

RNS Series Stats 2009

Females under 20

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Johnny		Amherst		Pictou			Nova		MacPass		Dartmouth		Louisbourg		Berwick		Valley		Valley		Best 7 Total	# of Races incl		
			Spring Tune-Up 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler	Lunenburg 5 K	Miles 10K	Miles Half	Miles Marathon	Liverpool 5 Miler	Cross-Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Scotia Half Marathon	Nova Scotia Marathon	Bridge Mile	Natal Day 6 Miler	Scallop Days 5K	Race Through 8 Miler	Cobequid Trail 10K	Gala Days 5 Miler	Cole Harbour 10K	Fiddlers Half Marathon	Fiddlers Marathon	Harvest Half Marathon			Valley Harvest Marathon	NSAC 5K
4857	Damiani, Molly	16			55					49					55						49			49						361	7		
4678	Mosgrove, Sage	10	47		48			47		43					47															55	60	347	7
4444	Edwards, Sarah	17	55					55		55										55											275	5	
4695	Marlin, Sarah	11						46		44											49									60	199	4	
5044	Lapensee, Danielle	17						48		46								55													149	3	
5061	Thomas, Sarah	17												55										55							110	2	
4709	Worden-Rogers, Norma Jean	18			49					48																					97	2	
4694	Fuller, Darcy	12								45					48																93	2	
4623	MacIntyre, Heather	17						49																							49	1	
4959	Crowe, Danielle	18	49																												49	1	
4980	Sinclair, Emily	16			48																										48	1	
4968	Harris-Shanks, Leah	13								47																					47	1	
4353	Sarginson, Amy	18																													0	0	
4624	MacIntyre, Emma	14																													0	0	
4696	Marlin, Lauren	14																													0	0	
4812	Hillis, Helen	11																													0	0	
4893	Hall-Sawler, Danielle	17																													0	0	
4897	MacIntyre, Cassie	7																													0	0	
4936	Black, Paige	16																													0	0	
4972	Smith, Maggie	10																													0	0	
4976	Keefe, Ella	7																													0	0	
5034	DiMattia, Sabrina	12																													0	0	
5080	Bishop, Emily	14																													0	0	
5082	Bishop, Rachel	12																													0	0	
5083	Bishop, Colleen	9																													0	0	
5098	Clark, Madison	13																													0	0	
			26	4	0	3	0	5	0	8	0	0	0	1	0	1	0	4	0	0	1	2	2	0	0	2	0	0	0	0	0	1	2

RNS Series Stats 2009

Females 25 to 29

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Enfield		Johnny Johnny Johnny			Amherst		Pictou			Nova Scotia		Nova Scotia		MacPass		Dartmouth		Digby		Louisbourg		Berwick		Cole		Fiddlers		Fiddlers		Valley		Valley		Best 7 Total	# of Races incl Volunteer
			Spring Tune-Up	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler	Lunenburg 5 K	Miles 10K	Miles Half	Miles Marathon	Liverpool 5 Miler	Cross-Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Marathon	Marathon	Bridge Mile	Natal Day 6 Miler	Scallop Days 5K	Race Through 8 Miler	Cobequid Trail 10K	Gala Days 5 Miler	Harbour 10K	Half Marathon	Half Marathon	Harvest Marathon	Half Marathon	Harvest Marathon	NSAC 5K	Volunteer	Points	Volunteer									
4964	McBride, Meghan	25	55	48		49				55									49																					311	6			
4996	McInnes, Caroline	28		55		55				55									55																						220	4		
5003	Knickle, Janelle	27			55					48									55																						213	4		
4932	O'Donnell, Heather	29		49																																						159	3	
4909	Chambers, Amanda	28		47		48				47																																142	3	
4920	Abriel-Sangster, Mary	29	48							46																																141	3	
4814	Riley, Gabrielle	29																																								110	2	
5047	Spurr, Alison	26								49																																	98	2
5070	d'Entremont, Heather	28																	48																								97	2
4391	Gillis, Erin	27																																									55	1
5054	Hinkley, Tanya	25																																									55	1
4379	Whatley, Laura	28																																									49	1
4727	McNamara, Meaghan	25	49																																								49	1
5125	Rose-Muise, Krissy	29																																									48	1
4839	MacIvor, Jennifer	29																																									0	0
4917	Molloy, Krystle	27																																									0	0
4939	Hilsley, Robyn	29																																									0	0
5000	Spence, Cindy	29																																									0	0
5060	Riley, Allison	26																																									0	0
5067	LaPierre, Marissa	26																																									0	0
5089	Boyer, Valerie	25																																									0	0
5100	Marcotte, Leslie	27																																									0	0
5124	Rose-Goodwin, Nancy	33																																									0	0
			23	3	4	1	0	3	0	5	1	2	1	0	0	0	0	3	1	0	0	0	0	1	2	0	0	1	0	1	0	1	0	4	1	0	0							

RNS Series Stats 2009

Females 35 to 39

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Johnny		Amherst		Pictou		Nova Scotia		MacPass		Dartmouth		Louisbourg		Berwick		Fiddlers		Valley		Valley		Best 7 Total	# of Races incl	
			Spring Tune-Up	Greenwood	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler	Lunenburg 5 K	Miles 10K	Miles Half	Miles Marathon	Liverpool 5 Miler	Cross-Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Marathon	Marathon	Bridge Mile	Natal Day 6 Miler	Scallop Days 5K	Race Through 8 Miler	Cobequid Trail 10K	Days 5 Miler	Cole Harbour 10K	Half Marathon	Marathon	Harvest Half	Harvest Marathon			NSAC 5K
4227	Davidson, Selena	36		48	55	49				46	48			48																60	357	8	
4816	King, Tanya	37	55			55		48	47			55		48						48							45				356	9	
5010	Hill, Rayleen	36		55				55			49			55						55											324	6	
4232	Gregoire, Marie-Claude	35						55												49			49	55						48	305	6	
4456	Carter, Cathy	38				49			48						55												48			60	260	5	
4554	Caldwell, Hazel	39									55									55						55			55	220	4		
4533	Chesnutt, Stacy	38						49																				49		49	195	4	
4676	MacNeil, Tawnya	35																										49		47	190	4	
4942	MacDonald, Angela	39		45										55																60	160	3	
5004	Goodfellow, Heather	36								55	55				49																159	3	
4714	Johnston, Katrina	35							45	47																			60	152	3		
4963	Munro, Jennifer	36									43																				124	3	
4559	LeBlanc, Lyse	35																			55										110	2	
4612	Comeau-Shantz, Reanne	35							49					55																	104	2	
4791	Reardon Keefe, Laura	36									49																				104	2	
4984	Cook, Catherine	38		49																									55		97	2	
4955	Lowe, Holly	35												49																	95	2	
3085	Caswell, Stacey	36																												60	60	1	
4958	Abriel, Andrea	38		47																											47	1	
4888	Travis, Maggie	37		46																											46	1	
4930	MacNeil, Tracy	38																													46	1	
4872	Williatte-Battet, Jennifer	36																													44	1	
4965	MacDonald, Christy	38																													43	1	
707	Fry, Joanne	37																													0	0	
4355	Fisher, Lisa	38																													0	0	
4578	Mercier, Tammy	39																													0	0	
4615	MacDonald, Mary Elizabeth	38																													0	0	
4658	Driscoll, Wendy	38																													0	0	
4684	Goulden, Patricia	35																													0	0	
4738	Bent-Joudrey, Shelley	36																													0	0	
4829	Miles, Kathleen	36																													0	0	
4905	Carey, Colleen	38																													0	0	
4935	Black, Shannon	39																													0	0	
4952	Wilson, Lesley	38																													0	0	
4954	Mercer, Gail	35																													0	0	
4969	Hambly-Wile, Malana	36																													0	0	
5056	MacVicar, Sherry	37																													0	0	
5072	Mabley-Chaisson, Tamara	38																													0	0	
5096	Warren, Jacki	36																													0	0	
5099	Jarvis, Sherry	38																													0	0	
5103	Campbell, Lori	39																													0	0	
5136	Holleman, Jennifer	39																													0	0	
			42	1	6	1	2	2	3	6	4	8	0	2	0	4	3	1	1	0	0	3	0	1	2	3	1	1	2	8	0	4	5

RNS Series Stats 2009

Females 40 to 44

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Johnny Miles 10K	Johnny Miles Half	Johnny Miles Marathon	Liverpool 5 Miler	Amherst		Pictou		Sheila Poole 10K	Windsor 5K	Nova Scotia		MacPass Bridge Mile	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg		Berwick		Cole Harbour 10K	Fiddlers Half Marathon	Fiddlers Marathon	Valley		Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer		
			Spring Tune-Up 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler					Lunenburg 5 K	Cross-Border 10K	Run for the Lobster 10K	Half Marathon			Marathon	Marathon				Marathon	Marathon	Race Through Time 8 Miler	Cobequid Trail 10K				Gala Days 5 Miler	Harvest Marathon						Harvest Half Marathon	Harvest Marathon
4441	Carbyn, Susan	40		49	55				55		49	55	55	55	49	55	55				55	49			48	48						49	55	60	390	16			
4240	MacDonald, Linda	43	55	55			55	55		49	49															49	49						55			373	9		
4169	Marlin, Karen	44					49	49		46	49										49		49				45	55						60	360	10			
2211	White, Tina	43		48	49		46	48	44	44	47	49					47																	60	351	12			
4051	McWhirter, Micheline	40						47	47	48						48												47							60	346	8		
4030	Scattolon, Yvette	40	49			48	46		45	47							47											44							60	342	8		
4298	Robson, Denise	41							55	55							55										55	55								330	6		
4956	Kenney, Laura	44		46							48						46																			321	7		
2953	Fiander, Janice	44						45													48														60	294	6		
5052	Howard, Anita	42									48																									287	6		
4598	Sherriff, Julie	43	48								46																									280	6		
4763	McGrath, Lisa	41									46																									249	5		
5037	Fraser, Tamara	41							55	48																										207	4		
4114	McDonah, Erin	42						48																												60	201	4	
2665	Murdock-Moore, Shawna	44										55																								149	3		
4994	Tannahill, Cheryl	43								46																										60	145	3	
4286	Milton, Tern	44															47																				135	3	
4524	McNeill, Beth	41																																		60	102	2	
4364	Mader, Denise	40					47				49																										96	2	
4508	Currie, Ginette	43									47																										96	2	
5066	Cormier, Kelly	41																																			96	2	
4457	Fraser, Cindy	40									47																										94	2	
5068	d'Eon, Rosanne	43															46																				92	2	
4699	Endres, Tonia	41			48					42																											90	2	
2646	Nesoworthy, Janis	40		45							41																										86	2	
4117	Hiltz, Shari-Lynn	44																																			60	60	1
4941	Neynens, Colleen	44																																			60	60	1
648	Anderson, Teri	44																																				55	1
4811	Ross, Barbara	44																																				55	1
4798	Cicchelli, Lisa	41																																				49	1
5094	McElrone, Anne-Marie	42																																				49	1
5039	Fredericks, Alison	42																																				48	1
5121	Nolan, Lila	43																																				48	1
4902	Fifield, Shawna	41					47																															47	1
4925	MacDonald, Allison	42																																				47	1
4988	Walker, Corinne	40		47																																		47	1
5115	Jamieson, Sandra	44																																				47	1
5123	Peddle, Victoria	44																																				47	1
5062	Ross, Holly	41																																				46	1
5076	Leslie, Marie	42																46																				46	1
5086	Scheller, Cathy	42																																				46	1
4762	Lezama, Bethany	40									45																											45	1
4781	McGrath, Diane	41																																				45	1
4877	Rahey, Jeannie	44																																				43	1
4967	Harris, Sheila	42									43																											43	1
5075	Bianchette, Kim	43																																				42	1
4961	Connell, Robin	41																																				40	1
5016	Joudrey, Cara Lee	40										40																										40	1
4462	Bugden, Lydia	42																																				0	0
4486	Crosby, Jacqueline	42																																				0	0
4698	Hall, Janet	42																																				0	0
4842	Perr, Teresa	42																																				0	0
4927	McInnis, Lisa	40																																				0	0
4950	Gauthier, Gail	44																																				0	0
5012	Kachan, Asa	43																																				0	0
5074	Sutherland, Jill	41																																				0	0
5081	Bishop, Sharon	44																																				0	0
5129	Tulloch, Heather	40																																				0	0

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RNS Series Stats 2009

Females 45 to 49

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Enfield		Johnny		Johnny		Amherst		Pictou		Nova		Nova		MacPass		Dartmouth		Digby		Louisbourg		Berwick		Fiddlers		Valley		Valley		Best 7 Total	# of Races incl Volunteer
			Spring Tune-Up	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler	Lunenburg 5 K	Miles 10K	Miles Half	Miles Marathon	Liverpool 5 Miler	Cross-Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Scotia Half Marathon	Nova Scotia Marathon	MacPass Bridge Mile	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through 8 Miler	Cobequid Trail 10K	Gala Days 5 Miler	Cole Harbour 10K	Fiddlers Half Marathon	Fiddlers Marathon	Valley Harvest Marathon	Valley Harvest Half Marathon	NSAC 5K	Volunteer	Points							
2915	Falkenham-Boutillier, Peggy	49		55	55	55	55	55		49		55				55	55	55						55													60	390	15	
2158	Holland, Nancy	48	55	49		49		47	48		46					49	49	49	47					49	48													60	360	13
4815	Thain, Jane	48				48	49				55					48		49						46														60	359	9
4452	Hall, Linda	47							47		45					48																			45		55	60	300	6
4622	MacIntyre, Norma	48									44													47				55										60	206	4
4178	Kennedy, Bernadette	45	49	47							48																										49		193	4
4245	Chapman, Darlene	46														55			49																			60	164	3
4810	Lausch, Rebecca	48																																					159	3
4351	Sarginson, Janice	46												48														55	49										152	3
4926	Fairbairn, Heather	46						49																															144	3
4411	Brenton, Janelle	45									47																												140	3
4148	Cook, Rhonda	45																																					110	2
4850	Sullivan, Sandra	47											48																									60	108	2
4913	Allen, Suzanne	46											55																										103	2
4769	Leslie, Laura	45						49																															98	2
4083	Czapalay, Ava	45																48																					94	2
4995	Young, Suzanne	46										49																											93	2
5015	Lawrence, Kelly	47																																					91	2
4687	Sweet, Trish	46																										48										60	60	1
4918	Allen, Ann	47												55																									55	1
5021	Cameron, Patty	49						55																															55	1
4495	MacEachern, Mary	46																									49												49	1
4823	Ingeborg, Kelly	49		48																																			48	1
4970	Fergusson, Shelley	45								48																													48	1
5091	McTaggart, Kim	45																																					48	1
5013	Hutchings, Betty	46											47																										47	1
2292	Eddy, Patsy	47																																					0	0
3043	Higgins, Joy	48																																					0	0
4306	Murney, Sherri	45																																					0	0
4335	MacDonald, Barbara	48																																					0	0
4443	McCluskey, Susan	49																																					0	0
4648	Groves, Jackie	45																																					0	0
4700	Dakai, Carol	45																																					0	0
4830	MacDonald, Carey	45																																					0	0
4892	Parkhill, Jenny	45																																					0	0
4910	Lavender, Shannon	47																																					0	0
4991	Flemming, Shelley	48																																					0	0
5029	Thompson, Carole	49																																					0	0
5107	Hill, Elizabeth	45																																					0	0
5109	MacGillivray, Patricia	45																																					0	0
			40	2	4	1	3	2	4	4	4	4	7	1	1	3	3	3	2	4	0	1	6	1	2	3	3	3	3	0	8	0	2	8						

RNS #	Name	Age	Dalhousie	Greenwood	Bridgewater	Enfield	Enfield	Johnny	Johnny	Johnny	Amherst	Pictou	Sheila	Windsor	Nova	Nova	MacPass	Dartmouth	Digby	Louisbourg	Race	Cobequid	Berwick	Cole	Fiddlers	Fiddlers	Valley	Valley	Best 7	# of		
			Spring	ZX 10K	Field of	Wolfville	Penguin	Penguin	Lunenburg	Miles	Miles	Miles	Cross-Border	Run for the	Loobster	Pool	Half	Scotia	Scotia	Bridge	Natal Day	Scallop	Through	Trail 10K	Gala	Harbour	Half	Marathon	Marathon	Harvest	Harvest	NSAC 5K
4086	MacDonald, Susan	53		55									55						55	55			55				55			60	390	8
4387	Smith, Joanne	53	55			55		55		55				49																60	384	7
4467	Macpherson, Ena	50	49	49			55		55				55				55	49					49	55			49			60	373	10
4626	Gaillard, Christine	51	47					47		46	49			47						55										60	351	7
4637	Houston, Norma	50				49		47		48			48									49		47						60	348	7
5023	Naugler, Kathy	51			47			46		47		55	49							46							46			60	336	7
4844	MacDonald, Brenda	51																					48	46	48	55		47			244	5
2884	Fitzsimmons, Catherine	51	48		49		49	48														48									242	5
4159	Gillis, Sue	53						48							55									47				45			242	5
4928	Court, Cheryl	51			48			49		55											55									207	4	
4190	Archibald, Sherry	51								48									45										60	153	3	
4547	Clarkson, Liane	50								44				46																138	3	
1145	Pevehill, Debi	53	46	48																										94	2	
4987	Vernon, Lynn	54						45		49																				94	2	
5001	Hutchison, Donna	53	45			48																								93	2	
5134	Ivany, Lyn	50																												55	1	
5088	Hecimovich, Celene	51																						49						49	1	
3018	Singleton, Kay	53																									48			48	1	
4454	Woodbury, Christine	51																	44											44	1	
2667	Chiasson, Dianne	51																												0	0	
4017	Britten, Sandra	51																												0	0	
4785	Pawlowski, Loreen	52																												0	0	
4886	Johnson, Pamela	52																												0	0	
4889	Kelley, Susan	53																												0	0	
4912	Salsman, Heather	52																												0	0	
4924	Cumming, Karen	54																												0	0	
		26	6	3	0	4	3	5	7	3	4	0	1	1	2	1	5	1	0	1	7	1	1	3	5	4	1	0	6	1	0	5

RNS Series Stats 2009

Females 60 to 64

RNS #	Name	Age	Dalhousie	Greenwood	Bridgewater	Enfield	Enfield	Johnny	Johnny	Johnny	Amherst	Pictou	Sheila	Nova	Nova	MacPass	Dartmouth	Digby	Louisbourg	Berwick	Cole	Fiddlers	Valley	Valley	Best 7	# of							
			Spring	ZX 10K	Field of	Penguin	Penguin	Lunenburg	Miles	Miles	Miles	Cross-Border	Run for the	Pool	Windsor	Half	Scotia	Bridge	Natal Day	Scallop	Through	Cobequid	Gala	Harbour	Half	Fiddlers	Harvest	Harvest	NSAC 5K	Volunteer	Points	Races incl	
2942	Robichaud, Shirley	63		55	55	55		55	49		55		55	55			55			55						60	390	11					
4305	Dwyer, Vicky	60	49	48			55	48	48				55	49			48				49	55		49			361	11					
3063	Keenan, Jenny	63	55	49			49	49	46		49			49												60	360	8					
4894	Snow, Joanne	60	48		49		48	47	49								47			55		49					345	8					
4023	Tingley, Diane	61				55					55						49										159	3					
2604	Gillis, Georgie	64							48										55			55					158	3					
4368	Mooney, Janet	64		47																				48			143	3					
4838	Lambert, Catherine	61							55															55			110	2					
4915	Kellock, Nicole	60							47															55			102	2					
5036	Allaway, Simonne	62						46																47			93	2					
1059	Gough, Gabriele	62																							60	60	1						
4518	Winaut, Wanda	62							55																		55	1					
4166	Topliss, Brenda	61																									0	0					
4272	Leppard, Marie	63																									0	0					
4324	Draper, Carol	62																									0	0					
5127	Roddam, Nancy	60																									0	0					
			16	3	4	2	1	3	1	5	3	5	0	1	2	0	2	0	2	0	0	4	0	1	1	3	2	1	0	4	1	0	3

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Enfield		Johnny Johnny Johnny			Amherst		Pictou		Nova Scotia		Nova Scotia		MacPass		Dartmouth		Digby		Louisbourg		Berwick		Cole		Fiddlers		Valley		Valley		Best 7	
			Tune-Up	Greenwood	Field of	Wolfville	Penguin	Penguin	Lunenburg	Miles	Miles	Miles	Liverpool	Cross-Border	Lobster	Poole	Windsor	Half	Scotia	Scotia	Bridge	Natal Day	Scallop	Through	Cobequid	Trail	Days	Harbour	Half	Fiddlers	Fiddlers	Harvest	Harvest	Harvest	Harvest	NSAC 5K	Volunteer	Points	Races incl		
4436	Oickle, Marion	67		55		55				55			55				55								55												55	385	9		
4908	Allen, Judith	66			55								49					49																				153	3		
598	Davidson, Mary	69																																				0	0		
4402	Fletcher, Joanne	69																																				0	0		
			4	0	1	1	1	0	0	2	0	0	0	1	0	0	1	0	2	0	0	0	0	0	1	0	0	0	1	0	0	0	0	0	0	0	1	0			

