



























Age Class	Count	Greenwood		Bluenose		Bluenose		Wolfville		Lunenburg		Johnny Miles		Johnny Miles		Liverpool		Sheila Poole	Nova Scotia	Nova Scotia	Dartmouth	Digby	Race	Cobequid	Berwick	Lake		Lake		Valley	Valley	Races per	
		Da	ST 5K	10K	Truro 10K	10K	Half	Full	8 Miler	5 K	10K	Half	Enfield 5K	Enfield 10M	5 Miler	Mem. 10K	1/2 Marathon	Marathon	6 Miler	Days 5K	Time 8 M	Trail 10K	5 Miler	Marathon	Marathon	Harvest Half	Harvest	NSAC 5K	Volunteer	Total	Member		
Age 19 and under	9	1	3	0	0	0	0	1	3	0	0	0	0	3	3	1	0	1	2	0	0	3	0	0	2	0	0	0	0	0	1	24	2.7
Age 20 to 24	1	0	1	0	0	0	0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	3.0	
Age 25 to 29	4	1	3	3	0	0	0	0	0	1	0	0	1	0	0	1	0	2	0	0	0	2	0	0	0	0	0	0	1	0	15	3.8	
Age 30 to 34	18	4	6	3	1	3	4	2	5	2	2	3	1	2	1	2	1	4	2	1	1	1	1	1	0	1	2	3	3	61	3.4		
Age 35 to 39	28	4	7	8	2	5	2	3	6	3	3	2	3	3	2	2	0	7	3	3	3	8	3	0	5	1	2	3	93	3.3			
Age 40 to 44	24	2	3	2	2	2	3	1	6	2	3	3	1	2	4	1	0	7	3	2	2	4	1	1	7	1	1	1	7	73	3.0		
Age 45 to 49	27	8	10	3	2	5	4	4	10	2	5	1	2	6	5	4	2	11	4	1	3	9	2	1	6	3	1	10	124	4.6			
Age 50 to 54	24	5	8	3	2	6	4	3	5	1	4	3	0	5	6	1	1	4	6	6	2	4	2	1	2	2	3	8	97	4.0			
Age 55 to 60	31	7	8	3	1	6	2	6	11	3	6	6	1	3	3	4	1	8	4	4	5	10	3	2	2	3	4	12	128	4.1			
Age 60 to 64	24	3	4	3	2	4	0	3	4	2	1	2	2	3	3	0	2	6	1	6	4	4	2	1	3	0	4	8	74	3.1			
Age 65 to 69	5	1	1	0	0	2	0	0	2	0	2	0	0	1	0	1	0	2	1	0	0	2	0	0	0	0	0	4	19	3.8			
Age 70 and over	5	1	2	1	1	1	0	1	1	0	1	1	0	1	0	1	0	3	0	0	2	2	0	0	0	0	0	1	0	20	4.0		
	200	37	56	29	13	34	19	25	53	16	27	20	11	28	28	21	5	51	31	18	24	49	14	6	28	12	20	56	731				
		18.5%	28.0%	14.5%	6.5%	17.0%	9.5%	12.5%	26.5%	8.0%	13.5%	10.0%	5.5%	14.0%	14.0%	10.5%	2.5%	25.5%	15.5%	9.0%	12.0%	24.5%	7.0%	3.0%	14.0%	6.0%	10.0%	28.0%					



**2006 RNS GoActive Series  
Male Award Winners**



<b>Class</b>	<b>RNS #</b>	<b>Name</b>	<b>Points</b>	<b>Events</b>
70 plus	606	Robertson, Arnold	385	10
	4396	Ryan, Les	262	5
	686	Smith, Les	220	4
65 to 69	3064	Rideout, John	372	8
	913	Young, Rex	280	5
	2183	King, Brian	170	3
60 to 64	4225	Wills, Michael	390	9
	1098	MacEachern, Alex	384	10
	2896	Robb, Hal	364	7
	4239	Myers, Jim	354	10
	4341	Churchill, Kenneth	347	9
55 to 59	509	Anderson, Chris	390	10
	4062	Reid, Phil	378	13
	608	Roblee, Bill	360	12
	2163	Grant, Ken	355	9
	559	Patrick, David	351	7
50 to 54	2732	Coulter, Douglas	390	15
	858	Stein, Mark	372	17
	1729	Rose, Wayne	359	7
	4354	Sarginson, David	338	8
	2796	Duqqan, Brian	326	7
45 to 49	4233	Mellow, Terry	390	14
	1019	Nevitt, Dave	372	12
	186	Fisher, Barry	357	9
	493	Morris, Terry	353	7
	4237	Nickerson, Victor	346	8
40 to 44	2844	Moorehead, Ray	390	8
	4263	MacDougal, Ron	373	7
	986	Pettipas, Michael	360	12
	2927	Middleveen, Tom	343	7
	4331	Hipson, Randall	299	6
35 to 39	4064	Wallace, Glenn	365	7
	4396	Menzies, Neil	359	8
	4420	Playe, Richard	345	9
	4236	Dionne, Louis	336	8
	4222	Sera, Frank	332	8
30 to 34	4297	Vincent, Doug	390	7
	4394	Albright, Marco	367	8
	1033	Holdway, Ian	359	7
	4042	Bartoch, Rich	338	8
	4342	Kozera, Don	323	6
25 to 29	4317	Boudreau, Stephane	324	6
	4377	Austen, Trent	305	6
20 to 24	4129	Atwell, Patrick	165	3
under 20	4410	Stewart, Kyle	330	6
	4352	Sarginson, Nick	306	6
	4409	Hogg, Andrew	193	4
	2780	Carson, Eric	170	3
48	Participants	Ran	385	Races
	Average number of races		8.0	