

RNS Series Stats 2009

Males under 20

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Johnny		Johnny		Johnny		Amherst		Pictou		Nova		Nova		MacPass		Dartmouth		Digby		Louisbourg		Berwick		Valley		Valley		Best 7		# of
			Spring Tune-Up 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler	Lunenburg 5 K	Miles 10K	Miles Half	Miles Marathon	Liverpool 5 Miler	Cross- Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Half Marathon	Nova Scotia Marathon	MacPass Bridge Mile	Natal Day 6 Miler	Scallop Days 5K	Race Through Time 8 Miler	Cobequid Trail 10K	Days 5 Miler	Cole Harbour 10K	Fiddlers Half Marathon	Fiddlers Marathon	Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Total Points	Races incl Volunteer					
4858	Damiani, Ozzie	13			49		49			48			49					55	48				49			55										355	9		
4581	Fuller, Ryan	13	45	39						55				49									55														243	5	
4670	Patterson, Liam	13			55					47			55									48															205	4	
4659	Chabot, Jeremy Mark	18	47	13			55					55																									170	4	
4589	Bergman, Joel	18	55																			55															110	2	
4754	MacDonell, Cole	15	44					55																												99	2		
4667	Lewis, Daniel	18												55																							55	1	
5077	Fuller, Jesse	8																																55		55	1		
4433	Rogers, Jamie	16																										49								49	1		
5020	Tate, Mike	14	49																																		49	1	
5048	Sawler, Garrett	16								49																											49	1	
5019	Tate, Bryden	16	48																																		48	1	
4719	Huelin, Ryan	14																					47														47	1	
5065	Harris-Shanks, William	10												47																							47	1	
4705	Cameron, Marc	14	46																																		46	1	
4458	Fraser, Corey	18																																			0	0	
4459	Fraser, Bailey	10																																			0	0	
4461	Smith, William	12																																			0	0	
4526	McNeill, Josh	15																																			0	0	
4636	Poole, Brigham	16																																			0	0	
4813	Hillis, Thomas	9																																			0	0	
4817	Lagin-Nasse, Jonah	5																																			0	0	
4937	Black, Jackson	9																																			0	0	
4977	Keefe, Henry	5																																			0	0	
4978	Keefe, Darcy	3																																			0	0	
5057	MacVicar, Keegan	6																																			0	0	
5058	MacVicar, Kaleb	3																																			0	0	
5135	Murphy, Ryan	12																																			0	0	
			28	7	2	2	1	2	0	4	0	1	0	2	0	0	1	4	0	0	0	4	2	0	0	0	2	0	0	0	0	0	0	0	1	0			

RNS Series Stats 2009

Males 20 to 24

RNS #	Name	Age	Dalhousie Spring Tune-Up 5K	Greenwood ZX 10K	Bridgewater Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross- Border 10K	Pictou Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Bridge Mile	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Berwick Gala Days 5 Miler	Cole Harbour 10K	Fiddlers Half Marathon	Fiddlers Marathon	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer
4620	Stewart, Kyle	21	49		55	55					55		49			55					49				55	55			49				379	10
4625	MacIntyre, Ian	23							49												55		55						55		60	274	5	
4943	Coneybeare, Allan	20																				49		55	49					55		263	5	
4982	Neilson, Ryan	24	55	55							55		55																			220	4	
4852	Gehue, Kevin	24			49				55				48																				152	3
4352	Sarginson, Nick	21														49						55											104	2
4986	Kemp, Ryan	24																									55					55	1	
5025	Lewis, Ivan	21								55																							55	1
5095	Costelo, Christopher	22																								49						49	1	
5050	Brimicombe, Justin	21									48																						48	1
4916	Topping, Eric	24																														0	0	
4979	Gallai, Evan	21																														0	0	
4981	Corbett, Colin	23																														0	0	
5114	Coneybeare, John	21																															0	0
			14	2	1	2	1	0	0	1	3	1	1	3	0	0	2	1	0	0	0	2	2	1	1	2	2	1	0	2	0	1	1	

RNS Series Stats 2009

Males 25 to 29

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Lunenburg	Johnny			Amherst	Pictou	Sheila	Windsor	Nova		MacPass	Dartmouth	Digby	Louisbourg		Berwick		Valley		Best 7	# of					
			Spring	Greenwood	Field of	Wolfville	Penguin	Penguin		Miles	Miles	Miles					Liverpool	Cross-Border				Run for the	Scotia	Nova	Race	Through	Cobequid			Gala	Cole	Fiddlers	Fiddlers	Harvest
			5K	ZX 10K	Dreams 5K	8 Miler	5K	10 Miler	5 K	10K	Half	Marathon	5 Miler	10K	10K	10K	5K	Marathon	Marathon	Mile	6 Miler	5K	Time 8 Miler	Trail 10K	5 Miler	10K	Marathon	Marathon	Marathon	Marathon	NSAC 5K	Volunteer	Points	Volunteer
4962	Clark, Colin	29		47		55		49				55								49	47										55	357	7	
4739	McGuigan, Cory	29	49	46		49	55		46										55	46			55		47							356	9	
4778	McBride, Nick	27		55					55	55										55				55								330	6	
4734	Powe, Ryan	29						55			49			55							48						49			60	316	6		
4997	Lawrence, Ryan	27	55																					48	55		55				213	4		
4129	Atwell, Patrick	25		48						49					55									49							201	4		
4377	Austen, Trent	29							48	48											49										145	3		
4584	Fraser, Kenny	27		49					47																						96	2		
4707	Reddy, Tyler	26							49																						49	1		
4904	Spinney, Justin	26																													0	0		
5130	McMasters, Matthew	26																													0	0		
			11	2	5	0	2	1	2	5	3	2	0	0	0	1	1	1	0	0	2	5	0	0	1	4	1	0	0	2	0	1	1	

RNS Series Stats 2009

Males 30 to 34

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Johnny		Johnny Marathon	Liverpool 5 Miler	Amherst		Pictou		Nova		MacPass Bridge Mile	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg		Berwick		Valley		NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer					
			Spring Tune-Up 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler	Lunenburg 5 K	Miles 10K			Miles Half	Cross- Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Scotia Half Marathon				Nova Scotia Marathon	Race Through Time 8 Miler	Cobequid Trail 10K	Gala Days 5 Miler	Cole Harbour 10K	Fiddlers Half Marathon					Fiddlers Marathon	Valley Harvest Half Marathon	Valley Harvest Marathon		
4297	Vincent, Doug	34	55																		55								60	384	7					
4343	Holder, David	34		55			55											55												60	384	7				
4576	Duguay, Tim	30	49	49			48				55		49				55														49	367	12			
1033	Holdway, Ian	34					49																									208	4			
5002	Verge, Charles	30	48									55																				158	3			
4300	Carreau, Rob	32					55																									103	2			
4973	Juurink, Mike	31																												60	60	1				
5073	McDonnell, Sean	30											55																				55	1		
5110	Chambers, Rob	32																														55	55	1		
5097	Warren, Ronald	31																															49	49	1	
5117	Thibault, Aaron	34																															49	49	1	
5090	Sullivan, Chris	34																															48	48	1	
5120	Lovett, Ben	33																															48	48	1	
4359	Roberts, Michael	34																															0	0	0	
4826	McLellan, Tom	31																																0	0	0
4885	Tulk, Jason	32																																0	0	0
4953	Mercer, Jason	34																																0	0	0
5101	Hayami, Douglas	31																																0	0	0
			18	3	2	0	1	3	1	1	2	2	0	1	0	1	0	2	1	0	1	4	1	0	3	2	3	1	0	3	1	0	3			

RNS Series Stats 2009

Males 35 to 39

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Johnny		Amherst		Pictou		Nova		MacPass		Dartmouth		Digby		Louisbourg		Berwick		Valley		Best 7 Total	# of Races incl Volunteer	
			Spring Tune-Up 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler	Lunenburg 5 K	Miles 10K	Miles Half	Miles Marathon	Liverpool 5 Miler	Cross-Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Scotia Half Marathon	Nova Scotia Marathon	Bridge Mile	Natal Day 6 Miler	Scallop Days 5K	Race Through 8 Miler	Cobequid Trail 10K	Gala Days 5 Miler	Cole Harbour 10K	Fiddlers Half Marathon	Fiddlers Marathon			Harvest Half Marathon
4948	Richards, Cory	35	49					49						55															359	7	
4177	Fiander, Brent	37	48	45	55			55					47		48										46		46		49	351	11
4921	Farrell, Daniel	39								49					49													55	263	5	
4378	Tweeddale, Fergus	38	55					55									55	55											220	4	
2553	Kruszewski, Vance	38				55											48					55					55		213	4	
5028	King, Andrew	39						55	48				48																199	4	
4983	Cook, Brendan	37		55																55									165	3	
4594	Eno, Shane	37		46					49																				60	155	3
4975	Keefe, David	35		47				55																			49		151	3	
4898	Lavigne, Patrick	35							55																				149	3	
4487	Steeves, David	39																									49	48	145	3	
4929	Friars, Andrew	36										49				49		46											144	3	
5084	Kelty, Andrew	39																							55			55	110	2	
4887	Travis, Eric	37		49																									60	109	2
4075	MacLean, Christopher	38									48										47								95	2	
4901	Flemming, Troy	37														55													55	1	
2601	MacLeod, Farley	37																			49								49	1	
4724	Jacques, Matt	35								49																			49	1	
5032	Canning, Andrew	39																49											49	1	
5104	Mason, Scott	35																											49	1	
4236	Dionne, Louis	38								48																			48	1	
4947	Nowotczynski, Will	36		48																									48	1	
4989	Leinwand, Gary	37								47																			47	1	
4890	MacKintosh, Brian	37																											45	1	
5111	Cyr, Jim	37																										44	44	1	1
4167	Connor, Greg	35																											0	0	0
4485	MacCallum, Brett	36																											0	0	0
4911	Lavender, Roy	36																											0	0	0
5030	Hache, Chris	38																											0	0	0

29 3 6 1 1 1 4 4 3 3 1 3 0 3 0 3 1 0 5 4 1 1 1 2 5 0 0 7 2 2 2

RNS Series Stats 2009

Males 40 to 44

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Lunenburg	Johnny		Amherst	Pictou	Sheila	Nova	Nova	MacPass	Dartmouth	Digby	Louisbourg		Berwick		Valley		Best 7	# of						
			Spring	Greenwood	Field of	Wolfville	Penguin	Penguin		Miles	Miles									Cross-	Run for the	Pool	Windsor	Scotia	Nova			Bridge	Natal Day	Scallop	Race	Cobequid	Gala
			5K	ZX 10K	Dreams 5K	8 Miler	5K	10 Miler	5 K	10K	Half	Marathon	5 Miler	10K	10K	5K	Marathon	Marathon	Mile	6 Miler	5K	Time 8 Miler	Trail 10K	5 Miler	10K	Marathon	Marathon	Marathon	Marathon	NSAC 5K	Volunteer	Points	Volunteer
4119	Bardeesy, Rami	40					55		55	55				55						55			55	55							385	8	
4263	MacDougall, Ron	44	49	55				48			46									48							49			60	364	8	
4693	Fuller, Jonathan	44	45	48				48																48						49	335	7	
5005	Millett, John	44		45	55					46												47		46							334	7	
4985	Dacanay, Andrew	40						55															49	49	55				55	60	323	6	
2954	Timberlake, Gavin	42									49										49									60	304	6	
4360	Saulnier, Patrick	42				55								48	55							49		48							255	5	
4472	Moore, John	42							49						55	49						55									208	4	
4703	Kachan, David	42	47					46			55																			60	208	4	
5041	Graham, Doug	44									47											49								46	191	4	
5059	Francis, Cory	40													48	47								46							185	4	
4519	Vidito, Victor	42		49							55	55																			159	3	
4907	Boutiller, Tim	41						49															47							47	143	3	
4465	Bulger, Daniel	41				49																		47						45	141	3	
4944	McDormand, Ian	40		47					47					47																	141	3	
4675	MacIntyre, D'Arcy	44																				55									110	2	
4523	McNeill, Roy	42									43																			60	103	2	
4613	Shantz, Eric	40						49						49																	98	2	
4585	Kiley, Gordon	40																									48			48	96	2	
4768	Donovan, Doran	42	48								48																				96	2	
4269	Maltby, Neil	41	46					47																							93	2	
4469	Murphy, Rene	42					46								47																93	2	
4771	Rath, Duane	43									49													43							92	2	
4871	MacKay, Duane W	40									48																	43			91	2	
5051	Tomlin, Ray	41									47													44							91	2	
4891	Parkhill, Jason	42																													60	60	1
5017	Brittain, Marc	40	55																												55	1	1
5116	Burns, Gary	44																													55	1	1
5040	Fredericks, Bruce	41										48																			48	1	1
5055	MacVicar, Andrew	40												48																	48	1	1
4468	Young, John	40						47																							47	1	1
4919	Henshaw, Blair	40		46																											46	1	1
4560	Smith, Ian	44																						45							45	1	1
4931	MacNeil, Tim	42									45																				45	1	1
4934	Black, Kendall	41									44																				44	1	1
532	Morley, Steve	42																													0	0	0
2787	Niedermayer, Richard	40																													0	0	0
3030	Doucette, Dwayne	40																													0	0	0
4460	Smith, Chris	44																													0	0	0
4471	Wilson, David	41																													0	0	0
4938	Graham, Gordon	44																													0	0	0
5071	MacLean, John R	43																													0	0	0
5105	Cotie, Tyrone	41																													0	0	0
		43	6	6	1	2	5	5	5	4	8	1	2	3	3	4	5	4	0	0	4	2	2	8	5	1	3	0	8	0	2	6	



RNS Series Stats 2009

Males 50 to 54

RNS #	Name	Age	Dalhousie Spring Tune-Up 5K	Greenwood ZX 10K	Bridgewater Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross-Border 10K	Pictou Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Bridge Mile	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Berwick Gala Days 5 Miler	Cole Harbour 10K	Fiddlers Half Marathon	Fiddlers Marathon	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer
1019	Nevitt, David	50		55			48		47	49					55					55	48				48	55			55			60	384	11
4493	Oakes, Jeffrey	53		49					44	48			49		49											47				55	49	60	359	9
4818	O'Donnell, Craig	54		47					42			55				55		49							46				47		60	359	8	
5053	Misener, Randy	52													45			47							45		48				60	348	7	
2732	Coulter, Doug	53							41		46			48	47					49										48	60	345	8	
2643	Saunders, Steve	54	49		49				40				47	47															47		48	60	338	7
1617	Robertson, David	52	48	43		55			38				44			48									43	49	43			46	47	60	337	11
493	Morris, Terry	52	55		55				45				55																	49	60	319	6	
5042	Mandel, Charles	50						55	48		55		55									55			49					60	317	6		
4679	Courish, Jeff	51					49		49	55												49				55					60	257	5	
2351	Hennigar, Deane	50		48					43		49					48		55												46	60	243	5	
5009	Thibault, Jacques	52		44					39						46															60	235	5		
2559	Heintzman, Paul	51												49			49						55								60	153	3	
4621	MacIntyre, Scott	52									47														47		55					149	3	
4354	Sarginson, David	54														48									49	49						146	3	
4577	Arthur, Dave	53		45												49		48														142	3	
3001	Lane, Brian	51																							44			49		45		138	3	
4639	McIsaac, Hugh	50					55			55																						110	2	
4906	McCormick, Myles	54									45																			60	105	2		
2480	Whynot, Clarence	50						49																					48			97	2	
4416	Jenner, Gary	54											45			47																92	2	
858	Stein, Mark	54																													60	60	1	
4502	Giroux, Paul	53																												60	60	1		
4843	Ma, Mitch	53																												60	60	1		
554	Crowell, Gordie	53															55														55	55	1	
5102	Browne, Robin	52																													55	55	1	
5132	MacDonald, Donald	50																									55				55	55	1	
5108	Goodwin, Arnie	54																												49	49	1		
4007	Lessard, Gerry	53																												48	48	1		
4643	Mossman, Roderick	51											48																		48	48	1	
4689	Rogers, Tom	52			48																										48	48	1	
5014	Ryan, Brendan	51								48																					48	48	1	
2501	Nelson, Mark	51							46																						46	46	1	
4846	Maxwell, Bill	53											46																		46	46	1	
5011	Davidson, Mark	50		46																											46	46	1	
1461	Boudreau, Paul	53																					45								45	45	1	
4945	Crain, Victor	52																								44					44	44	1	
499	Pearce, Mel	54																													0	0	0	
607	McNeill, Lonnie	52																													0	0	0	
2796	Duggan, Brian	53																													0	0	0	
2916	Grimbly, Michael	53																													0	0	0	
3017	Morris, Steven	52																													0	0	0	
4399	Surette, Tim	53																													0	0	0	
4541	Kontak, Michael	54																													0	0	0	
4914	MacNutt, Paul	51																													0	0	0	
4923	Saulnier, Ralph	51																													0	0	0	
4951	Bing, Peter	53																													0	0	0	
4960	Baker, Larry	54																													0	0	0	
5106	Miller, John	54																													0	0	0	
		49	3	8	3	1	3	2	13	3	6	1	7	4	6	4	3	4	0	2	8	3	2	2	8	1	3	0	6	5	4	12		



RNS Series Stats 2009

Males 55 to 59

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Johnny		Johnny	Liverpool	Amherst	Pictou	Sheila	Nova	Nova	MacPass	Dartmouth	Digby	Louisbourg		Berwick		Valley		Best 7	# of						
			Spring Tune-Up 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler	Lunenburg 5 K	Miles 10K											Miles Half	Miles Marathon	Cross- Border 10K	Run for the Lobster 10K	Pool 10K	Windsor 5K			Scotia Half Marathon	Scotia Marathon	Bridge Mile	Natal Day 6 Miler	Scallop Days 5K	Race Through Time 8 Miler
4564	Meister, Robin	59		55	55		55		55			55	55				55	55				55	55					60	390	14				
559	Patrick, David	58					48			49		49		49	49	47				55	55		49				55	60	372	11				
4492	Kennedy, Pat	56							49	48			49	55	49											55	49	60	366	9				
4449	Harrigan, Michael	56	55	47					44	47								48						46				60	347	7				
4899	Parker, Gerry	55	49										48		46										55			60	247	5				
1141	Boutiller, Roger	59								44												49						49	236	5				
4836	O'Neil, Dave	59			49					45		45		48													48	235	5					
2580	Richard, Richard	58									55				48		55											55	213	4				
649	Williams, Ray	55					49			47		49																60	205	4				
4304	Coffin, Steven	55																49						55				60	164	3				
3062	MacRae, Ian	58			48					46																		60	154	3				
4191	Archibald, Doug	57									46									48								60	154	3				
4999	Noonan, Jim	56		48												45								47				60	140	3				
2458	Kennedy, Leo	59							55		55																		110	2				
1411	Robichaud, Etienne	56																						49				60	109	2				
1729	Rose, Wayne	57																		49								60	109	2				
4477	Boudreau, JP	57		49																				48					97	2				
5031	Wood, Bryan	56									47										47								94	2				
681	Moore, Steve	55																										60	60	1				
4004	Cunningham, Adlai	56																											55	1				
1469	Allen, Stephen	59									49																		49	1				
3052	Pound, Joseph	58																									49		49	1				
4147	Cunningham, Fenton	59													48														48	1				
4405	Callaghan, Paul	57									48																		48	1				
4672	Hills, Gary	56	48																										48	1				
4708	Toews, Derryl	56									48																		48	1				
5092	Grandy, David	55																							48				48	1				
698	Churchill, Freeman	56													47														47	1				
4135	Armson, Tony	58																									47		47	1				
753	MacDonald, Greg	58													46														46	1				
4718	Huelin, Dave	57																											45	1				
4455	Woodbury, Frank	58																											44	1				
4789	Chase, Lew	57									43																		43	1				
2283	Freeman, Kevin	55																											0	0				
2782	LeDuc, John	56																											0	0				
4794	Vaughan, Peter	56																											0	0				
4837	Moulton, R Norman	55																											0	0				
4895	Reid, George	55																											0	0				
			38	3	4	3	0	3	2	8	4	7	2	3	3	3	3	5	6	2	1	3	7	1	2	1	5	3	1	0	4	2	2	11

RNS Series Stats 2009

Males 60 to 64

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Lunenburg	Johnny Miles		Johnny Miles Marathon	Liverpool 5 Miler	Amherst		Pictou		Windsor 5K	Nova Scotia		MacPass Bridge Mile	Dartmouth Natal Day 6 Miler	Digby		Louisbourg		Berwick		Valley		NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer			
			Spring Tune-Up 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler		Miles 10K	Miles Half			Cross-Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Half Marathon		Nova Scotia Marathon	Scallop Days 5K			Race Through Time 8 Miler	Cobequid Trail 10K	Gala Days 5 Miler	Cole Harbour 10K	Fiddlers Half Marathon	Fiddlers Marathon	Harvest Half Marathon	Valley Harvest Marathon							
4476	Anderson, John	61							49		55		55	55	55	55	55					55		55					49		55	60	390	14			
509	Anderson, Chris	62					55		49		55						49		55				49						48				60	372	9		
4062	Reid, Phil	60		48					46		55		49			48	48					55							49				60	364	12		
4386	Mosher, Terry	61	49	55							49			49		49					55							49					60	361	10		
2163	Grant, Ken	60	45	45			47			48		43			44			48					47			48					49	60	348	13			
608	Roblee, Bill	60	46	46		49	46			42		44			46		48											45				48	60	347	15		
596	Jessome, Mike	61	44			48		49			45		47		47			46									45					60	343	9			
4339	Edwards, Bob	61	48	49					55		47		49			47	47										47	48					60	343	10		
4517	Corkum, Dale	60	55			55		55			55													55									60	330	6		
4797	Porozuk, Jack	64		44			45			46							46						45						44				60	313	8		
4341	Churchill, Kenneth	63				47								43						45													60	234	5		
4548	Stevenson, Ron	64		47			48																		49				46			44		60	234	5	
4259	MacEachern, Alex	63															47					49			48								60	204	4		
4644	Chataway, Rick	62								44				48						49													60	201	4		
4832	Kerr, Gerry	61										42											46										60	179	4		
2575	Kaszor, Ron	61	43					48												46														60	178	4	
2113	Anderson, Brian	63	47				49													55														60	151	3	
2980	Bates, Ray	60									48						46																	60	141	3	
4971	Gerrior, Wayne	64										45					43																46	60	134	3	
4390	Patterson, Sandy	62						47									42																	60	132	3	
4610	Doiron, Brian	60										46																						60	106	2	
586	Duffy, Bruce	63											44																					60	104	2	
2896	Robb, Hal	63										47																						60	92	2	
629	Abriel, Perry	62																																60	60	1	
2406	Walker, Grant	63																															60	60	1		
587	Banks, Wayne	62																																47	60	47	1
4847	MacDonell, Daniel	60										41																						41	60	41	1
3	Balcom, James	60																																0	60	0	0
501	Bruhny, Jerome	63																																0	60	0	0
590	Warrnica, Gordon	64																																0	60	0	0
600	Hannaberry, Ray	64																																0	60	0	0
878	Mills, Bill	63																																0	60	0	0
4134	MacGregor, Clive	60																																0	60	0	0
4663	Millward, Hugh	60																																0	60	0	0
4787	Diggins, Barry	63																																0	60	0	0
4933	Stocker, Matt	61																																0	60	0	0
4990	Flemming, George	63																																0	60	0	0
5027	Margolian, Tim	61																																0	60	0	0
5078	Hopkins, Roy	60																																0	60	0	0
5126	Webb, Charles	63																																0	60	0	0

40 8 7 4 6 3 5 12 4 10 1 8 4 9 6 5 6 1 2 6 3 3 5 7 3 0 0 8 0 5 13

RNS Series Stats 2009

Males 65 to 69

RNS #	Name	Age	Dalhousie Spring Tune-Up 5K	Greenwood ZX 10K	Bridgewater Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross- Border 10K	Pictou Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Bridge Mile	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Berwick Gala Days 5 Miler	Cole Harbour 10K	Fiddlers Half Marathon	Fiddlers Marathon	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer		
4437	Oickle, David	67		55					49							55																		373	7	
2956	Porteous, Nelson	66				55			55					55																				330	6	
595	Brake, Bob	67																55															60	170	3	
4239	Myers, Jim	66																	55															159	3	
4673	MacDonald, Alan	65								49																								153	3	
539	Hollebone, Chris	66						55																										110	2	
732	Harmes, Tom	68																															60	60	1	
1446	Peveill, Ron	65			55																													55	1	
4505	Northen, Lloyd	66								55																								55	1	
4440	Archibald, Tom	67																																49	49	1
497	Harpell, Jim	67																																0	0	
1619	Jones, Gary	65																																0	0	
2242	MacDonald, Jack	69																																0	0	
4198	Chancey, Ralph	65																																0	0	
4539	Zitner, David	66																																0	0	
			15	0	1	1	1	0	1	2	2	0	0	1	1	1	0	1	0	1	2	1	2	1	2	0	0	0	1	1	2	2				

RNS Series Stats 2009

Males 70 and over

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Lunenburg	Johnny			Amherst	Pictou		Nova		MacPass	Dartmouth	Digby	Louisbourg		Berwick		Valley		NSAC	5K	Volunteer	Best 7 Total	# of Races incl
			Spring Tune-Up	Greenwood	Field of Dreams	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler		Miles 10K	Miles Half	Miles Marathon		Cross-Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K				Scotia Half Marathon	Nova Scotia Marathon	Race Through	Cobequid Trail	Gala Days 5 Miler	Cole Harbour 10K					
913	Young, Rex	71			55				49											55							55	60	378	7	
606	Robertson, Arnold	78	55			55			47																		49		373	9	
1602	Pain, Malcolm	72						55	55									55											330	6	
4630	Pothier, George	72									55						55												220	4	
3064	Rideout, John	72					55		48																				103	2	
2183	King, Brian	70																	49										49	1	
541	Porter, Eric	92																											0	0	
568	Nixon, Murray	74																											0	0	
686	Smith, Les	77																											0	0	
4396	Ryan, Les	77																											0	0	
			10	1	0	1	1	1	1	4	0	0	1	3	1	0	0	1	0	1	1	0	1	2	0	0	1	1	1	2	1

## 2009 RNS Series Male Award Winners

Age Class	RNS #	Name	Points	# of Events *
Under 20	1	4858 Damiani, Ozzie	355	9
	2	4581 Fuller, Ryan	243	5
	3	4670 Patterson, Liam	205	4
	4	4659 Chabot, Jeremy Mark	170	4
20 to 24	1	4620 Stewart, Kyle	379	10
	2	4625 MacIntyre, Ian	274	4
	3	4943 Coneybeare, Allan	263	5
	4	4982 Neilson, Ryan	220	4
	5	4852 Gehue, Kevin	152	3
25 to 29	1	4962 Clark, Colin	357	7
	2	4739 McGuigan, Cory	355	9
	3	4778 McBride, Nick	330	6
	4	4734 Powe, Ryan	316	5
	5	4997 Lawrence, Ryan	213	4
30 to 34	1	4297 Vincent, Doug	384	6
	2	4343 Holder, David	384	6
	3	4576 Duguay, Tim	367	12
	4	1033 Holdway, Ian	208	4
	5	5002 Verge, Charles	158	3
35 to 39	1	4948 Richards, Cory	359	7
	2	4177 Fiander, Brent	351	11
	3	4921 Farrell, Daniel	263	5
	4	4378 Tweedale, Fergus	220	4
	5	2553 Kruszewski, Vance	213	4
40 to 44	1	4119 Bardeesy, Rami	385	8
	2	4263 MacDougall, Ron	364	7
	3	4693 Fuller, Jonathan	335	7
	4	5005 Millett, John	334	7
	5	4985 Dacanay, Andrew	323	5

\* # of Events does not include volunteer points

## 2009 RNS Series Male Award Winners

Age Class	RNS #	Name	Points	# of Events *
45 to 49	1	2844 Moorehead, Ray	384	6
	2	3061 Thain, Jim	354	8
	3	4237 Nickerson, Victor	350	13
	4	986 Pettipas, Michael	349	8
	5	5043 Gallant, Paul	349	8
50 to 54	1	1019 Nevitt, David	384	10
	2	4493 Oakes, Jeffrey	359	8
	3	4818 O'Donnell, Craig	359	7
	4	5053 Misener, Randy	348	6
	5	2732 Coulter, Doug	345	7
55 to 59	1	4564 Meister, Robin	390	13
	2	559 Patrick, David	372	10
	3	4492 Kennedy, Pat	366	8
	4	4449 Harrigan, Michael	347	6
	5	4899 Parker, Gerry	247	5
60 to 64	1	4476 Anderson, John	390	13
	2	509 Anderson, Chris	372	8
	3	4062 Reid, Phil	364	11
	4	4386 Mosher, Terry	361	10
	5	2163 Grant, Ken	348	12
65 to 69	1	4437 Oickle, David	373	7
	2	2956 Porteous, Nelson	330	6
	3	595 Brake, Bob	170	2
	4	4239 Myers, Jim	159	3
	5	4673 MacDonald, Alan	153	3
70 Plus	1	913 Young, Rex	378	6
	2	606 Robertson, Arnold	373	9
	3	1602 Pain, Malcolm	330	6
	4	4630 Pothier, George	220	4
<b>58 Participants</b>			<b>Ran</b>	<b>398 Races</b>

**Average number of races 6.9**

\* # of Events does not include volunteer points