	Bluenose	Bluenose	Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Liverpool		Sheila Poole	Nova Scotia	Nova Scotia	Dartmouth	Digby	Race	Cobequid	Berwick	Lake	Lake	Valley	Valley	NSAC 5K	Volunteer	Total				
				Dal	ST 5K	10K	Truro 10K	10K	Half	Full	8 Miler	5 K	10K	Half	Enfield 5K	Enfield 10M	5 Miler	Mem. 10K	1/2 Marathon	Marathon	6 Miler	Days 5K	Time 8 M	Trail 10K	5 Miler	Marathon	Marathon	Marathon	Marathon				
4086	MacDonald, Susan	F	50			55		55							55			55				55						60	390	7			
4011	Wallace, Geri	F	52			49				55	55			55		55					55		49					60	390	9	49	49	
2892	Stiner, Maureen	F	52			44			46					49		48					47		48		49		49	60	350	10	44	46	47
891	Hughes, Karen	F	54	49		47	48			47	45					49					46		55				55		350	10	45	46	47
2797	Moser, Beth	F	52			45															45		45						340	7			
4333	Moore, Grace	F	53			42			49												45		46				46	60	299	6			
727	LeDuc, Louise	F	53				55			49											49						55		257	5			
4159	Gillis, Sue	F	50					49		48																55		246	5				
632	Roblee, Laura	F	54	47										48									44					60	199	4			
1445	Peverill, Debbie	F	50	55		46				45																		49	195	4			
2972	MacDougall, Gail	F	54			48			48	47	49																	192	4				
4387	Smith, Joanne	F	50						49	48											48								145	3			
4285	Scott, Annette	F	52	48						44																48			140	3			
4280	Gallant-Mason, Suzanne	F	54			43																							134	3			
4329	MacLean, Audrey	F	51							46																			101	2			
4205	Banks, Pamela	F	52																										99	2			55
3053	Pound, Betty	F	53																										49	1			
754	MacDonald, Ann	F	54																										49	1			
4336	Macbeath, Donalda	F	52																										49	1			
4424	Poirier, Jocelyne	F	54							43																			43	1			
4344	Bronk, Elly	F	50																										0	0			
2547	Paley, Karen	F	50																										0	0			
4374	Schewe, Suzanne	F	53																										0	0			
4322	Mount, Donna	F	54																										0	0			
4400	Hunt, Debi	F	52																										0	0			
			25	4	9	3	0	6	0	5	8	2	1	2	0	3	2	3	0	8	2	3	1	7	3	1	5	1	2	5			0

RNS #	Name	Gender	Age	Greenwood		Bluenose	Bluenose	Bluenose	Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Liverpool	Sheila Poole	Nova Scotia	Nova Scotia	Dartmouth	Digby	Race		Berwick	Lake	Lake	Valley	Valley	NSAC 5K	Volunteer	Total				
				10K	Truro 10K	10K	Half	Full	8 Miler	5 K	10K	Half		Enfield 5K	Enfield 10M	5 Miler	Mem. 10K	1/2 Marathon	Marathon	6 Miler	Days 5K	Time 8 M	Trail 10K	5 Miler	Marathon				Marathon	Marathon	Marathon	
1259	Patrick, Alice	F	55							55			55								55	55					60	390	7			
4166	Topliss, Brenda	F	58	55	55	55															48			49		60	378	9	48	49		
4305	Dwyer, Vicky	F	57	49						47											46			48		60	353	8	45			
2785	Richardson, Beverley	F	56	48	48					46				49												60	251	5				
4404	Fox, Barbara	F	55							49	49											49					250	5				
4324	Draper, Carol	F	59		49	49				48				55													248	5				
1059	Gough, Gabriele	F	59		49			55													49			55			208	4				
1575	Boutlier, Joan	F	56								55											48					197	4				
4023	Tingley, Diane	F	58																	49					55		145	3				
925	Hall, Barbara	F	56			49															47						140	3				
2238	MacDonald, Mona	F	55			55															46						101	2				
4132	Cantrell, Mary	F	56								55																55	1				
2209	Hodgman, Blair	F	56																								0	0				
				13	3	3	2	2	2	0	1	5	1	2	4	0	1	2	0	0	8	0	2	1	6	3	0	3	0	1	4	0

RNS #	Name	Gender	Age	Greenwood		Bluenose		Bluenose	Wolfville	Lunenburg	Johnny Miles		Liverpool		Sheila Poole	Nova Scotia		Dartmouth	Digby	Race		Berwick	Lake	Lake	Valley	Valley	NSAC 5K	Volunteer	Total					
				10K	Truro 10K	10K	Half	Full	8 Miler	5 K	10K	Half	Enfield 5K	Enfield 10M	5 Miler	Mem. 10K	1/2 Marathon	Marathon	6 Miler	Days 5K	Time 8 M	Trail 10K	5 Miler	Marathon	Marathon	Marathon				Marathon				
2604	Gillis, Georgie	F	61		55									55					55				55						60	390	7			
3063	Keenan, Jenny	F	60	55			55																47						60	390	10	49 49 47		
2942	Robichaud, Shirley	F	60						49	49					49								48						60	358	8	48		
4272	Leppard, Marie	F	60						48	47																			60	257	5			
598	Davidson, Mary	F	66		55																		49			55			60	219	4			
4436	Oickle, Marion	F	64																	55									60	219	4			
4376	MacNeil, Clare	F	61				55																						110	2				
4368	Moonney, Janet	F	61				49																						103	2				
4402	Fletcher, Joanne	F	66																										95	2				
4009	Taylor, Sharon	F	61																										49	1				
				10	1	4	1	2	1	0	3	5	0	1	2	0	2	1	1	0	3	1	0	1	4	1	0	1	1	0	1	0	1	5

RNS #	Name	Gender	Age	Greenwood		Bluenose	Bluenose	Bluenose	Wolfville	Lunenburg	Johnny Miles	Johnny Miles	Liverpool			Sheila	Nova	Nova	Dartmouth	Digby	Race	Cobequid	Berwick	Lake	Lake	Valley	Valley	NSAC 5K	Volunteer	Total	
				10K	Truro 10K	10K	Half	Full	8 Miler	5 K	10K	Half	Enfield 5K	Enfield 10M	5 Miler	Mem. 10K	Marathon	Marathon	6 Miler	Days 5K	Time 8 M	Trail 10K	5 Miler	Marathon	Marathon	Marathon	Marathon				
4195	Nevitt, Betty	F	70	55						55	55								55			55								60	335
796	Finson, Shelley	F	70										55						55									55		165	
1110	Casson, Bela	F	74																										60	60	
527	Jeppeson, Helen	F	84																											0	
			4	1	0	0	0	0	0	1	1	0	1	0	0	0	0	0	1	1	0	0	1	0	0	0	0	1	2		

Age Class	Count	Greenwood		Bluenose	Bluenose	Bluenose	Wolfville	Lunenburg	Johnny Miles	Johnny Miles Half	Enfield 5K	Enfield 10M	Liverpool	Sheila Poole	Nova Scotia Half	Nova Scotia	Dartmouth Natal Day	Digby Scallop	Race Through	Cobequid	Berwick	Lake Ainsley Half	Lake Ainsley	Valley Harvest Half	Valley Harvest	NSAC 5K	Volunteer	Total	Races per Member	
		Da	ST 5K	10K	Truro 10K	10K	Half	Full	8 Miler	5 K			10K	Marathon	5 Miler	Mem. 10K	Marathon	Marathon	6 Miler	Days 5K	Time 8 M	Trail 10K	5 Miler	Marathon	Marathon					Marathon
Age 19 and under	10	1	1	0	0	0	0	0	3	0	0	1	0	1	1	0	0	0	1	0	1	0	0	0	0	0	0	10	1.0	
Age 20 to 24	8	1	1	3	2	3	0	1	2	0	3	1	0	0	0	0	0	2	0	0	2	0	3	0	1	0	0	25	3.1	
Age 25 to 29	5	0	0	0	1	2	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1	1	0	0	0	0	6	1.2		
Age 30 to 34	27	2	5	4	5	7	1	2	5	3	3	1	1	3	3	2	0	6	1	4	2	3	1	0	5	0	3	1	73	2.7
Age 35 to 39	20	2	5	3	1	6	0	1	5	2	4	2	1	2	1	4	0	8	2	3	2	4	1	0	1	1	3	4	68	3.4
Age 40 to 44	21	2	4	4	4	5	2	2	7	4	1	0	2	5	4	2	1	6	5	4	3	6	4	0	5	1	4	5	92	4.4
Age 45 to 49	17	3	5	3	1	3	0	3	5	2	4	1	1	2	4	2	0	4	0	1	2	3	2	0	3	1	2	5	62	3.6
Age 50 to 54	25	4	9	3	0	6	0	5	8	2	1	2	0	3	2	3	0	8	2	3	1	7	3	1	5	1	2	5	86	3.4
Age 55 to 59	13	3	3	2	2	2	0	1	5	1	2	4	0	1	2	0	0	8	0	2	1	6	3	0	3	0	1	4	56	4.3
Age 60 to 69	10	1	4	1	2	1	0	3	5	0	1	2	0	2	1	1	0	3	1	0	1	4	1	0	1	0	1	5	41	4.1
Age 70 and over	4	1	0	0	0	0	0	0	1	1	0	1	0	0	0	0	0	1	1	0	0	1	0	0	0	0	1	2	10	2.5
	160	20	37	23	18	35	3	18	46	15	19	15	5	19	18	14	1	47	13	17	15	35	19	1	24	4	17	31	529	3.3
		12.5%	23.1%	14.4%	11.3%	21.9%	1.9%	11.3%	28.8%	9.4%	11.9%	9.4%	3.1%	11.9%	11.3%	8.8%	0.6%	29.4%	8.1%	10.6%	9.4%	21.9%	11.9%	0.6%	15.0%	2.5%	10.6%	19.4%		

**2006 RNS GoActive Series
Female Award Winners**

<u>Age Class</u>	<u>RNS #</u>	<u>Name</u>	<u>Points</u>	<u># of Events</u>	
70 plus	4195	Nevitt, Betty	335	6	
	796	Finson, Shelley	165	3	
60 to 69	2604	Gillis, Georgie	390	7	
	3063	Keenan, Jenny	390	10	
	2942	Robichaud, Shirley	358	8	
	4272	Leppard, Marie	257	5	
	598	Davidson, Mary	219	4	
55 to 59	1259	Patrick, Alice	390	7	
	4166	Topliss, Brenda	378	9	
	4305	Dwyer, Vicky	353	8	
	2785	Richardson, Beverley	251	5	
	4404	Fox, Barbara	250	5	
50 to 54	4086	MacDonald, Susan	390	7	
	4011	Wallace, Geri	390	9	
	2892	Stiner, Maureen	350	10	
	891	Hughes, Karen	350	10	
	2797	Moser, Beth	340	7	
45 to 49	2224	Carson, Sherry	390	8	
	667	King, Laura	378	7	
	2158	Holland, Nancy	377	15	
	2884	Fitzsimmons, Catherine	366	10	
	2915	Falkenham-Boutilier, Pegg	297	6	
40 to 44	2789	Hiscock, Tammy	385	11	
	2953	Fiander, Janice	372	10	
	2211	White, Tina	364	17	
	4169	Marlin, Karen	360	9	
	4245	Chapman, Darlene	357	8	
35 to 39	4298	Robson, Denise	390	8	
	4364	Mader, Denise	384	14	
	4051	McWirther, Micheline	372	12	
	4355	Fisher, Lisa	293	6	
	4030	Scattolon, Yvette	253	5	
30 to 34	4232	Gregoire, Marie-Claude	390	9	
	4139	MacDonald, Denise	385	8	
	4425	Anderson, Tammy	359	7	
	2975	Tully-Knockwood, Amelia	291	6	
	4093	Levy, Amber	291	6	
20 to 29	4284	Gillis, Caitlin	330	6	
	4391	Gillis, Erin	298	6	
	4371	Roberts, Andrea	208	4	
	4370	Moore, Stephanie	208	4	
	4373	Beehan, Jennifer	158	3	
under 19	4353	Sarginson, Amy	220	4	
	4444	Edwards, Sarah	165	3	
	42	Participants	Ran	332	Races
		Average number of races	7.9		